LIVE-IN CARE · OKEHAMPTON, DEVON

# Live-in care in Okehampton

Fully managed live-in care in Okehampton and the villages around it, arranged by our care team after a free assessment, with who to call at Devon County Council, where minor injuries are seen and the nearest A&E, and local help with carers, memory, transport and hospice care.

**From £1,550 a week**

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Okehampton, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

## Our live-in care in Okehampton

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

## How we arrange live-in care in Okehampton

Day and Nightcare provides fully managed live-in care in Okehampton and the villages around it, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Devon County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

## Arranging care and funding in Okehampton

Devon County Council runs adult social care here, and lists Okehampton under its **Care Direct Plus Eastern** team. Call **0345 155 1007** (Monday to Thursday 9am to 5pm, Friday 9am to 4pm), or start with the online self-help tool.

With savings above £23,250 your relative pays the full cost of council-arranged care; for care at home, the home itself is not counted. Charging questions go to Client Financial Services on 01392 384391 (9am to 1pm on weekdays). See council funding for care.

After a hospital stay or illness, ask about free Social Care Reablement, usually for one to four weeks; the council's Rapid Support Service, launched in July 2025, gives short-term reablement for people leaving hospital. See reablement.

Family carers can book a carer's assessment through the Caring in Devon Helpline, 03456 434 435 (Monday to Friday, 8am to 5pm), by phone or in person.

West Devon Borough Council collects council tax. A carer who lives with someone and gives at least 35 hours of care a week may not be counted, if the person cared for gets a benefit such as Attendance Allowance and is not their partner. A severe mental impairment must be confirmed by a doctor or other health professional, and the person must qualify for a listed benefit even if age means they do not claim it; someone in that position living alone pays nothing. See council tax discounts for care.

## Urgent care and leaving hospital in Okehampton

- **Minor injuries:** Okehampton Medical Centre, East Street (01837 52233), Monday to Friday 8.15am to 6pm, for injuries in the last three days; no X-ray, not for children under two, and not an A&E. At weekends, call NHS 111.
- **A&E:** the Emergency Department at the Royal Devon and Exeter Hospital (Wonford), Exeter (switchboard 01392 411611).

Royal Devon starts planning for home straight away and tries to get people home, or to the discharge lounge, before lunchtime. The lounge, near the main entrance, is open 7.30am to 8pm on weekdays and 10am to 6pm at weekends and on bank holidays; its staff contact family or carers and order transport.

Okehampton Hospital on Cavell Way (01837 658 000) has no medical inpatient beds but holds outpatient clinics and has X-ray.

For NHS Continuing Healthcare, NHS Devon works through three local hubs. Families cannot apply directly: ask a district nurse, community nurse or social worker to consider the checklist; they send it to the right hub. Someone whose condition is rapidly deteriorating can be referred through the Fast Track.

## Local help in Okehampton

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** The Caring in Devon Helpline (03456 434 435) books carer's assessments and gives advice.
- **Memory worries.** The GP can refer to the Devon Dementia Assessment Service, which has clinics in Exeter, Barnstaple and Torquay; allow up to three hours and take a relative or friend. The Okey Memory Cafe, open to anyone living with a memory problem, meets every Tuesday, 1pm to 3pm, at The Pavilion in The Park, with a suggested £2 donation. See dementia care at home.
- **Getting about.** Okehampton District Community Transport Group (01837 55000) runs the Ring and Ride and a volunteer Community Car (see the questions below for fares and notice).
- **Hospice care.** Hospiscare (01392 688000, 8am to 5pm every day) supports people across the heart of Devon, from Exeter to Okehampton, with an 8-bed ward in Exeter and support at home. See end-of-life care at home.

- **Your voice.** Healthwatch in Devon, Plymouth and Torbay: freephone 0800 520 0640, staffed 10am to 4pm Monday to Thursday.

## What may change soon

On 29 October 2026 the Government withdrew its earlier decision on reorganising councils in Devon, Plymouth and Torbay and will decide again by early 2027. Until then, Devon County Council arranges adult social care and West Devon Borough Council collects council tax.

USEFUL LOCAL CONTACTS

## Useful contacts in Okehampton

The council, NHS teams, hospitals and local services you are most likely to need in Okehampton, with links to their official pages. Open any heading for the details.

### Council and care assessments

Adult social care in Okehampton is arranged by Devon County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Devon County Council:** ask for a care needs assessment (telephone 0345 155 1007); carer's assessment.

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### NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Okehampton it is arranged by NHS Devon (NHS Devon Integrated Care Board) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

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### Hospitals near Okehampton

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Royal Devon and Exeter Hospital (Wonford): Emergency Department (A&E), Barrack Road, Exeter EX2 5DW; switchboard 01392 411611 (24 hours); discharge lounge near the main entrance, 7.30am to 8pm weekdays, 10am to 6pm weekends and bank holidays (leaving hospital information)
- Okehampton Hospital: Cavell Way EX20 1PN; no medical inpatient beds; outpatient clinics and X-ray; no minor injuries service on site (see Okehampton Medical Centre); not an A&E; 01837 658 000
- Okehampton Medical Centre Minor Injuries Service: East Street EX20 1AY; minor injuries service, not an A&E: Monday to Friday 8.15am to 6pm for injuries in the last 3 days; no X-ray; not for children under 2; at weekends call NHS 111; surgery 01837 52233

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### Local support and charities

- Caring in Devon Helpline (Devon County Council): Carers' support (03456 434 435)
- Okey Memory Cafe, Okehampton (Devon Memory Cafe Consortium): Dementia support
- Devon Dementia Assessment Service (Devon Partnership NHS Trust): Dementia support
- Okehampton District Community Transport Group: Community transport (01837 55000)
- Hospiscare (Okehampton Specialist Nursing Team): Hospice (01392 688000)
- Healthwatch in Devon, Plymouth and Torbay: Healthwatch: your independent voice on health and care (0800 520 0640)

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### Council tax

Council tax in Okehampton, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by West Devon Borough Council. See council tax discounts for care.

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### Villages around Okehampton

Hatherleigh · North Tawton · Sticklepath · South Zeal · Belstone · Sampford Courtenay · Bridestowe · Sourton · Exbourne · Northlew · Folly Gate · Lydford

YOUR QUESTIONS

## Questions about live-in care in Okehampton

### Who do I call in Okehampton to ask for a care assessment?

Devon County Council runs adult social care in Okehampton. Call Adult Social Care on 0345 155 1007 (Monday to Thursday 9am to 5pm, Friday 9am to 4pm). Although Okehampton is in West Devon, the council lists the town under its Care Direct Plus Eastern team, so choose Eastern. You can also start with the council's online self-help tool, which may lead to an online self-assessment. For an emergency out of hours that cannot wait until the next day, call 0345 600 0388 and choose option 1.

### Where do we go for minor injuries in Okehampton?

The minor injuries service is at Okehampton Medical Centre on East Street, not the hospital. It runs Monday to Friday, 8.15am to 6pm, for injuries that happened in the last three days. It has no X-ray, is not suitable for children under two and is not an A&E; at weekends, call NHS 111. If a broken bone is suspected, the practice suggests the minor injury unit at Launceston, which has X-ray, once you have checked it is open. In a life-threatening emergency, call 999.

### Is there community transport in Okehampton?

Yes. Okehampton District Community Transport Group (01837 55000, 8.30am to 4pm weekdays) runs a Ring and Ride minibus that collects people from home and takes them into town, serving different villages on different weekdays: £7 return from rural areas and £5 within town, booked at least a day ahead. Its volunteer Community Car costs 60p a mile, with a minimum of £6 for journeys of seven miles or less and a £3 booking fee on longer journeys, and needs 48 hours' notice. A wheelchair-accessible vehicle is available at 85p a mile from the Okehampton base.

### Which hospice supports people in Okehampton?

Hospiscare supports people across the heart of Devon, from Exeter to Okehampton. Its Okehampton Specialist Nursing Team of clinical nurse specialists visits people in their own homes, in community hospitals and in care homes, helping with complex symptoms and giving emotional and practical support alongside the GP. Call Hospiscare on 01392 688000 or its clinical services line on 01392 688040; both are open 8am to 5pm, seven days a week.

### How much does live-in care cost in Okehampton?

Live-in care with Day and Nightcare costs from £1,550 a week in Okehampton, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

### Can the council help pay for live-in care in Okehampton?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Okehampton is arranged by Devon County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

### Can live-in care start when someone leaves Royal Devon and Exeter Hospital (Wonford)?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

## Sources and further information


- Devon County Council: Contacting Devon Adult Social Care
- Devon County Council: Care and support needs assessments
- Devon County Council: Social Care Reablement Service
- Devon County Council: FAQs, paying for community care
- Devon County Council: Carer's assessments
- Devon County Council: New report highlights Devon's strengths in adult social care
- West Devon Borough Council: Carers

- West Devon Borough Council: Severely Mentally Impaired (SMI)
- West Devon Borough Council: Disabled residents
- Okehampton Medical Centre: Minor Injuries Service
- Royal Devon: Okehampton Hospital
- Royal Devon: Royal Devon and Exeter Hospital (Wonford)
- Royal Devon: Discharge hub and discharge lounge
- Royal Devon: Getting you home
- NHS Devon: Contact the Continuing Healthcare teams (adults)
- NHS Devon: How to apply for CHC funding
- Devon Partnership NHS Trust: Devon Dementia Assessment Service
- Devon Memory Cafe Consortium: Okey Memory Cafe
- Okehampton District Community Transport Group: Ring and Ride
- Okehampton District Community Transport Group: Community Car
- Hospiscare
- Hospiscare: Contact us
- Healthwatch in Devon, Plymouth and Torbay: Devon
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)
- Hospiscare: Our locations

**Price**
From £1,550 a week

**Covers**
Okehampton and nearby villages

**CQC rating**
Good

**Assessment**
Free, with no obligation

## Live-in care elsewhere in Devon

All of Devon | Plymouth | Exeter | Torquay | Paignton | Barnstaple | Exmouth | Newton Abbot | Tiverton | Brixham | Teignmouth | Dawlish | Sidmouth

Honiton | Bideford | Ilfracombe | Tavistock | Totnes | Kingsbridge | Ivybridge

**Talk to our care team: 01865 715780**
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/devon/okehampton/**
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Information, not advice: please check anything important with the organisation named.