LIVE-IN CARE · KINGSBRIDGE, DEVON

Live-in care in Kingsbridge

Fully managed live-in care in Kingsbridge and the villages around it, arranged by our care team after a free assessment, with who to call at Devon County Council, the minor injury unit at South Hams Hospital and the nearest A&Es, and local help with meals, benefits advice, memory and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Kingsbridge, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Kingsbridge

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

How we arrange live-in care in Kingsbridge

Day and Nightcare provides fully managed live-in care in Kingsbridge and the villages around it, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Devon County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Kingsbridge

Adult social care in Kingsbridge is run by **Devon County Council**. Call Adult Social Care on **0345 155 1007** (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the **Care Direct Plus Southern** team, or start with the online self-help tool.

With savings above £23,250 your relative pays the full cost of council-arranged care; for care at home, the home is not counted. Client Financial Services answers charging questions on 01392 384391 (9am to 1pm on weekdays). After a hospital stay, ask about free Social Care Reablement, usually for one to four weeks, and the council's Rapid Support Service for people leaving hospital. See council funding for care.

Kingsbridge Care Hub's advice centre helps with pensions, disability, caring and housing-related benefits, including Pension Credit, Attendance Allowance and Blue Badge applications, Monday to Friday 9am to 2pm (01548 856650), with home visits for people who cannot get there.

Family carers can book a carer's assessment through the Caring in Devon Helpline, 03456 434 435 (Monday to Friday, 8am to 5pm).

South Hams District Council collects council tax. A carer who lives with the person and gives at least 35 hours of care a week may not be counted, where the person cared for gets a qualifying benefit and is not their partner. A severe mental impairment, confirmed by a doctor or other health professional, can bring a discount or, for someone living alone, an exemption. An adapted home can be moved down a band. See council tax discounts for care.

Urgent care and leaving hospital in Kingsbridge

- **Minor injuries:** the Minor Injury Unit at South Hams Hospital, Plymouth Road (01548 852349), walk in, 8.30am to 5.30pm every day, all ages; X-ray on weekdays only. It is not an A&E.
- **A&E:** Derriford Hospital, Plymouth, or Torbay Hospital, Torquay (01803 654003).

At Derriford, the Discharge Lounge is on level 3 of the Terence Lewis building, behind the Maternity entrance, open 7.30am to 8pm every day, with a small car park (D) for relatives collecting. At Torbay Hospital, planning for home starts on admission, and a discharge coordinator talks through the options, funding and practicalities.

For NHS Continuing Healthcare, NHS Devon works through three local hubs. Families cannot apply directly: ask a district nurse, community nurse or social worker to consider the checklist, and they send it to the right hub.

Local help in Kingsbridge

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** The Caring in Devon Helpline (03456 434 435) books carer's assessments. Kingsbridge Care Hub also hosts Dementia Carers Support and Singing for the Brain sessions; ask for times.
- **Kingsbridge Care Hub.** On Ilbert Road, opposite the library (01548 856650), for anyone over 55: weekday lunches in the dining room or delivered, Saturday breakfasts, and home support such as shopping and light cleaning when it has capacity. It does not provide personal care.
- **Memory worries.** The Care Hub's Memory Club meets on the first, third, fourth and fifth Thursdays, 2pm to 4pm; it is free, needs no diagnosis or booking, and friends and carers are welcome. The Tumbly Hill Memory Cafe meets on the second and fourth Wednesdays, 10am to noon, at Kiln House, Squares Quay. The GP refers to the Devon Dementia Assessment Service clinic in Torquay (01803 396 520). See dementia care at home.
- **Hospice care.** St Luke's Hospice Plymouth covers Salcombe and Kingsbridge, free of charge (01752 401172; St Luke's at home 01752 964200). Its urgent care team is available from 8am to 10pm, seven days a week, on referral by a health professional. See end-of-life care at home.
- **Your voice.** Healthwatch in Devon, Plymouth and Torbay: freephone 0800 520 0640 (Monday to Thursday, 10am to 4pm).

What may change soon

On 29 October 2026 the Government withdrew its earlier decision on reorganising councils in Devon, Plymouth and Torbay and will decide again by early 2027. Until then, Devon County Council arranges adult social care and South Hams District Council collects council tax.

USEFUL LOCAL CONTACTS

Useful contacts in Kingsbridge

The council, NHS teams, hospitals and local services you are most likely to need in Kingsbridge, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Kingsbridge is arranged by Devon County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Devon County Council:** ask for a care needs assessment (telephone 0345 155 1007); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Kingsbridge it is arranged by NHS Devon (NHS Devon Integrated Care Board) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Kingsbridge

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Derriford Hospital: Emergency Department (A&E), Plymouth; Discharge Lounge level 3, Terence Lewis building, every day 7.30am to 8pm (leaving hospital information)
- Torbay Hospital: Emergency Department (A&E), Lowes Bridge, Torquay TQ2 7AA; ED 01803 654003 (leaving hospital information)
- South Hams Hospital Minor Injury Unit: Plymouth Road, Kingsbridge TQ7 1AT; minor injury unit, not an A&E: walk in, 8.30am to 5.30pm every day, all ages; X-ray 9am to 5pm Monday to Friday, none at weekends or bank holidays; free but limited parking; 01548 852349

Local support and charities

- Caring in Devon Helpline (Devon County Council): Carers' support (03456 434 435)
- Kingsbridge Care Hub (Kingsbridge Age Concern): Community support (01548 856650)
- Kingsbridge Memory Club (Kingsbridge Care Hub): Dementia support (01548 856650)
- Devon Dementia Assessment Service: Torbay, South and West Devon clinic: Dementia support (01803 396 520)
- St Luke's Hospice Plymouth: Hospice (01752 401172)
- Healthwatch in Devon, Plymouth and Torbay: Healthwatch: your independent voice on health and care (0800 520 0640)

Council tax

Council tax in Kingsbridge, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by South Hams District Council. See council tax discounts for care.

Villages around Kingsbridge

Dodbrooke · West Alvington · Churchstow · Loddiswell · Aveton Gifford · Malborough · Salcombe · Thurlestone · Hope Cove · Frogmore · Chillington · East Allington

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YOUR QUESTIONS

Questions about live-in care in Kingsbridge

Who do I call in Kingsbridge to ask for a care assessment?

Devon County Council runs adult social care in Kingsbridge. Call Adult Social Care on 0345 155 1007 (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the Care Direct Plus Southern team, which covers Kingsbridge. The council asks people to start with its online self-help tool, which may lead to an online self-assessment, and will help you complete it. For an emergency out of hours that cannot wait until the next day, call 0345 600 0388 and choose option 1.

When is the minor injury unit at South Hams Hospital open?

The Minor Injury Unit at South Hams Hospital, Plymouth Road, Kingsbridge, is open 8.30am to 5.30pm, seven days a week. You do not need an appointment: just walk in. Nurse practitioners treat people of all ages. X-ray is available 9am to 5pm on weekdays only, not at weekends or on bank holidays. Parking is free but limited. Call 01548 852349. It is not an A&E: in a life-threatening emergency, call 999.

Where is the nearest A&E to Kingsbridge?

There is no emergency department in Kingsbridge. The nearest are at Derriford Hospital in Plymouth, run by University Hospitals Plymouth, which also runs the town's minor injury unit, and Torbay Hospital in Torquay (emergency department 01803 654003). For anything life-threatening, call 999. For minor injuries in the daytime, the South Hams Hospital unit is open every day; if you are unsure, call NHS 111.

Can someone in Kingsbridge get a hot lunch delivered?

Yes. Kingsbridge Care Hub, run by the charity Kingsbridge Age Concern, cooks a three-course lunch of soup, a main course and pudding every weekday except bank holidays. It is served at noon in its dining room on Ilbert Road or delivered hot to the door, and the drivers take time to check that all is well. Lunch is always open to new diners; you can pop in on the day, but it helps to book beforehand. Call 01548 856650. The Care Hub is an independent charity and is not connected with Age UK.

How much does live-in care cost in Kingsbridge?

Live-in care with Day and Nightcare costs from £1,550 a week in Kingsbridge, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Kingsbridge?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Kingsbridge is arranged by Devon County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Derriford Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Devon County Council: Contacting Devon Adult Social Care
- Devon County Council: Care and support needs assessments
- Devon County Council: Social Care Reablement Service
- Devon County Council: FAQs, paying for community care
- Devon County Council: Carer's assessments
- Devon County Council: New report highlights Devon's strengths in adult social care
- South Hams District Council: Carers
- South Hams District Council: Severely Mentally Impaired (SMI)
- South Hams District Council: Disabled residents
- University Hospitals Plymouth: Minor Injury Unit, South Hams Hospital
- University Hospitals Plymouth: Emergency Department
- University Hospitals Plymouth: Discharge Lounge
- Torbay and South Devon NHS Foundation Trust: Emergency Department (A&E)
- Torbay and South Devon NHS Foundation Trust: Care in our hospital for older people
- NHS Devon: Contact the Continuing Healthcare teams (adults)
- NHS Devon: How to apply for CHC funding
- Devon Partnership NHS Trust: Devon Dementia Assessment Service
- Kingsbridge Care Hub
- Kingsbridge Care Hub: Food
- Kingsbridge Care Hub: Advice
- Kingsbridge Care Hub: Wellbeing
- Kingsbridge Care Hub: Home support
- Devon Memory Cafe Consortium: Kingsbridge, Tumbly Hill Memory Cafe
- St Luke's Hospice Plymouth: Contact us
- St Luke's Hospice Plymouth: Frequently asked questions

- Healthwatch in Devon, Plymouth and Torbay: Devon
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)

Price
From £1,550 a week

Covers
Kingsbridge and nearby villages

CQC rating
Good

Assessment
Free, with no obligation

Live-in care elsewhere in Devon

All of Devon · Plymouth · Exeter · Torquay · Paignton · Barnstaple · Exmouth · Newton Abbot · Tiverton · Brixham · Teignmouth · Dawlish · Sidmouth · Honiton · Bideford · Ilfracombe · Okehampton · Tavistock · Totnes · Ivybridge

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)
The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/devon/kingsbridge/**
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Information, not advice: please check anything important with the organisation named.