LIVE-IN CARE · CINDERFORD, GLOUCESTERSHIRE

Live-in care in Cinderford

Day and Nightcare provides fully managed live-in care in Cinderford and the Forest of Dean villages around it; call our care team on 01865 715780 for a free assessment. This guide covers how to ask Gloucestershire County Council for a care assessment, the minor injury unit at the Forest of Dean Community Hospital and the nearest A&E, leaving hospital, and local help with day care, memory, transport, meals and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Cinderford, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Cinderford

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care | Costs and funding

How we arrange live-in care in Cinderford

Day and Nightcare provides fully managed live-in care in Cinderford and the villages around it, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Gloucestershire County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Cinderford

Gloucestershire County Council arranges adult social care. Call the Adult Social Care Helpdesk on **01452 426 868** (weekdays, 8am to 5pm). In a serious social care emergency out of hours, the Emergency Duty Team is on 01452 614 194. The needs assessment is free; a financial assessment then decides what your relative pays. With savings over £23,250 they would usually pay the full cost, and the home is not counted when care is at home. Council funding can be taken as a direct payment. See council funding for care.

Family carers can ask for a carer's assessment through the Gloucestershire Carers Hub on 0300 111 9000 (Monday, Wednesday and Friday 9am to 5pm; Tuesday and Thursday 8am to 8pm).

Forest of Dean District Council collects council tax. Its reductions include: not counting someone who is severely mentally impaired, such as a person living with dementia (there is a form to apply); not counting a carer who looks after an older or disabled person living with them; a disabled band reduction for homes with an extra room, bathroom or wheelchair space; and an exemption when a home is left empty because the person now lives permanently in a hospital or care home. Use the council's online contact form or call 01594 810000.

Urgent care and leaving hospital in Cinderford

- **Minor injuries:** the Forest of Dean Community Hospital, Steam Mills Road, has a Minor Injury and Illness Unit, usually open 8am to 8pm daily (last walk-in 7.30pm). X-ray times are limited; parking is free. It is not an A&E; call NHS 111 first.
- **A&E:** the county's 24-hour consultant-led A&E is at Gloucestershire Royal Hospital in Gloucester.

Most emergency admissions are to Gloucestershire Royal. Use its going-home checklist (where your relative is going, transport, their medicines and when to take them, heating on, food in the fridge); its Onward Care Team supports patients with complex needs who will need ongoing care. The community hospital also has inpatient beds for recovery.

Home First gives NHS-funded support at home for 1 to 10 days, seven days a week. If needs are mainly health needs, ask about NHS Continuing Healthcare: NHS Gloucestershire's team is on 01452 925197 (weekdays, 9am to 5pm).

Local help in Cinderford

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Day care.** Crossroads Gloucestershire runs its Active Living Day Centre at The Wesley, Belle Vue Road, on Tuesdays to Thursdays, 9.30am to 2.30pm, for people with care needs or who are socially isolated, with help to arrange transport; there is a charge (01594 823414).
- **Befriending.** Crossroads also runs a free befriending service for people living with dementia or in social isolation (01594 823414).
- **Company.** Cinderford Coffee Club meets at The Wesley, Belle Vue Road, on the first Wednesday of the month, 10am to 1pm: free, drop-in and open to everyone. The county's Your Circle directory lists it as dementia friendly and suitable for wheelchair users (cinderfordcoffeeclub@gmail.com).
- **Memory worries.** Managing Memory Together, the NHS memory service, accepts self-referrals on 0800 694 8800 (seeing the GP first is advised). The Alzheimer's Society's Dementia Adviser Service (01452 525222, weekdays 9am to 5pm) supports people with a diagnosis and their carers, and the charity runs a Singing for the Brain group in Mitcheldean. See live-in dementia care.
- **Getting about.** Lydney Dial-a-Ride (01594 843809) covers Cinderford, Lydney and Coleford for older and disabled people, and the Robin bookable bus (0345 263 8139) stops across the town.

- **A hot meal.** Dean Forest Kitchen delivers hot meals Monday to Friday, with chilled meals on Fridays for the weekend, and its volunteer drivers will plate up if needed; prices include delivery (01452 903505, weekdays 8.30 to 11.30am).
- **Equipment.** The Gloucestershire Equipment Loan Service supplies equipment after a healthcare professional's assessment (01452 520438, weekdays 8.30am to 4.30pm).
- **Hospice care.** Great Oaks Hospice in Coleford gives free Hospice@Home end-of-life care, day and night, across the Forest of Dean (01594 811910, weekdays 9am to 5pm; weekends and out of hours 07760 769670).

What may change soon

The Government is minded to create a single unitary council for Gloucestershire, taking over in April 2029 (proposed, not confirmed). Until then, the county council arranges adult social care and Forest of Dean District Council collects council tax.

USEFUL LOCAL CONTACTS

Useful contacts in Cinderford

The council, NHS teams, hospitals and local services you are most likely to need in Cinderford, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Cinderford is arranged by Gloucestershire County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Gloucestershire County Council:** ask for a care needs assessment (telephone 01452 426 868); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Cinderford it is arranged by NHS Gloucestershire Integrated Care Board (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Cinderford

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Forest of Dean Community Hospital: Steam Mills Road, Cinderford GL14 3HY. Minor Injury and Illness Unit usually 8am to 8pm daily, last walk-in 7.30pm (walk in; the trust advises calling NHS 111 first as hours can change). X-ray (limited times). Free parking. Not an A&E
- Gloucestershire Royal Hospital: Great Western Road, Gloucester GL1 3NN. The county's consultant-led A&E, open 24 hours (leaving hospital information)

Local support and charities

- Gloucestershire Carers Hub: Carers' support (0300 111 9000)
- Managing Memory Together (NHS memory service): Dementia support (0800 694 8800)
- Age UK Gloucestershire: Age UK (01452 422 660)
- Crossroads Gloucestershire Active Living Day Centre, The Wesley: Day opportunities (01594 823414)
- Crossroads Gloucestershire Befriending Service: Befriending (01594 823414)
- Lydney Dial-a-Ride: Community transport (01594 843809)
- Great Oaks Hospice, Coleford: Hospice (01594 811910)
- Dean Forest Kitchen (meals delivered): Meals at home (01452 903505)

Council tax

Council tax in Cinderford, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Forest of Dean District Council. See council tax discounts for care.

Villages around Cinderford

Ruspidge · Upper Soudley · Steam Mills · Nailbridge · Drybrook · Littledean · Mitcheldean · Ruardean · Lydbrook · Flaxley

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YOUR QUESTIONS

Questions about live-in care in Cinderford

Who do I call in Cinderford to ask for a care assessment?

Call Gloucestershire County Council's Adult Social Care Helpdesk on 01452 426 868 (Monday to Friday, 8am to 5pm) or email socialcare.enq@gloucestershire.gov.uk. The county council arranges adult social care across the Forest of Dean; the district and town councils do not. The assessment is free, and a relative can take part with your consent. In a serious social care emergency out of hours, the Emergency Duty Team is on 01452 614 194. Family carers can ask the Gloucestershire Carers Hub (0300 111 9000) for a carer's assessment.

Is there an A&E at the Forest of Dean Community Hospital in Cinderford?

No. The hospital on Steam Mills Road has a Minor Injury and Illness Unit, usually open 8am to 8pm every day with last walk-in arrivals at 7.30pm, and X-ray, though X-ray times are limited. Parking is free. Serious emergencies go to Gloucestershire Royal Hospital in Gloucester, the county's 24-hour A&E. Call NHS 111 for advice first, or 999 in an emergency.

Is there a day centre in Cinderford?

Yes. Crossroads Gloucestershire runs its Active Living Day Centre at The Wesley on Belle Vue Road on Tuesdays, Wednesdays and Thursdays, 9.30am to 2.30pm, for people with care needs or who are socially isolated. Staff can help with personal care and mobility, Dementia Link Workers support people with advanced memory difficulties, and transport can be provided or arranged. You can arrange a free trial visit on 01594 823414. There is a charge; ask for details.

How can someone in Cinderford get to appointments without a car?

Lydney Dial-a-Ride (01594 843809) provides transport for older and disabled people in and around Lydney, Cinderford and Coleford; there is an annual registration fee, then fares by distance. The county's Robin bookable bus stops across Cinderford, including at the community hospital: book up to two weeks ahead on 0345 263 8139 (weekdays, 8am to 4pm), and concessionary bus passes are accepted. For hospital transport on medical grounds, ask the hospital or GP about NHS non-emergency transport.

How much does live-in care cost in Cinderford?

Live-in care with Day and Nightcare costs from £1,550 a week in Cinderford, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Cinderford?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Cinderford is arranged by Gloucestershire County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Gloucestershire Royal Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Gloucestershire County Council: Adult social care contact us
- Gloucestershire County Council: How to have an assessment of your care and support needs
- Gloucestershire County Council: Prioritising your own health and wellbeing, the Carer's Assessment
- Gloucestershire Carers Hub
- Forest of Dean District Council: Council tax discounts and exemptions
- Forest of Dean District Council: Contact us
- Cheltenham Borough Council: Government sets out next steps for local government reorganisation in Gloucestershire
- Gloucestershire Health and Care NHS Foundation Trust: Forest of Dean Community Hospital
- Gloucestershire Health and Care NHS Foundation Trust: Community hospitals
- Gloucestershire Hospitals NHS Foundation Trust: Urgent advice and care
- Gloucestershire Hospitals NHS Foundation Trust: There's no place like home
- Gloucestershire Health and Care NHS Foundation Trust: Home First

- NHS Gloucestershire: Continuing healthcare
- Crossroads Gloucestershire: Active Living
- Your Circle: Crossroads Active Living Day Centre
- Your Circle: Crossroads Befriending Service
- Your Circle: Cinderford Coffee Club
- Your Circle: Alzheimer's Society Social Groups
- Gloucestershire Health and Care NHS Foundation Trust: Managing Memory Together
- Your Circle (Gloucestershire County Council): Gloucestershire Dementia Adviser Service
- Alzheimer's Society: Dementia Adviser Gloucestershire
- Lydney Dial-a-Ride
- Your Circle: Lydney Dial-a-Ride
- Gloucestershire County Council: The Robin, Forest of Dean South
- Gloucestershire County Council: The Robin, questions and answers
- Gloucestershire County Council: The Robin, how to book
- Your Circle: Dean Forest Kitchen
- Gloucestershire County Council: Gloucestershire Equipment Loan Service, how to contact us
- Great Oaks Hospice: Hospice at Home
- Great Oaks Hospice

Price
From £1,550 a week

Covers
Cinderford and nearby villages

CQC rating
Good

Assessment
Free, with no obligation

Live-in care elsewhere in Gloucestershire

All of Gloucestershire | Gloucester | Cheltenham | Tewkesbury | Moreton-in-Marsh

Cirencester | Stroud | Dursley | Minchinhampton | Coleford

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

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Information, not advice: please check anything important with the organisation named.