LIVE-IN CARE · PAIGNTON, DEVON

Live-in care in Paignton

Fully managed live-in care in Paignton, arranged by our care team after a free assessment, with who to call at Torbay Council, where the nearest A&E and minor injuries care are, and local help with carers, memory, equipment, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Paignton, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Paignton

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

How we arrange live-in care in Paignton

Day and Nightcare provides fully managed live-in care in Paignton, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Torbay Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Paignton

Torbay Council is responsible for adult social care and council tax in Paignton; Torbay and South Devon NHS Foundation Trust runs adult social care on its behalf. To ask for help, call **01803 219700**. Where needs are more complex, a full care needs assessment follows; it may look at short-term support to recover from an illness, or at equipment and technology. A trained financial assessor then looks at income and savings: with more than £23,250 your relative pays the full cost, and for care at home their own home is not counted. If they pay in full, the council can still arrange care. See paying for live-in care.

Carers can ask Signposts for Carers (01803 666620) for a carer's assessment, which Torbay calls a carer's health and wellbeing check. There is no financial assessment.

Torbay Council's council tax reductions:

- 25% off when a live-in carer gives at least 35 hours of care a week to someone (not their partner) who receives a qualifying benefit such as Attendance Allowance, or when someone is severely mentally impaired, if without them only one adult lives there
- the disabled person's band reduction, which moves the bill down a band where the home has, for example, an extra bathroom or room for a wheelchair indoors; the council visits before it decides

You must apply. See council tax discounts for care.

Urgent care and leaving hospital in Paignton

- **A&E:** the Emergency Department at Torbay Hospital, Torquay (01803 654003).

- **Minor injuries:** Paignton has no minor injuries unit. Book a same-day appointment at Newton Abbot Urgent Treatment Centre (01626 324631, 8am to 8pm every day; walk-ins wait longer) or Totnes Minor Injuries Unit (01803 862622, option 1, 8am to 5pm). Neither is an A&E.

At Torbay Hospital, planning for home starts on admission, and a discharge coordinator talks with you about options, funding and practicalities. Some people need a short spell of rehabilitation first, in a community hospital or a care home; the trust's community hospitals include Brixham, with a 20-bed inpatient ward.

If your relative's needs are mainly health needs, ask about NHS Continuing Healthcare. Torbay and South Devon's Continuing Healthcare team covers Paignton (01626 357820); appeals should be made within six months of the decision letter. Take our questions to ask before discharge to the ward.

Local help in Paignton

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** Paignton Carers' Centre, Room 17, Paignton Library, Great Western Road: weekdays 10am to 4pm; Signposts for Carers on 01803 666620.
- **Memory worries.** The GP can refer to the Devon Dementia Assessment Service clinic at Lowes Bridge, Torquay (01803 396 520); allow up to three hours and bring a relative or close friend. See dementia care at home.
- **Equipment.** Torbay's Community Equipment Service is reached through the Customer Service Centre (01803 219700); telecare such as pendant alarms may be provided after a Care Act assessment.
- **Company and small jobs.** The Torbay Community Helpline (01803 446022, weekdays 10am to 1pm and 3pm to 6pm) can link people with a befriender, a good neighbour or a handyperson.
- **Advice.** Age UK Torbay, 12 Dendy Road (01803 555181), gives free drop-in information and advice on weekdays, 9.15am to 1pm, including welfare benefits advice, and runs a paid home support service.
- **Getting to appointments.** Karing Voluntary Group in Preston (01803 524799) offers volunteer transport to medical appointments; its cars are not wheelchair accessible.

- **Hospice care.** Rowcroft Hospice (01803 210800) supports adults with a life-limiting illness, free of charge, if they are registered with Corner Place, Old Farm, Mayfield or Pembroke surgeries in Paignton (or another practice on its list); a professional refers, and families can ask about a referral.
- **Your voice.** Healthwatch in Devon, Plymouth and Torbay: freephone 0800 520 0640 (Monday to Thursday, 10am to 4pm).

What may change soon

- **Adult social care (confirmed).** On 1 April 2027 adult social care staff move from Torbay and South Devon NHS Foundation Trust to Torbay Council. Until then, call 01803 219700 as now.
- **Council reorganisation (under review).** The Government will decide again on reorganising councils in Devon, Plymouth and Torbay by early 2027.

USEFUL LOCAL CONTACTS

Useful contacts in Paignton

The council, NHS teams, hospitals and local services you are most likely to need in Paignton, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Paignton is arranged by Torbay Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Torbay Council:** ask for a care needs assessment (telephone 01803 219700); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Paignton it is arranged by NHS Devon (NHS Devon Integrated Care Board) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Paignton

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Torbay Hospital: Emergency Department (A&E) in Torquay, Lowes Bridge TQ2 7AA; ED 01803 654003 (leaving hospital information)
- Paignton Health and Wellbeing Centre: Paignton Hospital site, Church Street; outpatient and community clinics, Monday to Friday 8am to 5pm; 01803 547171; no minor injuries unit and no A&E
- Brixham Community Hospital: 20-bed inpatient ward; no minor injuries unit; 01803 881399 (8am to 4pm)
- Newton Abbot Urgent Treatment Centre: Urgent treatment centre, not an A&E: book a same-day appointment on 01626 324631 (walk-ins wait longer); 8am to 8pm every day, including bank holidays

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Local support and charities

- Paignton Carers' Centre (Signposts for Carers): Carers' support (01803 666620)
- Devon Dementia Assessment Service: Torbay, South and West Devon clinic: Dementia support (01803 396 520)
- Torbay Community Helpline: Befriending (01803 446022)
- Karing Voluntary Group: Community transport (01803 524799)
- Rowcroft Hospice: Hospice (01803 210800)
- Healthwatch in Devon, Plymouth and Torbay: Healthwatch: your independent voice on health and care (0800 520 0640)
- Age UK Torbay: Age UK (01803 555181)

Council tax

Council tax in Paignton, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Torbay Council. See council tax discounts for care.

Villages around Paignton

Preston · Roselands · Goodrington · Hookhills · Foxhole · Blagdon · Collaton St Mary

YOUR QUESTIONS

Questions about live-in care in Paignton

Who do I call in Paignton to ask for a care assessment?

Paignton is in the Torbay Council area, so call Torbay's adult social care advisers on 01803 219700 (non-urgent email: tsdft.customerservices@nhs.net). An adviser talks through what your relative can do and where they need help; where needs are more complex, the council carries out a full care needs assessment. A trained financial assessor then works out any contribution. Out of hours, in an emergency, call the Torbay Emergency Duty Service on 0300 456 4876.

Is there a hospital in Paignton?

Paignton Health and Wellbeing Centre, on the old Paignton Hospital site in Church Street, runs outpatient and community clinics from Monday to Friday, 8am to 5pm (01803 547171), including a Parkinson's specialist nurse, a continence clinic, audiology with hearing aid repairs, podiatry and physiotherapy. It is not an A&E or a minor injuries unit. The A&E is at Torbay Hospital in Torquay; for minor injuries, book a same-day slot at Newton Abbot Urgent Treatment Centre on 01626 324631.

Where can carers get support in Paignton?

Paignton Carers' Centre is in Room 17 at Paignton Library, Great Western Road, open Monday to Friday, 10am to 4pm; Signposts for Carers is on 01803 666620. It can arrange a carer's health and wellbeing check and register you with Torbay Carers, which brings a Carer Passport: free parking at local hospitals when you are supporting the person you care for, local discounts including a free MyBay card, and an emergency back-up plan.

Is there transport for older people in Paignton who cannot manage the bus?

Torbay Council's information service says no organisation offers free door-to-door transport in Torbay. Karing Voluntary Group, on Torquay Road in Preston, provides volunteer transport to medical appointments for older and disabled people (01803 524799); the cars are not wheelchair accessible and drivers cannot help people in and out. The NHS Hospital Car Service is based at Torbay Hospital (01803 656777). Free bus passes come from Torbay Council's Concessionary Fares team on 01803 207766.

How much does live-in care cost in Paignton?

Live-in care with Day and Nightcare costs from £1,550 a week in Paignton, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Paignton?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Paignton is arranged by Torbay Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Torbay Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Torbay Council: Contact adult social care
- Torbay Council: Assessments
- Torbay Council: Changes to Adult Social Care in Torbay
- Torbay Council: Paying for care at home
- Torbay Council: Equipment, living aids and alarms
- Torbay Council: Carer support

- Torbay Council: Have a Carer's check
- Torbay Council: Council tax reductions
- Torbay Council: Council tax, live in carers and care workers
- Torbay Council: Council tax, someone is severely mentally impaired
- Torbay Council: Disabled person's band reduction
- Torbay Council: Disability Information Service, transport services
- Torbay Council: Torbay Community Helpline
- Torbay and South Devon NHS Foundation Trust: Paignton Health and Wellbeing Centre
- Torbay and South Devon NHS Foundation Trust: Emergency Department (A&E)
- Torbay and South Devon NHS Foundation Trust: Minor Injuries Units and Urgent Treatment Centre
- Torbay and South Devon NHS Foundation Trust: Care in our hospital for older people
- Torbay and South Devon NHS Foundation Trust: Brixham Community Hospital
- Torbay and South Devon NHS Foundation Trust: Community equipment
- Torbay and South Devon NHS Foundation Trust: Continuing Healthcare
- Torbay and South Devon NHS Foundation Trust: Carers' centres
- NHS Devon: Contact the Continuing Healthcare teams (adults)
- Devon Partnership NHS Trust: Devon Dementia Assessment Service
- Rowcroft Hospice: Referrals, how to access our services
- Rowcroft Hospice: About us
- Age UK Torbay
- Age UK Torbay: Contact us
- Healthwatch in Devon, Plymouth and Torbay: Torbay
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)

Price

From £1,550 a week

Covers

Paignton and nearby villages

CQC rating

Good

Assessment

Free, with no obligation

Live-in care elsewhere in Devon

All of Devon · Plymouth · Exeter · Torquay · Barnstaple · Exmouth · Newton Abbot · Tiverton · Brixham · Teignmouth · Dawlish · Sidmouth · Honiton · Bideford · Ilfracombe · Okehampton · Tavistock · Totnes · Kingsbridge · Ivybridge

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/devon/paignton/**
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Information, not advice: please check anything important with the organisation named.