LIVE-IN CARE · LYMINGTON, HAMPSHIRE

Live-in care in Lymington

Day and Nightcare arranges fully managed live-in care in Lymington, Pennington and the villages around them after a free assessment (01865 715780); this guide shows how to ask Hampshire County Council for an assessment, where the urgent treatment centre and nearest A&Es are, and local help with memory, day care, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Lymington, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Lymington

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care | Costs and funding

How we arrange live-in care in Lymington

Day and Nightcare provides fully managed live-in care in Lymington, Pennington and the villages around them, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Hampshire County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Lymington

Hampshire County Council's Adults' Health and Care, not New Forest District Council, arranges adult social care in Lymington. Call **0300 555 1386** (weekdays 8.30am to 5pm, Tuesdays from 9.30am, Fridays to 4.30pm; out of hours 0300 555 1373), or use the online referral form (weekdays 8am to 8pm, weekends 8.30am to 6.30pm), which the council recommends because phone waits can be long. The needs assessment is free, and anyone can ask for one. With more than £23,250 in savings your relative would usually pay the full cost of care, and the home is not counted when care is at home. Self-funders can ask the council to arrange care at home (if it agrees: £296 once, then £8.75 a week). Financial assessment queries: the council's Financial Assessments and Benefits Team (01962 845600, if you cannot email). See council funding for care and direct payments.

If you help a relative, you have a right to a carer's assessment: the Princess Royal Trust for Carers carries them out for the county council through the Hampshire Carers Support Service (01264 311680), which also gives unpaid carers free information, support and help with an emergency plan.

New Forest District Council collects council tax in Lymington and Pennington. Our guide to council tax discounts for care explains the national discounts to ask it about, such as the severe mental impairment disregard.

Urgent care and leaving hospital in Lymington

- **Urgent treatment centre:** Lymington New Forest Hospital, Ampress Park, provided by PHL: walk in 8am to 9pm, 365 days a year, for urgent minor injuries and illnesses that are not life-threatening. It is not an A&E.
- **A&E:** Southampton General Hospital, open 24 hours. The Royal Bournemouth Hospital, which serves part of the New Forest, also has an A&E, open 24 hours, and an urgent treatment centre open 8am to midnight (patients accepted until 10pm; call NHS 111 first). Its main number is 01202 303626.

Lymington New Forest Hospital (01590 663000) has five inpatient wards, including Deerleap Ward for stroke and general rehabilitation, and a medical assessment unit. Its Forest Assessment Centre treats medical patients referred by GPs and other professionals, aiming to avoid an admission; it is open 365 days a year (weekdays 8am to 6pm, weekends 8am to 1pm).

At Southampton General, beds should be free by 11am on the day of discharge, and families arrange transport home. University Hospitals Dorset gives at least a two-week supply of any medicines needed, with no prescription charge. The discharge team may also ask the county council's hospital social work team to assess your relative. The council's short-term services after hospital include reablement (free for up to six weeks) and the Rapid Support Service (free for up to 28 days).

For NHS Continuing Healthcare, NHS Hampshire and Isle of Wight's All Age Continuing Care team is on 0300 123 4448, option 4 for people with a Hampshire GP.

Local help in Lymington

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Memory worries.** The GP can refer to Hampshire and Isle of Wight Healthcare's memory assessment service; the first assessment can take up to an hour and a half, so bring glasses and hearing aids. Dementia Support Hampshire & IOW runs Musical Moments at Linden House, New Street, on the fourth Tuesday of each month, 2pm to 3.30pm, and a weekly Wednesday support group in New Milton (0344 324 6589, weekdays 9am to 5pm). Alzheimer's Society's Dementia Support Service New Forest gives people with dementia, their carers and families personalised help and advice, face to face or by phone (023 8061 0159, Monday to Friday, 9am to 5pm). See live-in dementia care.

- **Day care.** Age Concern Hampshire's Gore Grange Care and Wellbeing Centre on Jowitt Drive, New Milton, opens on Mondays, Wednesdays and Thursdays and welcomes people living with dementia, with optional door-to-door transport in and around New Milton (07842 306028).
- **Getting about.** Connect New Forest's wheelchair-accessible minibuses collect registered passengers from home between 9.15am and 2.45pm; Coastal Lymington is served on Tuesdays. Book with the office on 01425 461751 (weekdays, 9am to 3pm).
- **Equipment.** Free occupational therapy, which can include equipment, can be requested through the GP surgery or the county council; for care technology, the council recommends Argenti (01962 670721).
- **Hospice care.** Oakhaven Hospice gives free care at home and in the hospice after a referral by the GP or another healthcare professional. Its 24-hour advice and support line, 01590 670346, is for patients and those caring for them. Its free Oakhaven Neighbours volunteers can visit patients and their families at home, for company and help with tasks such as collecting prescriptions or light shopping, and carers of its patients can come to a respite day in its Day Hospice on the second Tuesday of each month.

What may change soon

Hampshire's council reorganisation is undecided: the Government withdrew its earlier decision in September 2026 and expects an outcome by early 2027. Until then, the councils named here stay responsible.

USEFUL LOCAL CONTACTS

Useful contacts in Lymington

The council, NHS teams, hospitals and local services you are most likely to need in Lymington, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Lymington is arranged by Hampshire County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Hampshire County Council:** ask for a care needs assessment (telephone 0300 555 1386); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Lymington it is arranged by NHS Hampshire and Isle of Wight Integrated Care Board (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Lymington

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Lymington New Forest Hospital: Ampress Park, Wellworthy Road (01590 663000): five inpatient wards including Deerleap stroke and general rehabilitation ward and a medical assessment unit; Forest Assessment Centre (ambulatory care, weekdays 8am to 6pm, weekends 8am to 1pm, by referral).
- Lymington Urgent Treatment Centre: At Lymington New Forest Hospital, provided by PHL: walk in 8am to 9pm, 365 days a year, for urgent minor injuries and illnesses that are not life-threatening. Not an A&E.
- Southampton General Hospital: Emergency department (A&E) open 24 hours; Tremona Road, Southampton SO16 6YD; 023 8077 7222. (leaving hospital information)
- Royal Bournemouth Hospital: Serves Bournemouth, Christchurch, East Dorset and part of the New Forest; A&E (emergency department) open 24 hours, seven days a week; urgent treatment centre 8am to midnight, patients accepted until 10pm, call NHS 111 first; main number 01202 303626; Castle Lane East, BH7 7DW. (leaving hospital information)

Local support and charities

- Hampshire Carers Support Service (The Princess Royal Trust for Carers in Hampshire): Carers' support (01264 311680)
- Dementia Support Hampshire & IOW (Musical Moments, Lymington): Dementia support (0344 324 6589)
- Alzheimer's Society: Dementia Support Service New Forest: Dementia support (023 8061 0159)
- Oakhaven Hospice: Hospice (01590 670346)
- Connect New Forest (Community First): Community transport (01425 461751)
- Age Concern Hampshire: Gore Grange Care & Wellbeing Centre, New Milton: Day opportunities (07842 306 028)
- Healthwatch Hampshire: Healthwatch: your independent voice on health and care (01962 440 262)

Council tax

Council tax in Lymington, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by New Forest District Council. See council tax discounts for care.

Villages around Lymington

Pennington · Buckland · Walhampton · Boldre · Pilley · Sway · Everton · Milford on Sea · Keyhaven · East Boldre · Brockenhurst

YOUR QUESTIONS

Questions about live-in care in Lymington

Who do I call in Lymington to ask for a care assessment?

Hampshire County Council, not New Forest District Council, arranges adult social care in Lymington. Call Adults' Health and Care on 0300 555 1386 (weekdays 8.30am to 5pm, Tuesdays from 9.30am, Fridays to 4.30pm) or use the council's online referral form; out of hours, call 0300 555 1373. A relative who helps can ask the Hampshire Carers Support Service (01264 311680) for a carer's assessment, which the Princess Royal Trust for Carers carries out for the county council; the service also gives free information, support and help with an emergency plan.

Is there an A&E in Lymington?

No. Lymington New Forest Hospital at Ampress Park has an Urgent Treatment Centre for urgent minor injuries and illnesses that are not life-threatening, such as sprains, broken bones, bites and wounds. You can walk in between 8am and 9pm, every day of the year. For A&E, Southampton General Hospital is open 24 hours; the Royal Bournemouth Hospital, which serves part of the New Forest, also has an A&E. In a life-threatening emergency, call 999.

Is there hospice care at home in Lymington?

Yes. Oakhaven Hospice on Lower Pennington Lane gives free palliative care in the hospice and in people's homes across the Totton, Waterside and New Forest area, after a referral by the GP or another healthcare professional. Once referred, patients and the people caring for them can call Oakhaven's advice and support line on 01590 670346 at any time, day or night.

How much does live-in care cost in Lymington?

Live-in care with Day and Nightcare costs from £1,550 a week in Lymington, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Lymington?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Lymington is arranged by Hampshire County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Southampton General Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- NHS website: Hampshire County Council Adult Services
- Hart District Council: Care and support for adults (Hampshire Adult Services numbers)

- Connect to Support Hampshire: Council services
- The Princess Royal Trust for Carers in Hampshire: About us
- New Forest District Council: Council tax report 2021/22 (parish council tax by town)
- Hampshire and Isle of Wight Healthcare: Lymington New Forest Hospital
- NHS website: Southampton General Hospital, accident and emergency services
- NHS website: Royal Bournemouth Hospital, accident and emergency services
- University Hospitals Dorset: Royal Bournemouth Hospital
- University Hospitals Dorset: Leaving hospital
- University Hospital Southampton: Your stay in hospital
- Connect to Support Hampshire: Hospital stays
- NHS Hampshire and Isle of Wight: All Age Continuing Care contact details
- Dementia Support Hampshire & IOW: Our groups
- Dementia Support Hampshire & IOW
- Age Concern Hampshire: Gore Grange Care and Wellbeing Centre
- Community First: Connect New Forest
- Oakhaven Hospice: In your home
- Alzheimer's Society: Dementia Support Service New Forest
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)
- NHS website: Getting a care needs assessment
- Hampshire County Council: Start a referral
- Hampshire County Council: Carers
- Hampshire County Council: Paying for care at home
- Hampshire County Council: Reablement
- Hampshire County Council: Rapid Support Service
- University Hospitals Dorset: Emergency Department
- University Hospitals Dorset: Urgent Treatment Centre
- University Hospitals Dorset: Bournemouth Hospital contact
- Hampshire and Isle of Wight Healthcare: Dementia service
- Oakhaven Hospice: Oakhaven Neighbours
- Oakhaven Hospice: Carer support

Price

From £1,550 a week

Covers

Lymington and nearby villages

CQC rating

Good

Assessment

Free, with no obligation

Live-in care elsewhere in Hampshire

All of Hampshire · Winchester · Basingstoke · Andover · Alton · Petersfield · Tadley · Fleet · Romsey · Fordingbridge · Eastleigh · Totton · Hythe · Fareham · Gosport · Havant · Bordon · Southampton · Portsmouth

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

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Local information checked 31 October 2026. This PDF was made on 1 November 2026.
Information, not advice: please check anything important with the organisation named.