LIVE-IN CARE · SIDMOUTH, DEVON

Live-in care in Sidmouth

Fully managed live-in care in Sidmouth and the Sid Valley, arranged by our care team after a free assessment, with who to call at Devon County Council, where to go with a minor injury and the nearest A&E, and local help with lunches, transport, befriending, memory and hospice care at home.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Sidmouth, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Sidmouth

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

How we arrange live-in care in Sidmouth

Day and Nightcare provides fully managed live-in care in Sidmouth and the Sid Valley villages, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Devon County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Sidmouth

Adult social care in Sidmouth is run by **Devon County Council**. Call **0345 155 1007** (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the Care Direct Plus Eastern team, or start with the council's online self-help tool.

After a hospital stay or illness, ask about the council's free **Social Care Reablement Service**, typically for one to four weeks (see reablement). Above £23,250 in capital your relative pays the full cost of council-arranged care, but for care at home the house they live in is not counted; charging questions go to 01392 384391 (weekdays 9am to 1pm). See council funding for care.

Family carers can book a carer's assessment through the Caring in Devon Helpline on 03456 434 435 (weekdays 8am to 5pm), by phone or in person.

East Devon District Council collects council tax. Reductions worth asking about:

- someone who is **severely mentally impaired**, with a signed medical certificate and a qualifying benefit such as Attendance Allowance, is not counted; if everyone in the home qualifies, it may be exempt
- the carers' discount, 25% off, when a live-in carer (not a partner) gives at least 35 hours of care a week
- an adapted home can be charged one band lower; Band A homes get one ninth off

Report changes within 21 days. See council tax discounts for care.

Urgent care and leaving hospital in Sidmouth

- **Minor injuries:** Sid Valley Practice's Minor Injury Unit, Monday to Friday, 8am to 6pm, for injuries from the last 48 hours. Royal Devon's walk-in unit at Honiton Hospital is open 8am to 8pm every day. Neither is an A&E; if you are unsure, call 111 first.
- **A&E:** the nearest Emergency Department is at the Royal Devon and Exeter Hospital (Wonford).

Royal Devon starts planning for home straight away and tries to have people home, or in the discharge lounge, before lunchtime. The lounge, near the main entrance, is open 7.30am to 8pm on weekdays and 10am to 6pm at weekends and bank holidays; its team contacts family and orders transport.

Sidmouth Hospital on Allsaints Road (01395 512482) runs outpatient clinics and is a base for a community team of therapists, nurses, urgent responders and social workers.

If health needs are the main issue, ask about NHS Continuing Healthcare. NHS Devon's East and North Devon team covers Sidmouth: d-icb.chc@nhs.net (preferred) or 01392 675 414. Families cannot apply directly, so ask a district nurse or social worker to consider a Checklist.

Local help in Sidmouth

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** The Caring in Devon Helpline (03456 434 435) gives advice and books carer's assessments.
- **Lunch, meals and lifts.** Sidmouth Voluntary Services at Twyford House (01395 515063, weekdays 9am to 2pm) runs a lunch club, meal deliveries, a minibus and volunteer drivers for medical appointments.
- **Befriending.** Sid Valley Help (01395 892 011; leave a message, as there is no office, or email, which it prefers) arranges volunteer visits for lonely or isolated people, and weekly strength and balance classes for people who have fallen or may fall.
- **Memory worries.** The GP refers to the dementia assessment clinic at Wonford House, Exeter (01392 674 067). The Sid Valley Memory Cafe meets every Wednesday, 2pm to 3.45pm, at Twyford House. Age UK Exeter's dementia map also lists informal get-togethers for people with memory loss and their carers on Tuesdays from 10.30am at the Fort Cafe and on Fridays from 10.15am at the Anchor Inn (the Be Friends Carers Group). Sidmouth Hospital lists an Admiral Nurse among its services. See dementia care at home.

- **Hospice care.** Sidmouth Hospice at Home (01395 578707) and Hospiscare's East Devon nursing team (01392 688000). See end-of-life care at home.
- **Your voice.** Healthwatch in Devon, Plymouth and Torbay: freephone 0800 520 0640 (Monday to Thursday, 10am to 4pm).

What may change soon

On 29 October 2026 the Government withdrew its earlier decision on reorganising councils in Devon, Plymouth and Torbay and will decide again by early 2027. Until then, Devon County Council arranges adult social care and East Devon District Council collects council tax.

USEFUL LOCAL CONTACTS

Useful contacts in Sidmouth

The council, NHS teams, hospitals and local services you are most likely to need in Sidmouth, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Sidmouth is arranged by Devon County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Devon County Council:** ask for a care needs assessment (telephone 0345 155 1007); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Sidmouth it is arranged by NHS Devon (NHS Devon Integrated Care Board) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Sidmouth

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Royal Devon and Exeter Hospital (Wonford): Nearest Emergency Department (A&E), Barrack Road, Exeter EX2 5DW; switchboard 01392 411611 (24 hours); discharge lounge 7.30am to 8pm weekdays, 10am to 6pm weekends and bank holidays (leaving hospital information)
- Sidmouth Hospital (Victoria Hospital): Allsaints Road EX10 8EW; 01395 512482. Outpatient clinics and a community team of therapists, nurses, urgent responders and social workers; no A&E. Minor injuries: Sid Valley Practice runs a Minor Injury Unit (not the trust), Monday to Friday 8am to 6pm, for injuries from the last 48 hours; call 111 if unsure
- Honiton Hospital Minor Injuries Unit: Marlpits Lane, Honiton EX14 2DE; walk in (no appointment), 8am to 8pm every day, closed Christmas Day; 01404 540 540; not an A&E

Local support and charities

- Caring in Devon Helpline: Carers' support (03456 434 435)
- Sidmouth Voluntary Services (Twyford House): Community support (01395 515063)
- Sid Valley Help: Befriending (01395 892 011)
- Devon Dementia Assessment Service, Exeter, East and Mid Devon clinic: Dementia support (01392 674 067)
- Sid Valley Memory Cafe (Devon Memory Cafe Consortium): Dementia support
- Sidmouth Hospice at Home: Hospice (01395 578707)
- Hospiscare East Devon Specialist Nursing Team: Hospice (01392 688000)
- Healthwatch in Devon, Plymouth and Torbay: Healthwatch: your independent voice on health and care (0800 520 0640)

Council tax

Council tax in Sidmouth, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by East Devon District Council. See council tax discounts for care.

Villages around Sidmouth

Sidford · Sidbury · Salcombe Regis · Newton Poppleford · Tipton St John · Branscombe · Otterton

YOUR QUESTIONS

Questions about live-in care in Sidmouth

Who do I call in Sidmouth to ask for a care assessment?

Call Devon County Council's Adult Social Care on 0345 155 1007 (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the Care Direct Plus Eastern team, which covers Sidmouth. You can also start with the council's online self-help tool, which may lead to an online self-assessment; staff will help if you need it. If your relative already has a named worker, call 01392 383000. For an emergency out of hours, call 0345 600 0388, option 1. East Devon District Council collects council tax but does not arrange care.

Where can we go with a minor injury near Sidmouth?

Sid Valley Practice runs a Minor Injury Unit, Monday to Friday, 8am to 6pm, for injuries from the last 48 hours; it is run by the practice, not the hospital trust. If you are unsure, call 111 first. Royal Devon's walk-in Minor Injuries Unit at Honiton Hospital, Marlpits Lane, is open every day from 8am to 8pm (closed Christmas Day); the main number is 01404 540 540. Neither is an A&E: the nearest Emergency Department is at the Royal Devon and Exeter Hospital at Wonford. In a life-threatening emergency, call 999.

Is there help with lunches and transport in Sidmouth?

Yes. Sidmouth Voluntary Services, a charity at Twyford House on Coburg Road, serves older and disabled people in the Sid Valley. It runs a weekday three-course lunch club (order by 9.30am) with a door-to-door minibus for a small extra charge, delivers meals to the home, and has volunteer drivers who take people to medical appointments as far as Exeter. The main office is on 01395 515063 (weekdays 9am to 2pm); the transport office is on 01395 512221 (9am to noon).

What end-of-life support is there in Sidmouth?

Sidmouth Hospice at Home, a local charity, is there for anyone in the Sid Valley with a life-limiting illness, with care at home free of charge. It offers specialist palliative nursing, day care and 24/7 support, and its volunteers help with sitting, befriending, transport and bereavement support. Call 01395 578707, or the nurses' office on 01395 578706 for clinical matters. Hospiscare's East Devon specialist nursing team also visits people at home (01392 688000).

How much does live-in care cost in Sidmouth?

Live-in care with Day and Nightcare costs from £1,550 a week in Sidmouth, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Sidmouth?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Sidmouth is arranged by Devon County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Royal Devon and Exeter Hospital (Wonford)?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Devon County Council: Contacting Devon Adult Social Care
- Devon County Council: Care and support needs assessments
- Devon County Council: Social Care Reablement Service
- Devon County Council: FAQs, paying for community care
- Devon County Council: Carer's assessments
- East Devon District Council: Discounts for people who aren't counted (disregarded)
- East Devon District Council: Discount for adapted property for disabled people

- Royal Devon: Royal Devon and Exeter Hospital (Wonford)
- Royal Devon: Discharge hub and discharge lounge
- Royal Devon: Getting you home
- Royal Devon: Sidmouth Hospital
- Royal Devon: Honiton Hospital
- Royal Devon: Minor injuries units and walk-in centre
- Sid Valley Practice: Minor Injuries Unit
- NHS Devon: Contact the Continuing Healthcare teams (adults)
- NHS Devon: How to apply for CHC funding
- Devon Partnership NHS Trust: Devon Dementia Assessment Service
- Sidmouth Town Council directory: Sidmouth Voluntary Services
- Sidmouth Town Council directory: Sidmouth Voluntary Car and Minibus Service
- Sidmouth Voluntary Services
- Sid Valley Help
- Age UK Exeter: Dementia map, Sid Valley
- Devon Memory Cafe Consortium: Sid Valley Memory Cafe
- Sidmouth Hospice at Home
- Sidmouth Hospice at Home: Contact
- Hospiscare: Locations
- Healthwatch in Devon, Plymouth and Torbay: Devon
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)

Price
From £1,550 a week

Covers
Sidmouth and nearby villages

CQC rating
Good

Assessment
Free, with no obligation

Live-in care elsewhere in Devon

All of Devon · Plymouth · Exeter · Torquay · Paignton · Barnstaple · Exmouth · Newton Abbot · Tiverton · Brixham · Teignmouth · Dawlish · Honiton · Bideford · Ilfracombe · Okehampton · Tavistock · Totnes · Kingsbridge · Ivybridge

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/devon/sidmouth/**
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Information, not advice: please check anything important with the organisation named.