LIVE-IN CARE · GOSPORT, HAMPSHIRE

Live-in care in Gosport

Day and Nightcare arranges fully managed live-in care in Gosport, Alverstoke, Lee-on-the-Solent and across the borough after a free assessment (01865 715780); this guide shows how to ask Hampshire County Council for an assessment, what Gosport War Memorial Hospital offers and where the A&E is, and local help with befriending, memory, carers, help at home, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Gosport, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Gosport

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care | Costs and funding

How we arrange live-in care in Gosport

Day and Nightcare provides fully managed live-in care in Gosport and across the borough, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Hampshire County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Gosport

Hampshire County Council's Adults' Health and Care, not Gosport Borough Council, arranges adult social care in Gosport. Call **0300 555 1386** (weekdays 8.30am to 5pm, Tuesdays from 9.30am, Fridays to 4.30pm; out of hours 0300 555 1373), or use the online referral form (weekdays 8am to 8pm, weekends 8.30am to 6.30pm), which the council recommends because phone waits can be long. The needs assessment is free, and anyone can ask for one. With more than £23,250 in savings your relative would usually pay the full cost of care, and the home is not counted when care is at home. Self-funders can ask the council to arrange care at home (if it agrees: £296 once, then £8.75 a week). Financial assessment queries: the council's Financial Assessments and Benefits Team (01962 845600, if you cannot email). See council funding for care and direct payments.

If you help a relative, you have a right to a carer's assessment: the Princess Royal Trust for Carers carries them out for the county council through the Hampshire Carers Support Service (01264 311680; emergencies out of hours 0800 169 1577), which also gives unpaid carers free information, support and help with an emergency plan.

Gosport Borough Council collects council tax (023 9254 5470, weekdays 9am to 5pm). It does not count people who are severely mentally impaired, or people caring for someone with a disability who is not their spouse, partner or child under 18. Its Disabled Band Relief reduces the bill where a disabled resident needs a room, extra bathroom or kitchen, or extra space; the council may need to visit. See our guide to council tax discounts for care.

Urgent care and leaving hospital in Gosport

- **Urgent treatment centre:** Gosport War Memorial Hospital, Bury Road, 8am to 10pm, run by Portsmouth Hospitals. Most visits need no appointment; NHS 111 can book an arrival time. It is not an A&E.
- **A&E:** Queen Alexandra Hospital, Southwick Hill Road, Cosham, open 24 hours.

Portsmouth Hospitals asks families to give ward staff, on admission, the details of services that will need rearranging before discharge, such as carers, to arrange transport home, and to ask for a copy of the discharge letter.

Closer to home, Gosport War Memorial Hospital's Ark Royal and Collingwood wards care for frail adults and support patients and families with discharge decisions. Poppy Ward welcomes family carers of people with dementia outside normal visiting times, under John's Campaign. Age Concern Hampshire's Hospital to Home service works with patients on the wards to support a safe discharge, and makes follow-up calls once they are home (01962 868545). The discharge team may also ask the county council's hospital social work team to assess your relative. The council's short-term services after hospital include reablement (free for up to six weeks) and the Rapid Support Service (free for up to 28 days).

For NHS Continuing Healthcare, NHS Hampshire and Isle of Wight's All Age Continuing Care team for patients of Hampshire GPs is on 0300 123 4448, option 4.

Local help in Gosport

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Company and advocacy.** Gosport Community Support offers visiting befrienders, advocacy, social groups and help getting out and about, for Gosport Borough residents only. Call 07733 826901 or use its referral form.
- **Memory worries.** The NHS community older people's mental health team for Gosport and Fareham is on 02382 311820. Dementia Support Hampshire & IOW gives free peer support and practical help to families (0344 324 6589, weekdays 9am to 5pm). See live-in dementia care.
- **Help in the home.** Age Concern Hampshire's Help at Home covers the Fareham and Gosport area, including Lee-on-the-Solent, from £14.50 an hour plus a £25 monthly service fee (01962 868545).

- **Getting about.** Connect Fareham and Gosport runs door-to-door minibuses for people who cannot use ordinary buses, 9.15am to 2.45pm on weekdays, for £6.20 return; helpers ride free. Membership is free but needs an application form; book on 0333 015 1271.
- **Older people's forum.** The Gosport Older Persons Forum is free to join for borough residents over 55 and shares information for older people and carers.
- **Hospice care.** The Rowans Hospice serves Portsmouth and South East Hampshire. Its care is free, and its Hospice at Home runs 24 hours a day on referral by a health or social care professional (023 9225 0001).

What may change soon

Hampshire's council reorganisation is undecided: the Government withdrew its earlier decision in September 2026 and expects an outcome by early 2027. Until then, the councils named here stay responsible.

USEFUL LOCAL CONTACTS

Useful contacts in Gosport

The council, NHS teams, hospitals and local services you are most likely to need in Gosport, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Gosport is arranged by Hampshire County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Hampshire County Council:** ask for a care needs assessment (telephone 0300 555 1386); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Gosport it is arranged by NHS Hampshire and Isle of Wight Integrated Care Board (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Gosport

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Queen Alexandra Hospital: Southwick Hill Road, Cosham: Portsmouth Hospitals' main site, with an A&E (emergency department) open 24 hours. (leaving hospital information)
- Gosport War Memorial Hospital: Bury Road; Ark Royal and Collingwood wards (20 beds each) for frailty and rehabilitation, Rose and Poppy wards for older people's mental health; urgent treatment centre on site, 8am to 10pm (see below).
- Urgent Treatment Centre, Gosport War Memorial Hospital: Run by Portsmouth Hospitals; 8am to 10pm; most visits need no appointment, and NHS 111 can book an arrival time; X-rays for limbs only. Not an A&E.

Local support and charities

- Hampshire Carers Support Service (The Princess Royal Trust for Carers in Hampshire): Carers' support (01264 311680)
- Gosport Community Support: Befriending (07733 826901)
- Connect Fareham and Gosport (Community First): Community transport (0333 015 1271)
- Older people's community mental health team, Gosport and Fareham: Dementia support (02382 311820)
- Age Concern Hampshire: Help at Home: Age UK (01962 868545)
- Rowans Hospice: Hospice (023 9225 0001)
- Healthwatch Hampshire: Healthwatch: your independent voice on health and care (01962 440 262)

Council tax

Council tax in Gosport, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Gosport Borough Council. See council tax discounts for care.

Villages around Gosport

Alverstoke | Lee-on-the-Solent | Bridgemary | Elson | Hardway | Rowner | Anglesey | Forton | Brockhurst | Privett | Peel Common

YOUR QUESTIONS

Questions about live-in care in Gosport

Who do I call in Gosport to ask for a care assessment?

Hampshire County Council arranges adult social care in Gosport; Gosport Borough Council does not. Call Adults' Health and Care on 0300 555 1386 (weekdays 8.30am to 5pm, Tuesdays from 9.30am, Fridays to 4.30pm) or use the council's online referral form; out of hours, call 0300 555 1373. A relative who helps can ask the Hampshire Carers Support Service (01264 311680) for a carer's assessment, which the Princess Royal Trust for Carers carries out for the county council; the service also gives free information, support and help with an emergency plan.

What is at Gosport War Memorial Hospital?

It is not an A&E. Portsmouth Hospitals runs an urgent treatment centre there, open 8am to 10pm, for urgent illnesses and injuries that are not life-threatening; most visits need no appointment. Hampshire and Isle of Wight Healthcare runs Ark Royal and Collingwood wards, 20 beds each for frailty and rehabilitation, and Rose and Poppy wards for older people with acute mental health needs, most on Poppy with memory needs such as dementia. The A&E for the area is at Queen Alexandra Hospital in Cosham, open 24 hours.

Does Gosport Borough Council still provide community alarms?

No. Gosport Borough Council says it no longer provides a community alarm service and suggests searching for local telecare or lifeline alarm providers. In the county council's area, the council recommends Argenti for care technology such as pendant alarms (01962 670721), at the buyer's cost. If your relative has had a fall or is struggling at home, also ask the county council for an assessment.

How much does live-in care cost in Gosport?

Live-in care with Day and Nightcare costs from £1,550 a week in Gosport, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Gosport?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Gosport is arranged by Hampshire County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Queen Alexandra Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- NHS website: Hampshire County Council Adult Services
- Hart District Council: Care and support for adults (Hampshire Adult Services numbers)
- Connect to Support Hampshire: Council services
- The Princess Royal Trust for Carers in Hampshire: About us
- Gosport Borough Council: Council tax discounts
- Gosport Borough Council: People with disabilities (council tax)
- Gosport Borough Council: Community lifelines
- Gosport Borough Council: Older Persons Forum
- Portsmouth Hospitals: Know where to go for urgent medical help
- Hampshire and Isle of Wight Healthcare: Gosport War Memorial Hospital
- NHS website: Queen Alexandra Hospital, accident and emergency services
- Portsmouth Hospitals: Returning home after a hospital stay
- Age Concern Hampshire: Hospital to Home

- Connect to Support Hampshire: Hospital stays
- NHS Hampshire and Isle of Wight: All Age Continuing Care contact details
- Connect to Support Hampshire: Equipment around the house and care technology
- Gosport Community Support
- Hampshire and Isle of Wight Healthcare: Community older persons mental health services
- Dementia Support Hampshire & IOW
- Age Concern Hampshire: Help at Home
- Community First: Connect Fareham and Gosport
- The Rowans Hospice: Hospice at Home
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)
- NHS website: Getting a care needs assessment
- Hampshire County Council: Start a referral
- Hampshire County Council: Carers
- Hampshire County Council: Paying for care at home
- Hampshire County Council: Reablement
- Hampshire County Council: Rapid Support Service
- Gosport Borough Council: Contact Council Tax

Price
From £1,550 a week

Covers
Gosport and nearby villages

CQC rating
Good

Assessment
Free, with no obligation

Live-in care elsewhere in Hampshire

All of Hampshire | Winchester | Basingstoke | Andover | Alton | Petersfield | Tadley | Fleet | Lymington | Romsey | Fordingbridge | Eastleigh | Totton

Hythe | Fareham | Havant | Bordon | Southampton | Portsmouth

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

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Information, not advice: please check anything important with the organisation named.