LIVE-IN CARE · TOTNES, DEVON

Live-in care in Totnes

Fully managed live-in care in Totnes and the villages around it, arranged by our care team after a free assessment, with who to call at Devon County Council, how the Totnes minor injuries unit takes bookings and where the A&E is, and local help with carers, memory, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Totnes, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Totnes

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

How we arrange live-in care in Totnes

Day and Nightcare provides fully managed live-in care in Totnes and the villages around it, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Devon County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Totnes

Adult social care in Totnes is run by **Devon County Council**. Call Adult Social Care on **0345 155 1007** (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the **Care Direct Plus Southern** team, or start with its online self-help tool. A social care team is based at Totnes Community Hospital.

With savings above £23,250 your relative pays the full cost of council-arranged care; for care at home, the home is not counted. Client Financial Services answers charging questions on 01392 384391 (9am to 1pm on weekdays). After a hospital stay, ask about free Social Care Reablement, usually for one to four weeks, and the council's Rapid Support Service for people leaving hospital. See council funding for care.

Family carers can book a carer's assessment through the Caring in Devon Helpline, 03456 434 435 (Monday to Friday, 8am to 5pm).

South Hams District Council collects council tax. A carer who lives with the person and gives at least 35 hours of care a week may not be counted, where the person cared for gets a qualifying benefit and is not their partner. A severe mental impairment, confirmed by a doctor or other health professional, can bring a discount, or an exemption for someone living alone. See council tax discounts for care.

Urgent care and leaving hospital in Totnes

- **Minor injuries:** Totnes Minor Injuries Unit, Totnes Community Hospital, Coronation Road: book a same-day appointment on 01803 862622, option 1 (8am to 5pm every day); walk-ins are seen after booked patients. It is not an A&E.
- **Urgent treatment centre:** for longer hours, Newton Abbot's is open 8am to 8pm every day; book on 01626 324631.
- **A&E:** the Emergency Department at Torbay Hospital, Lowes Bridge, Torquay (01803 654003).

At Torbay Hospital, planning for home starts as soon as someone is admitted. A discharge coordinator talks through the options, funding and practicalities, and a social worker or community care worker may help with the plan. Totnes Community Hospital has a 16-bed inpatient ward and intermediate care.

For NHS Continuing Healthcare, Totnes is covered by the Torbay and South Devon Continuing Healthcare Team, run for NHS Devon by Torbay and South Devon NHS Foundation Trust (Sherborne House, Newton Abbot; 01626 357820). Families cannot apply directly: ask a district nurse, community nurse or social worker to consider the checklist.

Local help in Totnes

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** The Caring in Devon Helpline (03456 434 435) books carer's assessments. Totnes Caring's group for carers of people living with dementia meets over lunch on the last Wednesday of the month, noon to 1.45pm, at the Quayside Bistro.
- **Totnes Caring.** The charity (01803 865684, Follaton House) runs a Monday lunch club at the Quayside Bistro, shopping delivery and home help, and door-to-door volunteer transport to health appointments for older people who find other transport hard to use, for a suggested donation from £8 within Totnes to £33 for Derriford and £36 for the Royal Devon and Exeter; give at least 48 hours' notice.
- **Memory worries.** Totnes Memory Cafe meets every Thursday afternoon at the Totnes Boating Association Club House, and Totnes Caring's Lunch and Laughs club meets on Wednesdays. See dementia care at home.
- **Getting about.** Newton Abbot Community Transport Association's Ring and Ride also serves Totnes (01626 335775, weekdays 9am to 5pm).

- **Hospice care.** Rowcroft Hospice (01803 210800) is free for people registered with Catherine House or Leatside surgeries. See end-of-life care at home.
- **Your voice.** Healthwatch in Devon, Plymouth and Torbay: freephone 0800 520 0640 (Monday to Thursday, 10am to 4pm).

What may change soon

On 29 October 2026 the Government withdrew its earlier decision on reorganising councils in Devon, Plymouth and Torbay and will decide again by early 2027. Until then, Devon County Council arranges adult social care and South Hams District Council collects council tax.

USEFUL LOCAL CONTACTS

Useful contacts in Totnes

The council, NHS teams, hospitals and local services you are most likely to need in Totnes, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Totnes is arranged by Devon County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Devon County Council:** ask for a care needs assessment (telephone 0345 155 1007); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Totnes it is arranged by NHS Devon (NHS Devon Integrated Care Board) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Totnes

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Torbay Hospital: Emergency Department (A&E), Lowes Bridge, Torquay TQ2 7AA; ED 01803 654003 (leaving hospital information)
- Totnes Community Hospital: Coronation Road TQ9 5GH; 16-bed inpatient ward, intermediate care, social care team and outpatient clinics; 01803 862622
- Totnes Minor Injuries Unit: Minor injuries unit, not an A&E: same-day appointments on 01803 862622, option 1; 8am to 5pm every day including bank holidays (closed Christmas Day and Boxing Day); walk-ins seen but appointments prioritised; X-ray Monday 9am to 5pm, Tuesday and Wednesday 9am to 1pm
- Newton Abbot Urgent Treatment Centre: Urgent treatment centre, not an A&E: book a same-day appointment on 01626 324631 (walk-ins wait longer); 8am to 8pm every day including bank holidays; X-ray 9am to 5pm

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Local support and charities

- Caring in Devon Helpline (Devon County Council): Carers' support (03456 434 435)
- Totnes Caring: Community support (01803 865684)
- Totnes Memory Cafe: Dementia support (01803 865684)
- Devon Dementia Assessment Service: Torbay, South and West Devon clinic: Dementia support (01803 396 520)
- Newton Abbot Community Transport Association (Ring and Ride): Community transport (01626 335775)
- Rowcroft Hospice: Hospice (01803 210800)
- Healthwatch in Devon, Plymouth and Torbay: Healthwatch: your independent voice on health and care (0800 520 0640)

Council tax

Council tax in Totnes, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by South Hams District Council. See council tax discounts for care.

Villages around Totnes

Bridgetown · Dartington · Berry Pomeroy · Harberton · Ashprington · Tuckenhay · Staverton · Littlehempston · Stoke Gabriel · Landscove · Halwell · Follaton

YOUR QUESTIONS

Questions about live-in care in Totnes

Who do I call in Totnes to ask for a care assessment?

Devon County Council runs adult social care in Totnes, not South Hams District Council or Torbay Council. Call Adult Social Care on 0345 155 1007 (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the Care Direct Plus Southern team, which covers Totnes. You can also start with the council's online self-help tool. For an emergency out of hours that cannot wait until the next day, call 0345 600 0388 and choose option 1.

Can I just walk into the Totnes Minor Injuries Unit?

You can, but appointments come first. Totnes Minor Injuries Unit, at Totnes Community Hospital on Coronation Road, asks people to book a same-day appointment on 01803 862622, option 1. It is open 8am to 5pm every day, including bank holidays, but closed on Christmas Day and Boxing Day. If it is full, walk-in patients may be redirected or called back later. X-ray runs on Mondays 9am to 5pm and on Tuesdays and Wednesdays 9am to 1pm. It is not an A&E.

Is there help in Totnes for someone living with dementia and their family?

Yes. Totnes Memory Cafe meets every Thursday, 2pm to 4pm, at the Totnes Boating Association Club House on Steamer Quay Road. Totnes Caring (01803 865684) gives dementia information and advice, runs Lunch and Laughs on Wednesdays for people with memory loss, and holds a monthly lunchtime group for carers of people living with dementia. For a diagnosis, the GP refers to the Devon Dementia Assessment Service clinic in Torquay (01803 396 520).

Which hospice serves Totnes?

Rowcroft Hospice in Torquay cares for adults with a life-limiting illness across South Devon, free of charge. To be eligible in Totnes you need to be registered with Catherine House Surgery or Leatside Surgery. Referrals come from GPs, consultants, district nurses and other professionals; families are welcome to ask about a referral, and the hospice checks with the person's healthcare team first. Call Rowcroft on 01803 210800.

How much does live-in care cost in Totnes?

Live-in care with Day and Nightcare costs from £1,550 a week in Totnes, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Totnes?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Totnes is arranged by Devon County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Torbay Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Devon County Council: Contacting Devon Adult Social Care
- Devon County Council: Care and support needs assessments
- Devon County Council: Social Care Reablement Service
- Devon County Council: FAQs, paying for community care
- Devon County Council: Carer's assessments
- Devon County Council: New report highlights Devon's strengths in adult social care
- South Hams District Council: Carers
- South Hams District Council: Severely Mentally Impaired (SMI)
- South Hams District Council: Disabled residents
- Torbay and South Devon NHS Foundation Trust: Totnes Community Hospital
- Torbay and South Devon NHS Foundation Trust: Minor Injuries Units and Urgent Treatment Centre
- Torbay and South Devon NHS Foundation Trust: Emergency Department (A&E)
- Torbay and South Devon NHS Foundation Trust: Care in our hospital for older people

- Torbay and South Devon NHS Foundation Trust: Continuing Healthcare
- NHS Devon: Contact the Continuing Healthcare teams (adults)
- NHS Devon: How to apply for CHC funding
- Devon Partnership NHS Trust: Devon Dementia Assessment Service
- Totnes Caring
- Totnes Caring: Lunch clubs and carers groups
- Totnes Caring: Transport
- Totnes Caring: Dementia support
- Totnes Caring: Older people services
- Devon Memory Cafe Consortium: Totnes Memory Cafe
- Travel Devon: Newton Abbot Ring and Ride (including Totnes and Dartmouth)
- Rowcroft Hospice: Referrals, how to access our services
- Rowcroft Hospice: About us
- Healthwatch in Devon, Plymouth and Torbay: Devon
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)

Price
From £1,550 a week

Covers
Totnes and nearby villages

CQC rating
Good

Assessment
Free, with no obligation

Live-in care elsewhere in Devon

All of Devon | Plymouth | Exeter | Torquay | Paignton | Barnstaple | Exmouth | Newton Abbot | Tiverton | Brixham | Teignmouth | Dawlish | Sidmouth | Honiton | Bideford | Ilfracombe | Okehampton | Tavistock | Kingsbridge

Ivybridge

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/devon/totnes/**
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Information, not advice: please check anything important with the organisation named.