LIVE-IN CARE · BIDEFORD, DEVON

Live-in care in Bideford

Fully managed live-in care in Bideford, Northam and the villages around them, arranged by our care team after a free assessment, with who to call at Devon County Council, where to go now the Bideford minor injuries unit is closed, and local help with carers, memory, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Bideford, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Bideford

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

How we arrange live-in care in Bideford

Day and Nightcare provides fully managed live-in care in Bideford, Northam and the villages around them, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Devon County Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Bideford

Adult social care in Bideford is run by **Devon County Council**. Call **0345 155 1007** (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the **Care Direct Plus Northern** team, or start with the council's online self-help tool.

After a hospital stay or illness, ask about the free **Social Care Reablement Service**, typically for one to four weeks; Bideford Community Hospital is a base for the reablement team and Short Term Services. See reablement.

Above £23,250 in capital your relative pays the full cost of council-arranged care, but for care at home the house they live in is not counted; charging questions go to Client Financial Services on 01392 384391 (weekdays 9am to 1pm). See council funding for care.

Family carers can book a carer's assessment through the Caring in Devon Helpline on 03456 434 435 (weekdays 8am to 5pm), by phone or in person.

Torridge District Council collects council tax. Its pages set out:

- the **Carer Discount**, 25% off, where a live-in carer (not a partner) gives at least 35 hours of care a week to someone who receives a benefit such as Attendance Allowance; print the form, or call 01237 428900 for a copy
- **Disability relief**, which can move an adapted home into a lower band
- long-stay hospital patients are not counted at their usual home

Ask the council about other reductions, such as for someone with a severe mental impairment, and see council tax discounts for care.

Urgent care and leaving hospital in Bideford

- **Minor injuries:** the minor injuries unit at Bideford Community Hospital is closed; call NHS 111 for advice on where to go. Castle Gardens Surgery in Torrington runs a weekday sit-down-and-wait minor injuries service, 8.30am to 6pm (closed 1.15pm to 2pm). It is not an A&E.
- **A&E:** North Devon District Hospital, Raleigh Park, Barnstaple, has a 24/7 emergency service (switchboard 01271 322577).

Royal Devon starts planning for home straight away and tries to get people home, or to the discharge hub, before lunchtime. North Devon District Hospital's hub is on level 0 at the link corridor entrance, open 7am to 7.30pm on weekdays and 8am to 4pm at weekends and on bank holidays; its staff can collect medicines from the pharmacy.

Bideford Community Hospital on Abbotsham Road has outpatient clinics, X-ray, district nurses and the community health and social care team.

If health needs are the main issue, ask about NHS Continuing Healthcare. NHS Devon's East and North Devon team covers Bideford: d-icb.chc@nhs.net (preferred) or 01392 675 414. Families cannot apply directly, so ask a district nurse or social worker to consider a Checklist.

Local help in Bideford

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Carers.** The Caring in Devon Helpline (03456 434 435) gives advice and books carer's assessments.
- **Memory worries.** The GP refers to the dementia assessment clinic at North Devon District Hospital (01271 443 231). Bideford's Musical Memory Cafe and Northam Memory Lane meet on Friday mornings. See dementia care at home.
- **Community support.** TTVS, Torridge Voluntary Services (01237 420130), 14 Bridgeland Street, runs the Memory Lane cafés and one-to-one money advice for people of state pension age (01237 459337). Its community hub is open Monday to Wednesday, 10am to 2pm.
- **Getting about.** Torridge Volunteer Cars (01237 237200, bookings weekdays 10am to 1pm) gives lifts to medical, social or domestic appointments for people who cannot drive (charges in the questions below).

- **Hospice care.** North Devon Hospice (01271 344248) offers hospice care at home and a bedded unit to anyone in North Devon with a life-limiting illness; ask the GP or hospital doctor for a referral. See end-of-life care at home.
- **Older people.** Age UK Devon (0333 241 2340) runs services for older people, including benefits advice and support for carers.
- **Your voice.** Healthwatch in Devon, Plymouth and Torbay: freephone 0800 520 0640 (Monday to Thursday, 10am to 4pm).

What may change soon

On 29 October 2026 the Government withdrew its earlier decision on reorganising councils in Devon, Plymouth and Torbay and will decide again by early 2027. Until then, Devon County Council arranges adult social care and Torridge District Council collects council tax.

USEFUL LOCAL CONTACTS

Useful contacts in Bideford

The council, NHS teams, hospitals and local services you are most likely to need in Bideford, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Bideford is arranged by Devon County Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Devon County Council:** ask for a care needs assessment (telephone 0345 155 1007); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Bideford it is arranged by NHS Devon (NHS Devon Integrated Care Board) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Bideford

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- North Devon District Hospital: A&E: 24/7 emergency service and designated trauma unit, Raleigh Park, Barnstaple EX31 4JB; switchboard 01271 322577; discharge hub on level 0, 7am to 7.30pm weekdays, 8am to 4pm weekends and bank holidays (leaving hospital information)
- Bideford Community Hospital: Abbotsham Road EX39 3AG; no minor injuries unit open: it is closed, so call NHS 111 for advice (Castle Gardens Surgery, Torrington, runs a weekday minor injuries service 8.30am to 6pm); not an A&E; outpatient clinics, X-ray, district nurses and the community health and social care team, including the reablement team and Short Term Services; 01271 322577
- Castle Gardens Surgery minor injuries service, Torrington: GP surgery minor injuries service, not an A&E: sit down and wait, Monday to Friday 8.30am to 6pm, closed 1.15pm to 2pm; run by the surgery, not Royal Devon

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Local support and charities

- Caring in Devon Helpline: Carers' support (03456 434 435)
- Devon Dementia Assessment Service, North Devon clinic: Dementia support (01271 443 231)
- Bideford Musical Memory Cafe and Northam Memory Lane (Devon Memory Cafe Consortium): Dementia support
- TTVS (Torridge Voluntary Services): Community support (01237 420130)
- Torridge Volunteer Cars: Community transport (01237 237200)
- North Devon Hospice: Hospice (01271 344248)
- Age UK Devon: Age UK (0333 241 2340)
- Healthwatch in Devon, Plymouth and Torbay: Healthwatch: your independent voice on health and care (0800 520 0640)

Council tax

Council tax in Bideford, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Torridge District Council. See council tax discounts for care.

Villages around Bideford

East-the-Water · Northam · Appledore · Westward Ho! · Abbotsham · Instow · Westleigh · Littleham · Landcross · Weare Giffard · Buckland Brewer · Parkham

YOUR QUESTIONS

Questions about live-in care in Bideford

Who do I call in Bideford to ask for a care assessment?

Devon County Council runs adult social care in Bideford, not Torridge District Council. Call Adult Social Care on 0345 155 1007 (Monday to Thursday 9am to 5pm, Friday 9am to 4pm) and choose the Care Direct Plus Northern team, which lists Bideford and Northam among its areas. You can also start with the council's online self-help tool, which may lead to an online self-assessment. If your relative has a named worker, call 01392 383000. For an emergency out of hours, call 0345 600 0388, option 1.

Is there a minor injuries unit in Bideford?

No. Royal Devon says the minor injuries unit at Bideford Community Hospital is closed, and asks people needing non-emergency treatment to call NHS 111 or use NHS 111 online (linked in the sources below). The nearest emergency department is the 24/7 service at North Devon District Hospital, Raleigh Park, Barnstaple (switchboard 01271 322577). Castle Gardens Surgery in Torrington offers a sit-down-and-wait minor injuries service on weekdays from 8.30am to 6pm (closed 1.15pm to 2pm); it is not an A&E. In a life-threatening emergency, call 999.

Where can families find dementia support in Bideford?

Start with the GP, who can refer to the Devon Dementia Assessment Service clinic at North Devon District Hospital (01271 443 231); allow up to three hours and bring a relative or close friend. Locally, the Bideford Musical Memory Cafe meets on the second and fourth Fridays, 10.30am to 12.30pm, at Bideford Football Club on Kingsley Road, and Northam Memory Lane, run by TTVS, meets on the third Friday at Northam Hall; all are welcome, just turn up. TTVS is on 01237 420130.

Is there transport in Bideford for people who cannot drive?

Yes. Torridge Volunteer Cars, a charity at Jubilee House, Queen Street, has volunteer drivers who take people who cannot use public transport or their own car to medical, social or domestic appointments, across Torridge from Welcombe to Winkleigh and north, including Barnstaple. It charges 55p a mile from the driver's door and back (£6 minimum) plus a £5 admin fee, paid to the driver. Give at least two working days' notice: the bookings desk is on 01237 237200, Monday to Friday, 10am to 1pm (not bank holidays).

How much does live-in care cost in Bideford?

Live-in care with Day and Nightcare costs from £1,550 a week in Bideford, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Bideford?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Bideford is arranged by Devon County Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves North Devon District Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Devon County Council: Contacting Devon Adult Social Care
- Devon County Council: Care and support needs assessments
- Devon County Council: Social Care Reablement Service
- Devon County Council: FAQs, paying for community care
- Devon County Council: Carer's assessments
- Torridge District Council: Carer Discount

- Torridge District Council: Disability relief
- Torridge District Council: Single Person's Discount (who is not counted)
- Royal Devon: Bideford Community Hospital
- Royal Devon: North Devon District Hospital
- Royal Devon: Discharge hub and discharge lounge
- Royal Devon: Getting you home
- Castle Gardens Surgery: Medical services and clinics
- Castle Gardens Surgery: Opening times
- NHS Devon: Contact the Continuing Healthcare teams (adults)
- NHS Devon: How to apply for CHC funding
- Devon Partnership NHS Trust: Devon Dementia Assessment Service
- Devon Memory Cafe Consortium: Bideford Musical Memory Cafe
- Devon Memory Cafe Consortium: Northam Memory Lane
- TTVS (Torridge Voluntary Services)
- TTVS: Memory Lane cafes
- Buckland Brewer Parish Council: Transport (Torridge Volunteer Cars)
- Cancer Care Map: Torridge Volunteer Cars (listing updated 10 August 2026)
- North Devon Hospice: Your care
- North Devon Hospice: Contact
- Charity Commission: Age UK Devon
- Charity Commission: Age UK Devon, contact information
- Healthwatch in Devon, Plymouth and Torbay: Devon
- GOV.UK: Local Government Reorganisation moves forward in five counties (29 October 2026)
- NHS 111 online
- TTVS: Our Support Projects (TorrAGE Ageing Well)
- North Devon Hospice: Hospice care in your home

Price

From £1,550 a week

Covers

Bideford and nearby villages

CQC rating

Good

Assessment

Free, with no obligation

Live-in care elsewhere in Devon

All of Devon · Plymouth · Exeter · Torquay · Paignton · Barnstaple · Exmouth · Newton Abbot · Tiverton · Brixham · Teignmouth · Dawlish · Sidmouth · Honiton · Ilfracombe · Okehampton · Tavistock · Totnes · Kingsbridge · Ivybridge

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/devon/bideford/**
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Information, not advice: please check anything important with the organisation named.