LIVE-IN CARE · BEXLEY, LONDON

Live-in care in Bexley

How to arrange fully managed live-in care in Bexley with our care team, starting with a free assessment, and who else to contact: Bexley Council, the two urgent care centres and the nearest A&Es (Bexley has none), discharge and Continuing Healthcare, and local help with carers, memory, equipment, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Bexley, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Bexley

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care | Costs and funding

How we arrange live-in care in Bexley

Day and Nightcare provides fully managed live-in care across Bexley, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Bexley Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Bexley

Bexley Council runs adult social care and collects council tax. To ask for a free assessment, call the Screeners on **020 8303 7777** (Monday to Friday 9am to 5pm; the same number reaches an out-of-hours advice line in the evenings and at weekends), or fill in the online self-assessment, which tells you at the end whether you may be eligible.

- One Bexley, a partnership of eight local charities, carries out assessments for the council; any One Bexley charity or council library can help with the forms.
- Rapid Response gives urgent health and social care support seven days a week to help people stay at home in a crisis, on referral from the GP or another professional (020 3889 0980).
- Reablement is free for up to six weeks for residents over 18 recovering from an illness or injury, by referral (from hospital, or through the Screeners).
- Above £23,250 in savings you pay the full cost of your care. If you ask the council to arrange it, its Brokerage Team charges an admin fee (four bands). You can also arrange live-in care directly with a provider.

A family carer aged 18 or over can ask for a free carer's assessment, online, through the Screeners or through One Bexley (BVSC, 020 4530 6580).

Council tax reductions to ask about: severe mental impairment, including dementia (confirmed by a doctor, plus a qualifying benefit such as Attendance Allowance); a live-in carer giving at least 35 hours a week to someone on a qualifying benefit (not a husband, wife or civil partner);

and a band reduction for an extra room, bathroom or kitchen, or wheelchair space, needed by a disabled person. See council tax discounts.

Urgent care and leaving hospital in Bexley

Bexley has no A&E of its own. Its two urgent care centres have been run by Bexley Health Neighbourhood Care since October 2025.

- **Urgent care centre, Queen Mary's Hospital, Frognal Avenue, Sidcup:** current hours are not confirmed, so call NHS 111 before going. It is not an A&E.
- **Urgent care centre, Erith and District Hospital, Park Crescent** (01322 356116): its current hours are not published, so call NHS 111 before going. It is not an A&E.
- **A&E:** Queen Elizabeth Hospital, Stadium Road, Woolwich, and Darent Valley Hospital, Dartford, both open 24 hours for all ages.

At Queen Elizabeth Hospital, on the morning of discharge, patients usually wait in the Discharge Lounge (West Entrance, ground floor) with a dedicated nurse until family, carers or transport arrive, and get a copy of the discharge summary, which also goes to the GP.

For NHS Continuing Healthcare, NHS South East London's Bexley team is on 020 8176 5631.

Local help in Bexley

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** Carers' Support Bexley, Wolsley House, Crayford (020 8302 8011): free respite for carers aged 18 or over, a volunteer sitting with the person for half a day a week or a day a fortnight, no personal care (020 8302 6579). Support workers help with shopping, trips out and appointments for £23 an hour.
- **Memory worries.** Oxleas' memory clinic, Bexleyheath Centre, 4 Emerton Close, assesses and diagnoses memory problems, usually for people aged 65 or over, after a GP referral (020 8301 7900). See dementia care at home.
- **Older people's charity.** Age UK Bexley, Belvedere Community Centre (020 8300 0883): day care for older residents, respite for carers of someone with dementia, and short breaks at home of one or two hours. Its phone line is open weekdays 10.15am to 3.45pm, except bank holidays; if it is busy, leave a voicemail and it will call you back.
- **Equipment and adaptations.** Ask for the council's occupational therapy team on 020 8303 7777. Minor adaptations under £1,000 are not financially assessed.

- **Getting about.** TfL Dial-a-Ride (0343 222 7777): door-to-door minibuses for members; people aged 85 or over or on higher-rate Attendance Allowance join automatically.
- **End of life.** Greenwich & Bexley Community Hospice, 185 Bostall Hill: free care at home, at the hospice or at Queen Elizabeth Hospital for anyone with a terminal illness. Patients can call 020 8320 5837 24 hours a day; to ask about its care, call 020 8312 2244. See end-of-life care.
- **Having your say.** Healthwatch Bexley: 0208 304 9344 (weekdays 9am to 5pm).

USEFUL LOCAL CONTACTS

Useful contacts in Bexley

The council, NHS teams, hospitals and local services you are most likely to need in Bexley, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Bexley is arranged by London Borough of Bexley. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **London Borough of Bexley:** ask for a care needs assessment (telephone 020 8303 7777); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Bexley it is arranged by NHS South East London ICB (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Bexley

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Queen Elizabeth Hospital, Woolwich: Stadium Road, SE18 4QH (Royal Borough of Greenwich); A&E open 24 hours, all ages; discharge lounge at the West Entrance, ground floor, with a dedicated nurse (leaving hospital information)
- Darent Valley Hospital, Dartford: Darenth Wood Road, Dartford DA2 8DA (Kent); A&E open 24 hours, all ages
- Queen Mary's Hospital, Sidcup (urgent care centre): Frognal Avenue, Sidcup DA14 6LT; urgent care centre; hours not published (the only 24-hour listing was an NHS screening-service page, now removed), so call NHS 111 before going; run by Bexley Health Neighbourhood Care since its CQC registration on 21 October 2025; call NHS 111 if unsure where to go; not an A&E (Bexley has no A&E)
- Erith and District Hospital (urgent care centre): Park Crescent, Erith DA8 3EE; 01322 356116; run by Bexley Health Neighbourhood Care since its CQC registration on 21 October 2025; current hours not published, so call NHS 111 before going; not an A&E (Bexley has no A&E)

Local support and charities

- Carers' Support Bexley: Carers' support (020 8302 8011)
- Oxleas Older Adults Memory Clinic, Bexley: Dementia support (020 8301 7900)
- Age UK Bexley: Age UK (020 8300 0883)
- Bexley Council occupational therapy (equipment and adaptations): Equipment (020 8303 7777)
- Greenwich & Bexley Community Hospice: Hospice (020 8320 5837)
- TfL Dial-a-Ride: Community transport (0343 222 7777)
- Healthwatch Bexley: Healthwatch: your independent voice on health and care (0208 304 9344)

Council tax

Council tax in Bexley, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by London Borough of Bexley. See council tax discounts for care.

Areas around Bexley

Bexleyheath | Sidcup | Welling | Erith | Crayford | Old Bexley | Belvedere | Blackfen | Barnehurst | Slade Green | Northumberland Heath | Thamesmead

YOUR QUESTIONS

Questions about live-in care in Bexley

Who do I call in Bexley to ask for a care assessment?

Call Bexley Council's Single Point of Contact team, the Screeners, on 020 8303 7777, Monday to Friday 9am to 5pm; in the evenings and at weekends the same number reaches the council's out-of-hours advice line. You can also fill in the online self-assessment, which tells you at the end whether you may be eligible, or ask for an assessment over the phone. The assessment is free. One Bexley, a partnership of eight local charities, carries out assessments for the council, and any One Bexley charity or council library can help with the form.

Where do we go for urgent care in Bexley?

Bexley has no A&E of its own. It has urgent care centres at Queen Mary's Hospital in Sidcup and at Erith and District Hospital. Neither publishes confirmed current hours, so call NHS 111 before going to either. Neither is an A&E. The nearest A&Es are at Queen Elizabeth Hospital in Woolwich and Darent Valley Hospital in Dartford, both open 24 hours. In an emergency, call 999.

Can I get a break from caring in Bexley?

Yes. Carers' Support Bexley runs a free respite service for carers aged 18 or over when the person cared for lives in Bexley or Greenwich: a volunteer stays with them for half a day each week or a whole day every other week (020 8302 6579). Its support workers can help with shopping, trips out and appointments for £23 an hour. Age UK Bexley offers short breaks at home of one or two hours and respite for carers of someone with dementia. A carer's assessment can also look at help to take a break.

How much does live-in care cost in Bexley?

Live-in care with Day and Nightcare costs from £1,550 a week in Bexley, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Bexley?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Bexley is arranged by London Borough of Bexley. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Queen Elizabeth Hospital, Woolwich?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- London Borough of Bexley: Getting the care and support you need
- London Borough of Bexley: Self assessments
- London Borough of Bexley: Qualifying for help and support (One Bexley)
- London Borough of Bexley: The process of paying for your care
- London Borough of Bexley: How we work out your care costs
- London Borough of Bexley: Direct payments
- London Borough of Bexley: Regaining your independence (reablement)
- London Borough of Bexley: Adaptations and equipment
- London Borough of Bexley: Getting started as an unpaid carer
- London Borough of Bexley: Find out what support is available (unpaid carers)
- London Borough of Bexley: Council tax, what you could be entitled to
- CQC: Queen Mary's Hospital Urgent Care Centre (Bexley Health Neighbourhood Care)
- CQC: Erith Urgent Care Centre (Bexley Health Neighbourhood Care)

- CQC: Urgent Care Centre Erith & District Hospital, inspection summary (previous provider, 2023)
- NHS website: Urgent Care Centre, Queen Mary's Hospital
- NHS website: Erith and District Hospital, departments and services
- NHS website: Queen Elizabeth Hospital accident and emergency services
- NHS website: Darent Valley Hospital accident and emergency services
- Lewisham and Greenwich NHS Trust: Discharge information
- NHS South East London: Continuing healthcare
- Oxleas NHS Foundation Trust: Older Adults Memory Clinic, Bexley, Bromley and Greenwich
- Bexley Carers Partnership: Carer assessments
- Carers' Support Bexley: Contact us
- Carers' Support Bexley: Respite for carers
- Carers' Support Bexley: Support Worker Service
- Carers' Support Bexley: Social care assessments (OneBexley)
- Charity Commission: Age UK Bexley, contact information
- Greenwich & Bexley Community Hospice: Contact us
- Greenwich & Bexley Community Hospice: Our care
- Greenwich & Bexley Community Hospice: Accessing our care
- Transport for London: Dial-a-Ride membership
- Healthwatch Bexley: Contact us
- Age UK Bexley: Contact us

Price

From £1,550 a week

Covers

Bexley and nearby areas

CQC rating

Good

Assessment

Free, with no obligation

Live-in care elsewhere in London

All of London · Barking and Dagenham · Barnet · Brent · Bromley · Camden · City of London · Croydon · Ealing · Enfield · Greenwich · Hackney · Hammersmith and Fulham · Haringey · Harrow · Havering · Hillingdon · Hounslow · Islington · Kensington and Chelsea · Kingston upon Thames · Lambeth · Lewisham · Merton · Newham · Redbridge · Richmond upon Thames · Southwark · Sutton · Tower Hamlets · Waltham Forest · Wandsworth · Westminster

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
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Information, not advice: please check anything important with the organisation named.