LIVE-IN CARE · DEVON

Live-in care in Devon

Fully managed live-in care across Devon, arranged by our care team after a free assessment, with which of the three councils to call for a care assessment, where the A&Es and urgent treatment centres are, how hospital discharge and Continuing Healthcare work, and county-wide help for carers and families.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care across Devon, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Devon

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

How we arrange live-in care in Devon

Day and Nightcare provides fully managed live-in care across Devon, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Devon County Council, Plymouth City Council or Torbay Council (including direct payments), or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see live-in care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Devon

Three councils run adult social care: Plymouth City Council in Plymouth, Torbay Council in Torquay, Paignton and Brixham, and Devon County Council everywhere else.

- **Devon County Council:** call Adult Social Care on 0345 155 1007 (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose your local team, or start with the online self-help tool, which may lead to an online self-assessment. Out of hours, for an emergency that cannot wait until the next day, call 0345 600 0388 (option 1).
- **Plymouth City Council:** complete the online self-assessment on the Plymouth Online Directory, for yourself or someone else, or call 01752 668000 (Monday to Friday, 9am to 5pm; the number also reaches the council out of hours). Livewell Southwest's Advice and Information Service is the first contact and decides whether a social care assessment is needed.
- **Torbay Council:** call an adviser on 01803 219700, or email non-urgent enquiries to tsdft.customerservices@nhs.net. Out of hours in an emergency, call the Torbay Emergency Duty Service on 0300 456 4876.

The needs assessment is free, and anyone can ask for one.

Carers' assessments: in the county council's area, book one through the Caring in Devon Helpline (03456 434 435, weekdays 8am to 5pm). In Plymouth, register with Improving Lives Plymouth; in Torbay, ask Signposts for Carers (01803 666620).

- **Savings.** With more than £23,250 in savings, your relative pays the full cost of council-arranged care; the home is not counted when care is at home. See council funding.

- **Free reablement.** Devon County Council offers free short-term reablement after a hospital stay or illness, typically for one to four weeks (0345 155 1007).
- **Council tax.** Discounts, for example for a severe mental impairment, come from the district council, or from Plymouth or Torbay councils. See council tax discounts.

Urgent care and leaving hospital in Devon

- **A&E:** Royal Devon and Exeter Hospital (Wonford), Exeter; North Devon District Hospital, Barnstaple (a 24/7 emergency service); Derriford Hospital, Plymouth; and Torbay Hospital, Torquay.
- **Urgent treatment centres and minor injury units** are not A&Es, and their hours and access differ, so check the town page or call NHS 111. Plymouth's two urgent treatment centres (the Cumberland Centre in Devonport and the Dartmoor Building at Derriford) are open 8am to 8pm daily without an appointment. Newton Abbot's (8am to 8pm) asks you to book a same-day slot on 01626 324631. The Dawlish and Bideford units are closed.

Leaving hospital. The Royal Devon and Exeter's Discharge Lounge is open 7.30am to 8pm on weekdays and 10am to 6pm at weekends and bank holidays, and orders transport and contacts family. North Devon District Hospital's discharge hub is open 7am to 7.30pm on weekdays and 8am to 4pm at weekends. Derriford's Discharge Lounge is open 7.30am to 8pm daily. At Torbay Hospital, planning for home starts on admission, and a discharge coordinator talks through the options and funding.

Community hospitals with inpatient beds include Tiverton, Exmouth, South Molton, Newton Abbot (with stroke rehabilitation), Totnes, Brixham and Mount Gould in Plymouth. Honiton and Okehampton have none.

NHS Continuing Healthcare is arranged by NHS Devon through three hubs: East and North Devon (01392 675 414), West Devon including Plymouth (01752 398 677), and South Devon including Torbay (01626 357820). Families cannot apply directly, so ask a nurse or social worker to consider the checklist.

Local help in Devon

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** Improving Lives Plymouth (01752 201766, weekdays 9am to 5pm) has hospital liaison workers who visit Derriford on Mondays and Thursdays. Signposts for Carers has centres in Paignton, Brixham and Torquay and an Advice Point at Torbay Hospital.

- **Memory worries.** The GP refers to Devon Partnership NHS Trust's Devon Dementia Assessment Service, with clinics in Exeter, Barnstaple and Torquay. Allow up to three hours and bring a relative or close friend. See live-in dementia care.
- **Equipment.** Outside Plymouth and Torbay, the Devon Community Equipment Service (Millbrook Healthcare) lends equipment free of charge (0330 124 4491). In Torbay, call the Customer Service Centre (01803 219700); in Plymouth, Millbrook Healthcare (01752 354193).
- **Getting about.** Devon has ring and ride services, volunteer community car schemes (a per-mile charge) and ten Fare Car shared-taxi schemes that anyone can book with 24 hours' notice (01392 382800). Access Plymouth's volunteer Community Car, for people with mobility problems, costs £1.30 a mile plus £1 a journey, after a one-off £5 registration (01752 600633).
- **Befriending.** The Torbay Community Helpline (01803 446022, weekdays 10am to 1pm and 3pm to 6pm) matches people with befrienders.
- **Advice for older people.** Free information and advice comes from Age UK Devon (0333 241 2340, weekdays 9am to 3pm), Age UK Exeter (01392 455614), Age UK Plymouth (01752 256020) and Age UK Torbay (01803 555181, drop-in in Paignton on weekday mornings), each in its own area.
- **Hospices.** Hospiscare covers Exeter to Okehampton, with an 8-bed ward in Exeter and care at home (01392 688000); North Devon Hospice is in Barnstaple (01271 344248); St Luke's serves Plymouth and South West Devon (01752 401172); and Rowcroft, free of charge, serves South Devon (01803 210800).
- **Your voice.** Healthwatch in Devon, Plymouth and Torbay: freephone 0800 520 0640 (Monday to Thursday, 10am to 4pm).

What may change soon

- **Torbay adult social care (confirmed).** On 1 April 2027 adult social care staff move from Torbay and South Devon NHS Foundation Trust to Torbay Council. Until then, call 01803 219700 as now.
- **Council reorganisation (under review).** On 29 October 2026 the Government withdrew its earlier decision for Devon, Plymouth and Torbay and will decide again by early 2027. Until then, the three councils keep adult social care.
- **NHS board (planned merger).** NHS Devon works in a cluster with NHS Cornwall and Isles of Scilly ahead of a formal merger, expected in April 2027.

- **Carers' services.** New carers' peer support, involvement and wellbeing contracts in the county council's area begin on 1 November 2026.

USEFUL LOCAL CONTACTS

Useful contacts in Devon

The councils, NHS teams, hospitals and local services you are most likely to need in Devon, with links to their official pages. Open any heading for the details.

Councils and care assessments

Adult social care in Devon is arranged by Devon County Council, Plymouth City Council and Torbay Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Devon County Council:** ask for a care needs assessment (telephone 0345 155 1007); carer's assessment.
- **Plymouth City Council:** ask for a care needs assessment (telephone 01752 668000); carer's assessment.
- **Torbay Council:** ask for a care needs assessment (telephone 01803 219700); carer's assessment.

Our guide to reducing the cost of care and funding checker explain every route.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. In Devon it is arranged by NHS Devon (NHS Devon Integrated Care Board) (Continuing Healthcare information). We already support people whose care is funded by NHS Continuing Healthcare. See our NHS Continuing Healthcare guide.

Hospitals

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Royal Devon and Exeter Hospital (Wonford), Exeter (leaving hospital information)
- North Devon District Hospital, Barnstaple (leaving hospital information)
- Derriford Hospital, Plymouth (leaving hospital information)
- Torbay Hospital, Torquay (leaving hospital information)
- Tiverton and District Hospital, Tiverton
- Exmouth Hospital, Exmouth
- Honiton Hospital, Honiton
- Sidmouth Hospital, Sidmouth
- Okehampton Hospital, Okehampton
- Bideford Community Hospital, Bideford
- Ilfracombe Tyrrell Hospital, Ilfracombe
- South Molton Community Hospital, South Molton
- Sidwell Street Walk-in Centre, Exeter
- Newton Abbot Community Hospital, Newton Abbot
- Totnes Community Hospital, Totnes
- Brixham Community Hospital, Brixham
- Dawlish Community Hospital, Dawlish
- Teignmouth Community Hospital, Teignmouth
- Paignton Health and Wellbeing Centre (Paignton Hospital site), Paignton
- Mount Gould Hospital, Plymouth
- Urgent Treatment Centre, Cumberland Centre, Plymouth (Devonport)
- Tavistock Hospital, Tavistock
- South Hams Hospital, Kingsbridge

Local support and charities

- Caring in Devon (Devon County Council carers service): Carers' support
- Improving Lives Plymouth: Caring for Carers: Carers' support
- Signposts for Carers (Torbay Carers Service): Carers' support
- Devon Dementia Assessment Service (Devon Partnership NHS Trust): Dementia support
- Age UK Plymouth: Age UK
- Age UK Devon: Age UK
- Age UK Exeter: Age UK
- Age UK Torbay: Age UK
- Torbay Community Helpline: Befriending
- Access Plymouth Dial-A-Ride: Community transport
- Travel Devon: community transport: Community transport
- Hospiscare: Hospice
- North Devon Hospice: Hospice
- St Luke's Hospice Plymouth: Hospice
- Rowcroft Hospice: Hospice
- Healthwatch in Devon, Plymouth and Torbay: Healthwatch: your independent voice on health and care
- Devon County Council: Find services, groups and clubs in Devon: Local services directory
- Plymouth Online Directory: Local services directory

Council tax and equipment

Council tax discounts for people with a severe mental impairment, for disabled people and for some carers are claimed from the local council: East Devon District Council, Exeter City Council, Mid Devon District Council, North Devon Council, South Hams District Council, Teignbridge District Council, Torridge District Council, West Devon Borough Council, Plymouth City Council, Torbay Council. See council tax discounts for care.

Equipment such as hoists, hospital beds and bathing aids is provided after an assessment through Devon Community Equipment Service (Millbrook Healthcare). See equipment and home adaptations.

COVERAGE

Towns we cover in Devon

We provide live-in care everywhere in Devon, including:

Plymouth · Exeter · Torquay · Paignton · Brixham · Newton Abbot · Teignmouth · Dawlish · Exmouth · Sidmouth · Honiton · Tiverton · Barnstaple · Bideford · Ilfracombe · Okehampton · Tavistock · Totnes · Kingsbridge · Ivybridge

YOUR QUESTIONS

Questions about live-in care in Devon

Who do I call in Devon to ask for a care assessment?

It depends on the council. Outside Plymouth and Torbay, call Devon County Council's Adult Social Care on 0345 155 1007 (Monday to Thursday 9am to 5pm, Friday 9am to 4pm), or start with its online self-help tool. In Plymouth, complete the adult social care self-assessment on the Plymouth Online Directory, for yourself or for someone else, or call the city council on 01752 668000 (Monday to Friday, 9am to 5pm). In Torbay, call an adviser on 01803 219700. Out of hours in an emergency, Devon's line is 0345 600 0388 (option 1), Plymouth's 01752 668000 still reaches the council, and Torbay's Emergency Duty Service is on 0300 456 4876.

How do I get a carer's assessment in Devon?

Since 1 October 2026 Devon County Council has carried out carers' assessments itself. Book one through the Caring in Devon Helpline on 03456 434 435, Monday to Friday 8am to 5pm; it can be done by phone or in person. In Plymouth, register with Improving Lives Plymouth and ask for a Carer's Assessment. In Torbay, ask Signposts for Carers (01803 666620) about a carer's health and wellbeing check. You can have one whether or not the person you look after gets support from the council.

Who arranges NHS Continuing Healthcare in Devon?

NHS Devon, through three hubs: East and North Devon including Exeter (01392 675 414, d-icb.chc@nhs.net), West Devon including Plymouth (01752 398 677, d-icb.westernchc@nhs.net), and South Devon including Torbay, where Torbay and South Devon NHS Foundation Trust runs it for NHS Devon (01626 357820). Families cannot apply directly with a Checklist. Ask a district nurse, social worker or another practitioner who supports the person to consider one. Someone whose condition is rapidly deteriorating may be referred through the Fast Track instead.

Is adult social care in Torbay changing?

Yes, but not yet. Torbay and South Devon NHS Foundation Trust provides adult social care on behalf of Torbay Council. In March 2026 the Trust gave 12 months' notice, so on 1 April 2027 adult social care staff will move from the Trust to the council. The council says people who receive care and support will continue to get appropriate care during the change. For now, the number to call is still 01803 219700.

How much does live-in care cost in Devon?

Live-in care with Day and Nightcare costs from £1,550 a week anywhere in Devon, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Devon?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Devon is arranged by Devon County Council, Plymouth City Council and Torbay Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Royal Devon and Exeter Hospital (Wonford)?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

How would live-in care be supported in Devon?

Our care team supports every live-in placement, wherever it is in England: a free assessment, a written care plan, regular contact and reviews, one main live-in carer, with a relief carer covering holidays and time off, and a manager on call outside office hours. Your carer works alongside the person's own GP, community nurses and any hospice team already involved in their care.

Sources and further information

- Devon County Council: Contacting Devon Adult Social Care

- Devon County Council: Care and support needs assessments
- Devon County Council: New arrangements for carers' services
- Devon County Council: Carer's assessments
- Devon County Council: Social Care Reablement Service
- Devon County Council: Care at home, day services, enabling and personal care
- Devon County Council: FAQs, paying for community care
- Devon County Council: Transport help
- Travel Devon: Community transport
- Devon County Council: Returning NHS equipment
- Plymouth City Council: Get adult care or support
- Plymouth City Council: Contact us (Contact Centre hours)
- Plymouth City Council: Emergency numbers (24/7)
- Plymouth City Council: Help with meals (Adult Social Care telephone)
- Plymouth City Council: Paying for adult care and support
- Plymouth City Council: Plymouth praised for its adult social care support
- Plymouth City Council: Changes to the Community Equipment Service in Plymouth
- Livewell Southwest: Adult social care
- Improving Lives Plymouth: Services for carers
- Improving Lives Plymouth: Contact us
- Access Plymouth: Dial-A-Ride
- Access Plymouth: Community Car
- Torbay Council: Contact adult social care
- Torbay Council: Changes to Adult Social Care in Torbay
- Torbay Council: Carer support
- Torbay Council: Have a Carer's check
- Torbay Council: Torbay Community Helpline
- East Devon District Council: Council tax discounts and exemptions
- Exeter City Council: Council tax discounts
- Mid Devon District Council: Reduce your bill
- North Devon Council: Council tax discounts, exemptions and support
- South Hams District Council: Council tax reductions, discounts and exemptions

- Teignbridge District Council: Council tax discounts
- Torridge District Council: Carer Discount
- West Devon Borough Council: Council tax reductions, discounts and exemptions
- Plymouth City Council: Council tax discounts and exemptions
- Torbay Council: Reducing your council tax bill
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)
- NHS Devon: Contact the Continuing Healthcare teams (adults)
- NHS Devon: How to apply for CHC funding
- NHS Devon: ICB Cluster
- Royal Devon University Healthcare NHS Foundation Trust: Royal Devon and Exeter Hospital (Wonford)
- Royal Devon University Healthcare NHS Foundation Trust: North Devon District Hospital
- Royal Devon University Healthcare NHS Foundation Trust: Discharge hub and discharge lounge
- Royal Devon University Healthcare NHS Foundation Trust: Tiverton and District Hospital
- Royal Devon University Healthcare NHS Foundation Trust: Exmouth Hospital
- Royal Devon University Healthcare NHS Foundation Trust: South Molton Community Hospital
- Royal Devon University Healthcare NHS Foundation Trust: Honiton Hospital
- Royal Devon University Healthcare NHS Foundation Trust: Okehampton Hospital
- Royal Devon University Healthcare NHS Foundation Trust: Bideford Community Hospital
- University Hospitals Plymouth NHS Trust: Emergency Department
- NHS website: Derriford Hospital, departments and services
- University Hospitals Plymouth NHS Trust: Discharge Lounge
- University Hospitals Plymouth NHS Trust: Urgent Treatment Centre, Cumberland Centre
- University Hospitals Plymouth NHS Trust: Urgent Treatment Centre, Dartmoor Building (Derriford)
- University Hospitals Plymouth NHS Trust: Mount Gould Hospital
- Torbay and South Devon NHS Foundation Trust: Emergency Department (A&E)
- Torbay and South Devon NHS Foundation Trust: Minor Injuries Units and Urgent Treatment Centre
- Torbay and South Devon NHS Foundation Trust: Care in our hospital for older people
- Torbay and South Devon NHS Foundation Trust: Newton Abbot Community Hospital
- Torbay and South Devon NHS Foundation Trust: Totnes Community Hospital
- Torbay and South Devon NHS Foundation Trust: Brixham Community Hospital
- Torbay and South Devon NHS Foundation Trust: Community equipment

- Devon Partnership NHS Trust: Devon Dementia Assessment Service
- Charity Commission: Age UK Devon, contact information
- Charity Commission: Age UK Exeter, contact information
- Charity Commission: Plymouth Age Concern (Age UK Plymouth), contact information
- Hospiscare
- Hospiscare: Contact us
- North Devon Hospice: Contact
- St Luke's Hospice Plymouth
- St Luke's Hospice Plymouth: Contact us
- Rowcroft Hospice: About us
- Healthwatch in Devon, Plymouth and Torbay
- NHS website: Getting a care needs assessment
- Age UK Devon: Information and Advice
- Age UK Exeter: Information and Advice
- Age UK Plymouth: Our services
- Age UK Plymouth: Befriending (contact details)
- Age UK Torbay

Price
From £1,550 a week

Covers
All of Devon

CQC rating
Good

Assessment
Free, with no obligation

Live-in care near Devon

Live-in care in Oxfordshire | Live-in care in Buckinghamshire | Live-in care in Berkshire | Live-in care in Wiltshire and Swindon | Live-in care in Gloucestershire

Live-in care in Northamptonshire | Live-in care in Warwickshire | Live-in care in Hampshire

Live-in care in Bristol | Live-in care in Cornwall | Live-in care in London

Live-in care in Somerset | Live-in care in Surrey | Anywhere in England

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/devon/**
Local information checked 31 October 2026. This PDF was made on 1 November 2026.
Information, not advice: please check anything important with the organisation named.