LIVE-IN CARE · RUGBY, WARWICKSHIRE

Live-in care in Rugby

Fully managed live-in care in Rugby and its villages, arranged by our care team after a free assessment (01865 715780), plus how to ask Warwickshire County Council for an assessment, the 24-hour urgent treatment centre at St Cross and the A&E in Coventry, and local help with memory, transport, carers and hospice support.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Rugby, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Rugby

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care | Costs and funding

How we arrange live-in care in Rugby

Day and Nightcare provides fully managed live-in care in Rugby and the villages around it, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Warwickshire County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Rugby

Warwickshire County Council arranges adult social care. Call **01926 359190** (Monday to Thursday 9am to 5pm, Friday 9am to 4.30pm), or use the council's online form (linked from its assessment page under Useful contacts below) if your relative has no support yet. The needs assessment is free, and anyone can ask for one. Out of hours, the emergency duty social worker is on 01926 886922.

A financial assessment decides what your relative pays. With savings over £23,250 they would usually pay the full cost, but the home is not counted for care at home. For home care the council arranges, the most it charges from April 2026 is £26.44 an hour; its Financial Assessments and Benefits Advice Team is on 01926 413985. Council funding can be taken as a direct payment.

If you help a relative, ask Caring Together Warwickshire for a free carer's assessment on freephone 0800 197 5544.

Rugby Borough Council collects council tax. Its discounts page has forms for the carer and severely mentally impaired discounts. For the disabled person reduction (an extra room or indoor wheelchair space needed by a disabled resident), a council inspector visits, and the bill is then charged at the band below. See council tax discounts for care.

Urgent care and leaving hospital in Rugby

- **Urgent treatment:** the Rugby Urgent Treatment Centre at the Hospital of St Cross, Barby Road, is open 24 hours, every day, for minor injuries and illnesses in people over five, with X-rays (reception 01788 663432). It is not an A&E.
- **A&E:** University Hospital, Clifford Bridge Road, Coventry, has a 24-hour Emergency Department.

St Cross also has 44 elderly care inpatient rehabilitation beds. Inpatients at University Hospital who need short-term physiotherapy or occupational therapy may move there, to a therapy gym and assessment kitchen. On the day of discharge, patients usually wait in the discharge lounge while medicines, and transport if needed, are arranged.

For Warwickshire residents with new or increased needs, the NHS-funded Discharge to Assess scheme usually means the **Community Recovery Service**: free home care for up to six weeks, with up to four visits a day, or a free stay of up to four weeks in one of the council's care homes. A Care Act assessment follows about four weeks after discharge home.

NHS Continuing Healthcare is arranged by NHS Coventry and Warwickshire Integrated Care Board; for a Rugby GP, email cwicb.swchcgeneral@nhs.net.

Local help in Rugby

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Memory worries.** The GP refers to the NHS Dementia Service, whose Rugby team is at Brunel House, Woodside Park (01788 513700, weekdays 9am to 5pm). Dementia Connect is on 0333 150 3456. See live-in dementia care.
- **Dementia groups.** Thursday Together, run by the voluntary group Rugby Dementia Support, is a social evening on the second Thursday of the month, 6.30pm to 8.30pm, at the Benn Partnership Centre, Railway Terrace; contact details are in Warwickshire's Living Well with Dementia directory. Rugby Art Gallery and Museum holds free craft sessions for people with dementia and their carers on the last Friday of the month, 1pm to 3pm (book on 01788 533201).
- **Day opportunities.** Age UK Coventry and Warwickshire runs Dementia Day Opportunities at the Claremont Centre, 43 Clifton Road, Monday to Thursday, 9.30am to 3pm (£57 a day including lunch; 024 7623 1999).
- **Company.** Age UK Coventry and Warwickshire's free befriending service is open to people aged 50 and over (024 7623 1999).

- **Getting about.** IndieGo Rugby (01926 742000) covers the villages; see the questions below. VASA volunteer drivers cover Rugby Borough for medical appointments (£4 a journey plus 55p a mile, minimum £8); register at least two working days before booking (01789 262889, weekdays 9.30am to 3.30pm).
- **Hospice support.** The Rugby Myton Support Hub at St Cross (01788 550085) welcomes people living with a life-limiting illness and their carers without a referral. See end-of-life care at home.

What may change soon

On 29 October 2026 the Government said it is minded to create two unitary councils for Warwickshire, with Rugby in the northern one. This is proposed, not confirmed; the councils say new councils would start in April 2029. Until then, the county council arranges adult social care and Rugby Borough Council collects council tax.

USEFUL LOCAL CONTACTS

Useful contacts in Rugby

The council, NHS teams, hospitals and local services you are most likely to need in Rugby, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Rugby is arranged by Warwickshire County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Warwickshire County Council:** ask for a care needs assessment (telephone 01926 359190); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Rugby it is arranged by NHS Coventry and Warwickshire Integrated Care Board (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Rugby

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- University Hospital, Coventry: Nearest A&E for Rugby; Emergency Department on Clifford Bridge Road, Coventry, open 24 hours (leaving hospital information)
- Hospital of St Cross: Barby Road, Rugby; 44 elderly care inpatient rehabilitation beds and the Rugby Urgent Treatment Centre (open 24 hours); no A&E
- Rugby Urgent Treatment Centre: At the Hospital of St Cross: open 24 hours, every day; walk in or be referred; over-fives only; X-ray and pharmacy; reception 01788 663432; not an A&E

Local support and charities

- Caring Together Warwickshire: Carers' support (0800 197 5544)
- Dementia Connect (Alzheimer's Society, commissioned by Warwickshire County Council): Dementia support (0333 150 3456)
- Rugby Dementia Support: Dementia support
- Age UK Coventry and Warwickshire: Dementia Day Opportunities, Rugby: Day opportunities (024 7623 1999)
- IndieGo Rugby dial-a-ride: Community transport (01926 742000)
- VASA community transport (volunteer drivers): Community transport (01789 262889)
- Rugby Myton Support Hub (The Myton Hospices): Hospice (01788 550085)
- Healthwatch Warwickshire: Healthwatch: your independent voice on health and care (01926 422823)

Council tax

Council tax in Rugby, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Rugby Borough Council. See council tax discounts for care.

Villages around Rugby

Bilton · Hillmorton · Brownsover · Cawston · Houlton · Dunchurch · Long Lawford · Wolston · Binley Woods · Brinklow · Clifton-upon-Dunsmore · Wolvey

YOUR QUESTIONS

Questions about live-in care in Rugby

Who do I call in Rugby to ask for a care assessment?

Call Warwickshire County Council's adult social care team on 01926 359190 (Monday to Thursday 9am to 5pm, Friday 9am to 4.30pm), or use the council's online form (linked from its assessment page under Useful contacts on this page) if your relative has no support from adult social care yet. Rugby Borough Council does not arrange care; it handles council tax. Out of hours, the emergency duty social worker is on 01926 886922. For your own carer's assessment, call Caring Together Warwickshire on freephone 0800 197 5544.

Is there an A&E in Rugby?

No. The Rugby Urgent Treatment Centre at the Hospital of St Cross on Barby Road is open 24 hours a day, every day, for minor injuries and illnesses in people over the age of five, with X-rays and a pharmacy. Its reception is on 01788 663432. It is not an A&E: anyone with a severe illness or injury should go to the Emergency Department at University Hospital, Coventry, which is open 24 hours, or call 999.

Can a carer get a council tax discount in Rugby?

Possibly. Rugby Borough Council does not count a carer who lives with the person, gives an average of at least 35 hours of care a week, and is not their partner or a child under 18, as long as the person cared for receives a qualifying benefit such as Attendance Allowance or the daily living part of PIP. There are separate downloadable forms for this, for the severely mentally impaired discount (which needs a doctor's certificate) and for the disabled person reduction.

Is there transport for people in the villages around Rugby?

Yes. IndieGo Rugby is the county council's wheelchair-accessible dial-a-ride to and from Rugby and its villages, including Dunchurch, Wolston, Brinklow, Long Lawford and the new Houlton development, for people who cannot make the journey because of mobility or a lack of public transport. It runs Monday to Friday between 9am and 2.30pm (3.30pm in school holidays); a single journey costs £3 and concessionary passes are valid. Register and book on 01926 742000 (Monday to Friday, 9.30am to 3.30pm).

Where can families find hospice support in Rugby?

The Myton Hospices run the Rugby Myton Support Hub at the Hospital of St Cross on Barby Road. It offers emotional and practical support, drop-in sessions and wellbeing activities for adults with a life-limiting illness, and the people caring for them, who are registered with a GP in Coventry or Warwickshire. No referral or appointment is needed. The county council's directory lists it as open Tuesday to Thursday, 9.30am to 4.30pm; call 01788 550085 to check before you go.

How much does live-in care cost in Rugby?

Live-in care with Day and Nightcare costs from £1,550 a week in Rugby, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Rugby?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Rugby is arranged by Warwickshire County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves University Hospital, Coventry?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Warwickshire County Council: Adult social care, starting a conversation about support
- Warwickshire County Council: Paying for adult social care, charges for other services
- Warwickshire County Council: Help when leaving hospital
- Warwickshire County Council: Support for carers
- Warwickshire County Council: Applying for a Carer Assessment
- Caring Together Warwickshire
- Caring Together Warwickshire: Contact us
- Rugby Borough Council: Council tax discounts
- George Eliot Hospital NHS Trust: Community Recovery Service (CRS)
- University Hospitals Coventry and Warwickshire NHS Trust: University Hospital
- University Hospitals Coventry and Warwickshire NHS Trust: Live waiting times
- University Hospitals Coventry and Warwickshire NHS Trust: Hospital of St Cross
- University Hospitals Coventry and Warwickshire NHS Trust: Urgent Treatment Centre (Rugby)
- University Hospitals Coventry and Warwickshire NHS Trust: Going home
- NHS Coventry and Warwickshire Integrated Care Board: Continuing Healthcare
- Ministry of Housing, Communities and Local Government: Local Government Reorganisation moves forward in five counties (29 October 2026)
- Warwickshire County Council: Update about local government reorganisation in Warwickshire (29 October 2026)
- Coventry and Warwickshire Partnership NHS Trust: Dementia and older people community mental health service
- Warwickshire Living Well with Dementia: Dementia Connect in Warwickshire
- Warwickshire Living Well with Dementia: Rugby Dementia Support
- Warwickshire Living Well with Dementia: Thursday Together
- Warwickshire Living Well with Dementia: The Good Times Project
- Warwickshire Living Well with Dementia: Dementia Day Opportunities (Rugby)
- Warwickshire County Council: Health transport
- Warwickshire County Council: IndieGo Rugby
- VASA: Community transport
- Age UK Coventry and Warwickshire: Contact us
- Age UK Coventry and Warwickshire: Befriending Service

- Age UK Coventry and Warwickshire: Information and Advice
- Age UK Coventry and Warwickshire: Dementia Day Opportunities
- Healthwatch Warwickshire: Contact us
- Care Quality Commission: Warwick Myton Hospice
- Care Quality Commission: Warwick Myton Hospice assessment report (published 13 May 2025)
- Care Quality Commission: Coventry Myton Hospice
- SearchOut Warwickshire: The Myton Hospices: Rugby Myton Support Hub
- Warwickshire County Council: Online form to ask for adult social care support (for people not already supported)
- NHS website: Getting a care needs assessment

Price
From £1,550 a week

Covers
Rugby and nearby villages

CQC rating
Good

Assessment
Free, with no obligation

Live-in care elsewhere in Warwickshire

All of Warwickshire | Nuneaton | Bedworth | Atherstone | Leamington Spa | Warwick | Kenilworth | Stratford-upon-Avon | Shipston-on-Stour

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)
The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/warwickshire/rugby/**
Local information checked 31 October 2026. This PDF was made on 1 November 2026.
Information, not advice: please check anything important with the organisation named.