LIVE-IN CARE · TRURO, CORNWALL

Live-in care in Truro

Fully managed live-in care in Truro, Threemilestone and the parishes around the city, arranged by our care team after a free assessment, plus who to call at Cornwall Council, the emergency department at Treliske and the nearest minor injury units, and local help with carers, memory, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Truro, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Truro

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

How we arrange live-in care in Truro

Day and Nightcare provides fully managed live-in care in Truro, Threemilestone, Kenwyn, Kea, Feock and the villages around them, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Cornwall Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Truro

Cornwall Council, a unitary council, runs adult social care and collects council tax. To ask for a care needs assessment, call **0300 1234 131** (Monday, Tuesday, Thursday and Friday 9am to 5pm; Wednesday 10am to 5pm; emergencies out of hours on the same number) or use the online "Request help for an adult" form.

The needs assessment is free, and anyone can ask for one. The council sends a self-assessment form, then an assessor visits; a carer, family member or independent advocate can be there. A financial assessment follows: with assets over £23,250 your relative would usually pay for their own care, and the home is not counted for care at home. If the council arranges care for someone paying in full, the fee is £300, and £300 for any significant change. If savings are falling, contact the council at least 90 days before they reach £23,250.

After a crisis or hospital stay, the council's Short Term Enablement Planning Service (STEPS) gives temporary help with personal care, meals and getting about, after an assessment or a referral from you or your GP.

Carers can ask for their own carer's assessment on 01736 756655, Cornwall's carers' service (a new provider takes over in November 2026; see below).

For council tax (0300 1234 171), ask about the severe mental impairment discount (a medical certificate plus a qualifying benefit), the carer disregard for a relative or friend who lives with the person, is not their partner and gives at least 35 hours of care a week, and the disabled band reduction. See council tax discounts for care.

Urgent care and leaving hospital in Truro

- **Emergency department:** the Royal Cornwall Hospital at Treliske (switchboard 01872 250000), open 24 hours.
- **Minor injuries:** Truro has no minor injury unit. The nearest walk-in units are at Camborne Redruth Community Hospital, Barncoose (every day, 8am to 10pm) and Falmouth Community Hospital (usually every day, 8am to 8pm). They are not emergency departments, and hours can change at short notice.

At Treliske, the trust aims to have people ready to leave the ward by 10am, with a Discharge Lounge for later lifts; families arrange the journey home. NHS patient transport (01872 252211) is for people with a medical need.

Back home, Cornwall Partnership's Home First team gives short-term reablement, free for up to two weeks. For NHS Continuing Healthcare, contact NHS Cornwall and Isles of Scilly ICB at ciosicb.chc@nhs.net or on 01209 832400.

Local help in Truro

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **One number for local help.** The free Community Gateway (01872 266383, 8am to 8pm every day) helps anyone settle back home after hospital, with benefits, home safety and volunteer visits.
- **Memory worries.** Ask the GP, or refer yourself to the NHS memory assessment service. Free memory cafés: Truro Memory Cafe, All Saints Highertown, Threemilestone (second and fourth Friday, 1.30pm to 3.30pm); MEDO, Victoria Inn, Threemilestone (first and third Monday, 2.15pm to 4.15pm); Carnon Downs, village hall (first and third Thursday, 2pm to 4pm). See live-in dementia care.
- **Benefits help.** Age UK Cornwall gives people over 50 free help to claim Attendance Allowance and Blue Badges on 01872 266888 (weekdays, 10am to noon).
- **Getting about.** Volunteer Cornwall (01872 265300) drives people to medical appointments for 50p a mile from the driver's home plus £3 a booking, with at least 10 days' notice, but not wheelchair users. Age UK Cornwall's TAP drivers (01872 223388, weekdays) charge a £3.60 booking fee plus mileage. Feock Parish Council's volunteer car scheme covers Carnon Downs, Devoran and Feock (07904 547822, weekdays 9.30am to noon; a recommended donation).

- **Hospice care.** Cornwall Hospice has end of life care beds at St Julia's in Hayle (01736 759070) for the west and Mount Edgcumbe in St Austell (01726 65711) for mid and east Cornwall, by GP or professional referral. Cornwall Hospice does not currently offer Hospice at Home. See live-in end-of-life care.

What may change soon

Cornwall Rural Community Charity's Cornwall Carers Service model ran until the end of October 2026. Cornwall Council expects a new carers' service, coordinated by Disability Cornwall and Isles of Scilly, in November; the number, 01736 756655, stays the same.

USEFUL LOCAL CONTACTS

Useful contacts in Truro

The council, NHS teams, hospitals and local services you are most likely to need in Truro, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Truro is arranged by Cornwall Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Cornwall Council:** ask for a care needs assessment (telephone 0300 1234 131); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Truro it is arranged by NHS Cornwall and Isles of Scilly Integrated Care Board (NHS Cornwall and Isles of Scilly ICB) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Truro

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Royal Cornwall Hospital (Treliske): Treliske, Truro TR1 3LJ, switchboard 01872 250000. Cornwall's emergency department (A&E), open 24 hours. Discharge planning starts soon after admission; the trust aims to have people ready to leave the ward by 10am, with a Discharge Lounge for those waiting for transport. (leaving hospital information)
- Camborne Redruth Community Hospital: Barncoose, Redruth TR15 3ER, 01209 318 000. Walk-in minor injury unit every day 8am to 10pm, doctor-led until 9pm (X-ray 8am to 8pm); walk in or call NHS 111. Not an A&E. (leaving hospital information)
- Falmouth Community Hospital: Falmouth TR11 2JA, 01326 436 600. Walk-in minor injury unit usually every day 8am to 8pm (closed on 31 October 2026); walk in or call NHS 111. Not an A&E. Boscawen Ward closed during heating works. (leaving hospital information)
- Mount Edgcumbe Hospice: Porthpean Road, St Austell PL26 6AB, 01726 65711. Cornwall Hospice: end of life care beds for mid and east Cornwall; referral through the GP, consultant or another healthcare professional. No Hospice at Home service.
- St Julia's Hospice: Foundry Hill, Hayle TR27 4HW, 01736 759070. Cornwall Hospice: end of life care beds for west Cornwall; referral through the GP, consultant or another healthcare professional. No Hospice at Home service.

Local support and charities

- Cornwall Carers Service: Carers' support (01736 756655)
- NHS Memory Assessment Service and Dementia Together: Dementia support
- Truro Memory Cafe: Dementia support
- Community Gateway (Age UK Cornwall & The Isles of Scilly): Local services directory (01872 266383)
- Age UK Cornwall & The Isles of Scilly: Information and Advice: Age UK (01872 266888)
- Age UK Cornwall Community Transport (TAP): Community transport (01872 223388)
- Volunteer Cornwall Community Transport: Community transport (01872 265300)
- Healthwatch Cornwall: Healthwatch: your independent voice on health and care (0800 038 1281)

Council tax

Council tax in Truro, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Cornwall Council. See council tax discounts for care.

Villages around Truro

Threemilestone · Kenwyn · Kea · St Clement · Feock · Devoran · Carnon Downs · Chacewater · Probus · Ladock · St Erme · Tregony

YOUR QUESTIONS

Questions about live-in care in Truro

Who do I call in Truro to ask for a care assessment?

Call Cornwall Council's adult social care line on 0300 1234 131 (9am to 5pm on Monday, Tuesday, Thursday and Friday; 10am to 5pm on Wednesday), or use the online 'Request help for an adult' form. Cornwall Council arranges adult social care for Truro and the parishes around it. There is no charge for the needs assessment. If you are the main family carer, ask for your own carer's assessment on 01736 756655.

How do people get home from the Royal Cornwall Hospital at Treliske?

Usually with family or friends. The hospital asks patients to arrange their own transport home and aims to have people ready to leave the ward by 10am, so agree early who will collect your relative and when. Anyone waiting for a lift can sit in the Discharge Lounge (01872 253866), where nurses look after them. NHS patient transport, booked on 01872 252211, is only for people who need it for a medical reason.

Is there a minor injury unit in Truro?

No. Truro has the Royal Cornwall Hospital's emergency department at Treliske, open 24 hours, for serious and life-threatening problems. For sprains, cuts and minor fractures, the nearest walk-in minor injury units are at Camborne Redruth Community Hospital (every day, 8am to 10pm) and Falmouth Community Hospital (usually every day, 8am to 8pm). Hours can change at short notice, so check the trust's live waiting times page or call NHS 111 first.

How much does live-in care cost in Truro?

Live-in care with Day and Nightcare costs from £1,550 a week in Truro, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Truro?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Truro is arranged by Cornwall Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Royal Cornwall Hospital (Treliske)?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Royal Cornwall Hospitals NHS Trust: Urgent care waiting times and opening hours
- Cornwall Partnership NHS Foundation Trust: Emergency and urgent care waiting times
- Royal Cornwall Hospitals NHS Trust: Discharge Lounge
- Royal Cornwall Hospitals NHS Trust: Going home
- Cornwall Memory Cafe Network: Truro Memory Cafe
- Cornwall Memory Cafe Network: MEDO Memory Cafe (Threemilestone)
- Cornwall Memory Cafe Network: Carnon Downs Memory Cafe
- Feock Parish Council: Community transport scheme
- Cornwall Council: Request help for an adult
- Cornwall Council: Our telephone numbers
- Cornwall Council: Contacting Adult Social Care for the first time
- Cornwall Council: Adult social care needs assessment
- Cornwall Council: Paying for adult social care

- Cornwall Council: Adult social care fees and charges
- Cornwall Council: Help to stay living at home
- Cornwall Council: Assessments and financial support for carers
- Cornwall Carers Service
- Cornwall Council: Cornwall's unpaid carers will benefit from a more specialised support service
- Cornwall Carers Service: Update about support for carers in Cornwall
- Cornwall Council: Get money off your council tax
- Cornwall Council: Money off council tax for carers and care workers
- Cornwall Council: Money off council tax for severe mental disability
- Cornwall Council: Money off council tax for disabled people
- Royal Cornwall Hospitals NHS Trust: Emergency Department (ED)
- Royal Cornwall Hospitals NHS Trust: Practical help and advice
- NHS Cornwall and Isles of Scilly ICB: Patient transport
- Cornwall Partnership NHS Foundation Trust: Home First
- NHS Cornwall and Isles of Scilly ICB: Continuing healthcare
- Cornwall Voluntary Sector Forum: Community Gateway
- Age UK Cornwall & The Isles of Scilly: Community Gateway
- Cornwall Partnership NHS Foundation Trust: Dementia and older people's mental health
- Cornwall Memory Cafe Network
- Cornwall Memory Cafe Network: FAQs
- Volunteer Cornwall: Transport
- Cornwall Council: Community transport
- Cornwall Hospice Care: Our hospices
- Cornwall Hospice Care: Our care FAQs
- Cornwall Hospice Care: Contact us
- Age UK Cornwall & The Isles of Scilly: Information and advice
- Age UK Cornwall & The Isles of Scilly: Community transport
- NHS website: Getting a care needs assessment

Price

From £1,550 a week

Covers

Truro and nearby villages

CQC rating

Good

Assessment

Free, with no obligation

Live-in care elsewhere in Cornwall

All of Cornwall · Falmouth · Penzance · St Austell · Newquay · Bodmin · Camborne · Redruth · St Ives · Helston · Launceston · Bude · Liskeard · Saltash · Wadebridge · Looe

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
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Information, not advice: please check anything important with the organisation named.