LIVE-IN CARE · TEIGNMOUTH, DEVON

# Live-in care in Teignmouth

Fully managed live-in care in Teignmouth, Shaldon and the villages around them, arranged by our care team after a free assessment, with who to call at Devon County Council, where to go for minor injuries and A&E, and local help with carers, memory, transport and hospice care.

**From £1,550 a week**

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Teignmouth, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

## Our live-in care in Teignmouth

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

## How we arrange live-in care in Teignmouth

Day and Nightcare provides fully managed live-in care in Teignmouth, Shaldon and the villages around them, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Devon County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

## Arranging care and funding in Teignmouth

Adult social care in Teignmouth is run by **Devon County Council**. Call **0345 155 1007** (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the Care Direct Plus Southern team, or start with the council's online self-help tool.

After a hospital stay or illness, ask about the council's free **Social Care Reablement Service**, typically for one to four weeks. See our reablement guide.

Devon's upper capital limit is £23,250: above it, your relative pays the full cost of council-arranged care. For care at home, the house they live in is not counted. Charging questions go to Client Financial Services on 01392 384391 (weekdays 9am to 1pm). See council funding for care.

Family carers can book a carer's assessment through the Caring in Devon Helpline on 03456 434 435 (weekdays 8am to 5pm), by phone or in person; the person you care for does not need to have services.

**Teignbridge District Council** collects council tax (01626 361101). Three reductions help:

- a carer who lives with someone and gives at least 35 hours of care a week is not counted, if the carer is not their partner and the person cared for receives a benefit such as Attendance Allowance
- someone who is severely mentally impaired is not counted; the form includes a medical certificate signed by their doctor, which Teignbridge says costs nothing
- a Disabled Band Reduction bills an adapted home one band lower

None is automatic. See council tax discounts for care.

## Urgent care and leaving hospital in Teignmouth

- **Minor injuries:** Teignmouth has no minor injuries unit, and Dawlish's is closed. Book a same-day appointment at Newton Abbot Urgent Treatment Centre (01626 324631, 8am to 8pm daily; walk-ins wait longer). It is not an A&E.
- **A&E:** the Emergency Department at Torbay Hospital in Torquay (01803 654003).

At Torbay Hospital, planning for home starts at admission, and a discharge coordinator talks through options, funding and practicalities. Intermediate care, rapid response and reablement teams can help at first, and some people move to a community hospital to build up their strength.

**Teignmouth Community Hospital** on Mill Lane runs outpatient clinics and day surgery (reception weekdays 8.30am to 5pm, 01626 772161).

If health needs are the main issue, ask about NHS Continuing Healthcare. For Teignmouth it is run by the Torbay and South Devon team at Sherborne House, Newton Abbot (01626 357820), usually starting with the Checklist, completed by a nurse or social worker.

## Local help in Teignmouth

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** The Caring in Devon Helpline (03456 434 435) gives advice and books carer's assessments.
- **Help at home.** Volunteering in Health (01626 771695), based at Teignmouth Hospital, offers transport to medical appointments, practical help and support after a hospital stay.
- **Memory worries.** The GP refers to the dementia assessment clinic at Lowes Bridge, Torquay (01803 396 520). The Teignmouth and Shaldon Memory Cafe meets every Thursday morning at the Alice Cross Centre. See dementia care at home.
- **Getting about.** Dawlish Community Transport (01626 888890, office weekdays 9am to 3pm) runs a weekday door-to-door Ring and Ride for parishes including Teignmouth, Shaldon and Bishopsteignton (the Thursday trip into Teignmouth costs £6.50), and a volunteer Community Car Scheme for GP and hospital appointments; book in advance.

- **Hospice care.** Rowcroft Hospice (01803 210800) cares for adults with a life-limiting illness free of charge, including patients of Channel View Medical Practice and Teign Estuary Medical Group; a professional refers. See end-of-life care at home.
- **Your voice.** Healthwatch in Devon, Plymouth and Torbay: freephone 0800 520 0640 (Monday to Thursday, 10am to 4pm).

## What may change soon

On 29 October 2026 the Government withdrew its earlier decision on reorganising councils in Devon, Plymouth and Torbay and will decide again by early 2027. Until then, Devon County Council arranges adult social care and Teignbridge District Council collects council tax.

USEFUL LOCAL CONTACTS

## Useful contacts in Teignmouth

The council, NHS teams, hospitals and local services you are most likely to need in Teignmouth, with links to their official pages. Open any heading for the details.

### Council and care assessments

Adult social care in Teignmouth is arranged by Devon County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Devon County Council:** ask for a care needs assessment (telephone 0345 155 1007); carer's assessment.

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### NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Teignmouth it is arranged by NHS Devon (NHS Devon Integrated Care Board) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

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### Hospitals near Teignmouth

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Torbay Hospital: Nearest Emergency Department (A&E), Lowes Bridge, Torquay TQ2 7AA; ED 01803 654003 (leaving hospital information)
- Teignmouth Community Hospital: Mill Lane TQ14 9BQ; outpatient clinics and day surgery; no inpatient ward or minor injuries unit listed; reception 01626 772161, Monday to Friday 8.30am to 5pm
- Newton Abbot Urgent Treatment Centre: Urgent treatment centre, not an A&E: book a same-day appointment on 01626 324631 (walk-ins wait longer); 8am to 8pm every day, including bank holidays; X-ray 9am to 5pm

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### Local support and charities

- Caring in Devon Helpline: Carers' support (03456 434 435)
- Volunteering in Health: Community support (01626 771695)
- Devon Dementia Assessment Service: Torbay, South and West Devon clinic: Dementia support (01803 396 520)
- Teignmouth and Shaldon Memory Cafe (Devon Memory Cafe Consortium): Dementia support
- Dawlish Community Transport (East Teignbridge Community Transport Association): Community transport (01626 888890)
- Rowcroft Hospice: Hospice (01803 210800)
- Healthwatch in Devon, Plymouth and Torbay: Healthwatch: your independent voice on health and care (0800 520 0640)

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### Council tax

Council tax in Teignmouth, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Teignbridge District Council. See council tax discounts for care.

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### Villages around Teignmouth

Shaldon | Ringmore | Bishopsteignton | Holcombe | Stokeinteignhead | Combeinteignhead | Ideford

YOUR QUESTIONS

## Questions about live-in care in Teignmouth

**Who do I call in Teignmouth to ask for a care assessment?**

Call Devon County Council's Adult Social Care on 0345 155 1007 (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the Care Direct Plus Southern team, which covers Teignmouth. You can also start with the council's online self-help tool, which may lead to an online self-assessment; staff will help if you need it. If your relative already has a named worker, call 01392 383000. For an emergency out of hours, call 0345 600 0388, option 1. Teignbridge District Council collects council tax but does not arrange care.

**Where do people in Teignmouth go for A&E and minor injuries?**

The nearest Emergency Department (A&E) is at Torbay Hospital, Lowes Bridge, Torquay (01803 654003). Teignmouth Community Hospital on Mill Lane runs outpatient clinics and day surgery but lists no minor injuries unit, and the unit at Dawlish Community Hospital is closed because of staff shortages. For a minor injury, book a same-day appointment at Newton Abbot Urgent Treatment Centre on 01626 324631 (8am to 8pm every day, including bank holidays). If you are unsure, call 111.

**Is there local help for someone coming home from hospital in Teignmouth?**

Yes. Volunteering in Health, a charity based at Teignmouth Hospital, supports people in Teignmouth, Dawlish and Chudleigh. It helps with transport to medical appointments, practical help around the house and coming home from hospital, and offers one-to-one home visits for people with dementia or life-limiting conditions and their carers. Call 01626 771695. Devon County Council can also provide free short-term reablement, typically for one to four weeks (0345 155 1007).

### Where can families find dementia support in Teignmouth?

Start with the GP, who can refer to the Devon Dementia Assessment Service; its clinic for Torbay, South and West Devon is at Lowes Bridge, Torquay (01803 396 520). Allow up to three hours and bring a relative or close friend. In town, the Teignmouth and Shaldon Memory Cafe meets every Thursday from 10am to noon at the Alice Cross Centre on Bitton Park Road. Volunteering in Health (01626 771695) also visits people with dementia and their carers at home.

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### How much does live-in care cost in Teignmouth?

Live-in care with Day and Nightcare costs from £1,550 a week in Teignmouth, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

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### Can the council help pay for live-in care in Teignmouth?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Teignmouth is arranged by Devon County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

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### Can live-in care start when someone leaves Torbay Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

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## Sources and further information

- Devon County Council: Contacting Devon Adult Social Care
- Devon County Council: Care and support needs assessments
- Devon County Council: Social Care Reablement Service
- Devon County Council: FAQs, paying for community care
- Devon County Council: Carer's assessments
- Devon County Council: New arrangements for carers' services

- Teignbridge District Council: Who isn't counted
- Teignbridge District Council: Disabled Band Reduction
- Torbay and South Devon NHS Foundation Trust: Teignmouth Community Hospital
- Torbay and South Devon NHS Foundation Trust: Emergency Department (A&E)
- Torbay and South Devon NHS Foundation Trust: Minor Injuries Units and Urgent Treatment Centre
- Torbay and South Devon NHS Foundation Trust: Care in our hospital for older people
- Torbay and South Devon NHS Foundation Trust: Continuing Healthcare
- NHS Devon: Contact the Continuing Healthcare teams (adults)
- Devon Partnership NHS Trust: Devon Dementia Assessment Service
- Volunteering in Health
- Channel View Medical Group: Volunteering in Health
- Devon Memory Cafe Consortium: Teignmouth and Shaldon Memory Cafe
- Dawlish Community Transport
- Travel Devon: East Teignbridge Ring and Ride
- Rowcroft Hospice: Referrals, how to access our services
- Rowcroft Hospice: About us
- Healthwatch in Devon, Plymouth and Torbay: Devon
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)

**Price**
From £1,550 a week

**Covers**
Teignmouth and nearby villages

**CQC rating**
Good

**Assessment**
Free, with no obligation

## Live-in care elsewhere in Devon

All of Devon | Plymouth | Exeter | Torquay | Paignton | Barnstaple | Exmouth | Newton Abbot | Tiverton | Brixham | Dawlish | Sidmouth | Honiton | Bideford

Ilfracombe | Okehampton | Tavistock | Totnes | Kingsbridge | Ivybridge

**Talk to our care team: 01865 715780**
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/devon/teignmouth/**
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Information, not advice: please check anything important with the organisation named.