LIVE-IN CARE · FAREHAM, HAMPSHIRE

Live-in care in Fareham

Day and Nightcare arranges fully managed live-in care in Fareham, Portchester, Titchfield, Stubbington, Locks Heath and Warsash after a free assessment (01865 715780); this guide shows how to ask Hampshire County Council for an assessment, where the A&E and urgent treatment centre are, and local help with carers, memory, day care, company, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Fareham, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Fareham

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care | Costs and funding

How we arrange live-in care in Fareham

Day and Nightcare provides fully managed live-in care in Fareham and across the borough, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Hampshire County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Fareham

Hampshire County Council's Adults' Health and Care, not Fareham Borough Council, arranges adult social care in Fareham. Call **0300 555 1386** (weekdays 8.30am to 5pm, Tuesdays from 9.30am, Fridays to 4.30pm; out of hours 0300 555 1373), or use the online referral form (weekdays 8am to 8pm, weekends 8.30am to 6.30pm), which the council recommends because phone waits can be long. The needs assessment is free, and anyone can ask for one. With more than £23,250 in savings your relative would usually pay the full cost of care, and the home is not counted when care is at home. Self-funders can ask the council to arrange care at home (if it agrees: £296 once, then £8.75 a week). Financial assessment queries: the council's Financial Assessments and Benefits Team (01962 845600, if you cannot email). See council funding for care and direct payments.

If you help a relative, you have a right to a carer's assessment: the Princess Royal Trust for Carers carries them out for the county council through the Hampshire Carers Support Service (01264 311680), which also gives unpaid carers free information, support and help with an emergency plan.

Fareham Borough Council collects council tax (01329 824651, counciltax@fareham.gov.uk). Its pages explain the severe mental impairment discount or exemption, which needs a doctor's certificate and a qualifying benefit; a carer disregard for someone, not a spouse or partner, who lives in the home and gives at least 35 hours of care a week to a person on a qualifying

benefit such as Attendance Allowance; and Disabled Relief, which charges the next band down (a Band A home may get 16.5% off) after a Visiting Officer confirms the features. See our guide to council tax discounts for care.

Urgent care and leaving hospital in Fareham

- **A&E:** Queen Alexandra Hospital, Southwick Hill Road, Cosham, open 24 hours.
- **Urgent treatment centre:** Gosport War Memorial Hospital, Bury Road, 8am to 10pm, run by Portsmouth Hospitals. Most visits need no appointment; NHS 111 can book an arrival time. It is not an A&E.
- **Fareham Community Hospital,** Brook Lane, Sarisbury (01489 587400), provides community services and clinics, including older people's mental health. It is not an A&E.

Portsmouth Hospitals asks families to give ward staff, on admission, the details of services that will need rearranging before discharge, such as carers, to arrange transport home, and to ask for a copy of the discharge letter. The discharge team may also ask the county council's hospital social work team to assess your relative. The council's short-term services after hospital include reablement (free for up to six weeks) and the Rapid Support Service (free for up to 28 days).

For NHS Continuing Healthcare, NHS Hampshire and Isle of Wight's All Age Continuing Care team for patients of Hampshire GPs is on 0300 123 4448, option 4.

Local help in Fareham

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Memory worries.** Dementia Support Hampshire & IOW runs a support and social group every Thursday, 1pm to 3pm, at Holy Trinity Church Hall, 132 West Street (0344 324 6589). The NHS community older people's mental health team for Gosport and Fareham is on 02382 311820. See live-in dementia care.
- **Day care.** Age Concern Hampshire's Lockswood Care and Wellbeing Centre in Centre Way, Locks Heath, offers later life and dementia day care, Monday to Friday, 10am to 3pm, with meals and optional door-to-door transport in Locks Heath and nearby (07842 306034).

- **Company.** Fareham Good Neighbours matches lonely or older people in Fareham with a volunteer befriender (07756 864961). The Stubbington and Hill Head Voluntary Care Group offers befriending, visiting, a sitting service, prescription collection and help with health transport for residents there (07832 330308). The council's Wise Guide lists more local groups and lunch clubs. The Portchester Voluntary Care Group helps people in Portchester get to hospital and GP appointments and other health-related trips (07759 472473).
- **Getting about.** Connect Fareham and Gosport runs door-to-door minibuses for people who cannot use ordinary buses, 9.15am to 2.45pm on weekdays, for £6.20 return; helpers ride free. Membership is free but needs an application form. Book up to five working days ahead on 0333 015 1271 (weekdays, 8.30am to noon and 1pm to 3.30pm).
- **Equipment.** Free occupational therapy, which can include equipment, can be requested through the GP surgery or the county council; for care technology, the council recommends Argenti (01962 670721).
- **Hospice care.** The Rowans Hospice serves Portsmouth and South East Hampshire. Its care is free, and its Hospice at Home runs 24 hours a day on referral by a health or social care professional (023 9225 0001).

What may change soon

Hampshire's council reorganisation is undecided: the Government withdrew its earlier decision in September 2026 and expects an outcome by early 2027. Until then, the councils named here stay responsible.

USEFUL LOCAL CONTACTS

Useful contacts in Fareham

The council, NHS teams, hospitals and local services you are most likely to need in Fareham, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Fareham is arranged by Hampshire County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Hampshire County Council:** ask for a care needs assessment (telephone 0300 555 1386); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Fareham it is arranged by NHS Hampshire and Isle of Wight Integrated Care Board (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Fareham

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Queen Alexandra Hospital: Southwick Hill Road, Cosham: Portsmouth Hospitals' main site, with an A&E (emergency department) open 24 hours. (leaving hospital information)
- Fareham Community Hospital: Brook Lane, Sarisbury; community services and clinics, including older people's mental health; 01489 587400; no urgent treatment centre or wards listed; not an A&E.
- Urgent Treatment Centre, Gosport War Memorial Hospital: Run by Portsmouth Hospitals, Bury Road, Gosport; 8am to 10pm; most visits need no appointment, and NHS 111 can book an arrival time; X-rays for limbs only. Not an A&E.

Local support and charities

- Hampshire Carers Support Service (The Princess Royal Trust for Carers in Hampshire): Carers' support (01264 311680)
- Dementia Support Hampshire & IOW: Fareham support and social group: Dementia support (0344 324 6589)
- Age Concern Hampshire: Lockswood Care & Wellbeing Centre: Day opportunities (07842 306034)
- Connect Fareham and Gosport (Community First): Community transport (0333 015 1271)
- Fareham Good Neighbours: Befriending (07756 864961)
- Rowans Hospice: Hospice (023 9225 0001)
- Healthwatch Hampshire: Healthwatch: your independent voice on health and care (01962 440 262)
- The Wise Guide (Fareham Borough Council): Local services directory

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Council tax

Council tax in Fareham, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Fareham Borough Council. See council tax discounts for care.

Villages around Fareham

Portchester · Titchfield · Stubbington · Hill Head · Locks Heath · Park Gate · Sarisbury Green · Warsash · Welborne

YOUR QUESTIONS

Questions about live-in care in Fareham

Who do I call in Fareham to ask for a care assessment?

Hampshire County Council arranges adult social care in Fareham, not Fareham Borough Council. Call Adults' Health and Care on 0300 555 1386 (weekdays 8.30am to 5pm, Tuesdays from 9.30am, Fridays to 4.30pm) or use the council's online referral form; out of hours, call 0300 555 1373. A relative who helps can ask the Hampshire Carers Support Service (01264 311680) for a carer's assessment, which the Princess Royal Trust for Carers carries out for the county council; the service also gives free information, support and help with an emergency plan.

Is there an A&E in Fareham?

No. Fareham Community Hospital on Brook Lane, Sarisbury, provides community services and clinics, and is not an A&E. The nearest A&E is at Queen Alexandra Hospital in Cosham, open 24 hours. For injuries and illnesses that are urgent but not life-threatening, the urgent treatment centre at Gosport War Memorial Hospital is open 8am to 10pm; most visits need no appointment, and NHS 111 can book an arrival time. In an emergency, call 999.

Who can visit a lonely older person in Fareham?

Fareham Good Neighbours brings lonely or older people in Fareham together with a volunteer befriender (07756 864961). In Stubbington and Hill Head, the Stubbington and Hill Head Voluntary Care Group offers befriending, visiting and help with health transport (07832 330308). Fareham Borough Council's Wise Guide, its directory of useful contacts for older residents, lists lunch clubs and other local groups.

How much does live-in care cost in Fareham?

Live-in care with Day and Nightcare costs from £1,550 a week in Fareham, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Fareham?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Fareham is arranged by Hampshire County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Queen Alexandra Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- NHS website: Hampshire County Council Adult Services
- Hart District Council: Care and support for adults (Hampshire Adult Services numbers)
- Connect to Support Hampshire: Council services
- The Princess Royal Trust for Carers in Hampshire: About us
- Fareham Borough Council: Severe mental impairment
- Fareham Borough Council: People providing or receiving care in the home
- Fareham Borough Council: Disabled relief
- NHS website: Queen Alexandra Hospital, accident and emergency services
- Portsmouth Hospitals: Know where to go for urgent medical help
- Portsmouth Hospitals: Returning home after a hospital stay
- Hampshire and Isle of Wight Healthcare: Fareham Community Hospital
- Connect to Support Hampshire: Hospital stays
- NHS Hampshire and Isle of Wight: All Age Continuing Care contact details

- Hampshire and Isle of Wight Healthcare: Community older persons mental health services
- Dementia Support Hampshire & IOW: Our groups
- Age Concern Hampshire: Lockswood Care and Wellbeing Centre
- Fareham Borough Council: The Wise Guide (November 2025)
- Community First: Connect Fareham and Gosport
- The Rowans Hospice: Hospice at Home
- The Rowans Hospice
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)
- NHS website: Getting a care needs assessment
- Hampshire County Council: Start a referral
- Hampshire County Council: Carers
- Hampshire County Council: Paying for care at home
- Hampshire County Council: Reablement
- Hampshire County Council: Rapid Support Service

Price
From £1,550 a week

Covers
Fareham and nearby villages

CQC rating
Good

Assessment
Free, with no obligation

Live-in care elsewhere in Hampshire

All of Hampshire | Winchester | Basingstoke | Andover | Alton | Petersfield | Tadley | Fleet | Lymington | Romsey | Fordingbridge | Eastleigh | Totton | Hythe | Gosport | Havant | Bordon | Southampton | Portsmouth

Talk to our care team: 01865 715780

enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272

Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA

CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/hampshire/fareham/**

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Information, not advice: please check anything important with the organisation named.