LIVE-IN CARE · TAVISTOCK, DEVON

Live-in care in Tavistock

Fully managed live-in care in Tavistock and the villages around it, arranged by our care team after a free assessment, with who to call at Devon County Council, the minor injury unit at Tavistock Hospital and the A&E at Derriford, and local help with carers, memory, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Tavistock, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Tavistock

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

How we arrange live-in care in Tavistock

Day and Nightcare provides fully managed live-in care in Tavistock and the villages around it, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Devon County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Tavistock

Adult social care in Tavistock is run by **Devon County Council**. Call Adult Social Care on **0345 155 1007** (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the **Care Direct Plus Southern** team, or start with its online self-help tool.

With savings above £23,250 your relative pays the full cost of council-arranged care, and savings below £14,250 are ignored; for care at home, the home is not counted. Charging questions go to Client Financial Services on 01392 384391 (9am to 1pm on weekdays). See council funding for care.

After a hospital stay, ask about free Social Care Reablement, usually for one to four weeks; the council's Rapid Support Service, launched in July 2025, gives short-term reablement to people leaving hospital.

Family carers can book a carer's assessment through the Caring in Devon Helpline, 03456 434 435 (Monday to Friday, 8am to 5pm).

West Devon Borough Council collects council tax. A carer who lives with someone and gives at least 35 hours of care a week may not be counted, if the person cared for gets a benefit such as Attendance Allowance and is not their partner. A severe mental impairment must be confirmed by a doctor or other health professional; someone in that position living alone pays nothing. A disabled resident who needs a room, an extra bathroom or kitchen, or space for a wheelchair indoors can have the bill moved down a band. See council tax discounts for care.

Urgent care and leaving hospital in Tavistock

- **Minor injuries:** the Minor Injury Unit at Tavistock Hospital, Spring Hill (01822 612233), walk in, 8.30am to 5.30pm every day, all ages; X-ray usually on weekdays only. It is not an A&E.
- **Urgent treatment centre:** Derriford's, in the Dartmoor Building, Plymouth, is open 8am to 8pm every day without an appointment, with X-ray (01752 438320).
- **A&E:** the Emergency Department at Derriford Hospital, Plymouth.

Derriford's Discharge Lounge, on level 3 of the Terence Lewis building, behind the Maternity entrance, is open 7.30am to 8pm every day, with a small car park (D) for relatives collecting (01752 438041).

For NHS Continuing Healthcare, NHS Devon works through three local hubs. Families cannot apply directly, so ask a district nurse, community nurse or social worker to consider the checklist; they send it to the right hub.

Local help in Tavistock

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** The Caring in Devon Helpline (03456 434 435) books carer's assessments and gives advice.
- **Tavistock Area Support Services.** TASS (01822 616958) at the Anchorage Centre, Chapel Street, next to the bus station, runs a volunteer car service to health and hospital appointments, groups and clubs, a Parkinson's support group (last Tuesday of the month, 10.30am to noon), a lunch club at the centre on set dates (1pm to 3pm; ask TASS for the dates) and a community café in the Pannier Market.
- **Memory worries.** The GP refers to the Devon Dementia Assessment Service; its Torbay, South and West Devon clinic is on 01803 396 520, and a dementia support worker usually follows up within four weeks of a diagnosis. Tavistock Memory Cafe meets twice a month at the Anchorage Centre. See dementia care at home.
- **Getting about.** Tavistock and District Ring and Ride brings people in from the surrounding parishes; call 07939 093232 (office weekdays 9.30am to 1.30pm) for the timetable.
- **Hospice care.** St Luke's Hospice Plymouth covers Tavistock and the Moors, free of charge (01752 401172; St Luke's at home 01752 964200). Its urgent care team is available from 8am to 10pm, seven days a week; referral is through the GP, district nurse or another health professional. See end-of-life care at home.

- **Your voice.** Healthwatch in Devon, Plymouth and Torbay: freephone 0800 520 0640 (Monday to Thursday, 10am to 4pm).

What may change soon

On 29 October 2026 the Government withdrew its earlier decision on reorganising councils in Devon, Plymouth and Torbay and will decide again by early 2027. Until then, Devon County Council arranges adult social care and West Devon Borough Council collects council tax.

USEFUL LOCAL CONTACTS

Useful contacts in Tavistock

The council, NHS teams, hospitals and local services you are most likely to need in Tavistock, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Tavistock is arranged by Devon County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Devon County Council:** ask for a care needs assessment (telephone 0345 155 1007); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Tavistock it is arranged by NHS Devon (NHS Devon Integrated Care Board) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Tavistock

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Derriford Hospital: Emergency Department (A&E), Plymouth; Discharge Lounge level 3, Terence Lewis building, every day 7.30am to 8pm (leaving hospital information)
- Tavistock Hospital Minor Injury Unit: Spring Hill PL19 8LD; minor injury unit, not an A&E: walk in, 8.30am to 5.30pm every day, all ages; X-ray usually 9am to 5pm Monday to Friday, none at weekends or bank holidays; 01822 612233
- Urgent Treatment Centre, Dartmoor Building (Derriford): Urgent treatment centre, not an A&E: walk in, 8am to 8pm every day, all ages, X-ray 8am to 8pm; 01752 438320

Local support and charities

- Caring in Devon Helpline (Devon County Council): Carers' support (03456 434 435)
- Tavistock Area Support Services (TASS): Community support (01822 616958)
- Tavistock Memory Cafe (Devon Memory Cafe Consortium): Dementia support
- Devon Dementia Assessment Service: Torbay, South and West Devon clinic: Dementia support (01803 396 520)
- Tavistock and District Ring and Ride: Community transport (07939 093232)
- St Luke's Hospice Plymouth: Hospice (01752 401172)
- Healthwatch in Devon, Plymouth and Torbay: Healthwatch: your independent voice on health and care (0800 520 0640)

Council tax

Council tax in Tavistock, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by West Devon Borough Council. See council tax discounts for care.

Villages around Tavistock

Whitchurch | Gulworthy | Lamerton | Milton Abbot | Mary Tavy | Peter Tavy | Horrabridge | Yelverton | Buckland Monachorum | Bere Alston | Brentor | Sydenham Damerel

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YOUR QUESTIONS

Questions about live-in care in Tavistock

Who do I call in Tavistock to ask for a care assessment?

Devon County Council, not Plymouth City Council, runs adult social care in Tavistock, even though most hospital care comes from Plymouth. Call Adult Social Care on 0345 155 1007 (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the Care Direct Plus Southern team, which covers Tavistock. You can also start with the council's online self-help tool. For an emergency out of hours that cannot wait until the next day, call 0345 600 0388 and choose option 1.

Is the minor injury unit at Tavistock Hospital open every day?

Yes. The Minor Injury Unit at Tavistock Hospital, Spring Hill, is open 8.30am to 5.30pm, seven days a week, and you can walk in without an appointment. Nurse practitioners assess and treat people of all ages. X-ray is usually available 9am to 5pm on weekdays only, not at weekends or on bank holidays. Call 01822 612233. It is not an A&E: for anything life-threatening, call 999; the nearest emergency department is at Derriford Hospital in Plymouth.

Who helps older people get to hospital appointments from Tavistock?

Tavistock Area Support Services (TASS) runs a volunteer car service to health and hospital appointments. You pay the driver in cash at the end of the journey: an £8 admin fee, 45p a mile for the driver's miles to and from your home, and 55p a mile for the journey with you. The driver waits up to two hours; longer appointments are charged as a double journey. Call TASS on 01822 616958 (weekdays, 9.30am to 2pm). TASS also has a wheelchair-adapted car for hire, and hires out wheelchairs (£12 for 24 hours) and electric mobility scooters (£20 for 24 hours), each with a refundable deposit.

Is there a memory café in Tavistock?

Yes. Tavistock Memory Cafe meets on the second and fourth Saturdays of the month, with sessions from 11am to 12.30pm and 2pm to 3.30pm, at the TASS Anchorage Centre on Chapel Street. It is free, welcomes people living with dementia and their carers, family and friends, and offers activities, peer support and speakers. Places need booking in advance; contact details are on the Devon Memory Cafe Consortium listing. For a diagnosis, start with the GP.

How much does live-in care cost in Tavistock?

Live-in care with Day and Nightcare costs from £1,550 a week in Tavistock, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Tavistock?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Tavistock is arranged by Devon County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Derriford Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Devon County Council: Contacting Devon Adult Social Care
- Devon County Council: Care and support needs assessments
- Devon County Council: Social Care Reablement Service
- Devon County Council: FAQs, paying for community care
- Devon County Council: Carer's assessments
- Devon County Council: New report highlights Devon's strengths in adult social care
- West Devon Borough Council: Carers
- West Devon Borough Council: Severely Mentally Impaired (SMI)
- West Devon Borough Council: Disabled residents
- University Hospitals Plymouth: Minor Injury Unit, Tavistock
- University Hospitals Plymouth: Emergency Department
- University Hospitals Plymouth: Discharge Lounge
- University Hospitals Plymouth: Urgent Treatment Centre, Dartmoor Building (Derriford)

- NHS Devon: Contact the Continuing Healthcare teams (adults)
- NHS Devon: How to apply for CHC funding
- Devon Partnership NHS Trust: Devon Dementia Assessment Service
- Tavistock Area Support Services (TASS)
- TASS: Transport
- TASS: Charges
- TASS: Activities
- Devon Memory Cafe Consortium: Tavistock Memory Cafe
- Travel Devon: Tavistock and District Ring and Ride
- St Luke's Hospice Plymouth: Contact us
- St Luke's Hospice Plymouth: Frequently asked questions
- Healthwatch in Devon, Plymouth and Torbay: Devon
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)
- TASS: Lunch Club details

Price
From £1,550 a week

Covers
Tavistock and nearby villages

CQC rating
Good

Assessment
Free, with no obligation

Live-in care elsewhere in Devon

All of Devon | Plymouth | Exeter | Torquay | Paignton | Barnstaple | Exmouth | Newton Abbot | Tiverton | Brixham | Teignmouth | Dawlish | Sidmouth | Honiton | Bideford | Ilfracombe | Okehampton | Totnes | Kingsbridge | Ivybridge

Talk to our care team: 01865 715780

enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272

Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA

CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/devon/tavistock/**

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Information, not advice: please check anything important with the organisation named.