LIVE-IN CARE · SALTASH, CORNWALL

Live-in care in Saltash

Fully managed live-in care in Saltash, Torpoint and the villages around them, arranged by our care team after a free assessment, plus who to call at Cornwall Council, the urgent treatment centres in Plymouth and the minor injury unit at Liskeard, the emergency department at Derriford, and local help with carers, memory, transport and end-of-life care at home.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Saltash, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Saltash

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care | Costs and funding

How we arrange live-in care in Saltash

Day and Nightcare provides fully managed live-in care in Saltash, Landrake, St Germans, Torpoint and the villages around them, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Cornwall Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Saltash

Cornwall Council, a unitary council, runs adult social care and collects council tax. To ask for a care needs assessment, call **0300 1234 131** (Monday, Tuesday, Thursday and Friday 9am to 5pm; Wednesday 10am to 5pm; emergencies out of hours on the same number) or use the online "Request help for an adult" form. If your relative is in a Plymouth hospital, tell the ward they live in Cornwall.

The needs assessment is free, and anyone can ask for one. The council sends a self-assessment form, then an assessor visits; a carer, family member or independent advocate can be there. A financial assessment follows: with assets over £23,250 your relative would usually pay for their own care, and the home is not counted for care at home. If the council arranges care for someone paying in full, the fee is £300, and £300 for any significant change. If savings are falling, contact the council at least 90 days before they reach £23,250.

After a crisis or hospital stay, the council's Short Term Enablement Planning Service (STEPS) gives temporary help with personal care, meals and getting about, after an assessment or a referral from you or your GP.

Carers can ask for their own carer's assessment on 01736 756655, Cornwall's carers' service (a new provider takes over in November 2026; see below).

For council tax (0300 1234 171), ask about the severe mental impairment discount (a medical certificate plus a qualifying benefit), the carer disregard for a relative or friend who lives with the person, is not their partner and gives at least 35 hours of care a week, and the disabled

band reduction. See council tax discounts for care.

Urgent care and leaving hospital in Saltash

- **Urgent treatment centres (Plymouth):** the Cumberland Centre, Damerel Close, Devonport (01752 434390), and Derriford's Dartmoor Building (01752 438320), both every day 8am to 8pm, with X-ray; no appointment needed.
- **Minor injuries in Cornwall:** Liskeard Community Hospital (01579 373 500), every day 8am to 8pm. St Barnabas in Saltash has no minor injury unit. None of these is an emergency department.
- **Emergency department:** Derriford Hospital in Plymouth, open 24 hours; Cornwall's own is at Treliske, Truro.

Derriford's Discharge Lounge is open every day, 7.30am to 8pm. Families arrange the journey home; Cornwall residents with a medical need book NHS patient transport on 01872 252211. **St Barnabas Community Hospital** (01752 857 400) has no beds but is a base for community teams, including the East Home First Team; its inpatient care moved to Liskeard in 2017.

Back home, Cornwall Partnership's Home First team gives short-term reablement, free for up to two weeks; its East team is on 01579 373 572. For NHS Continuing Healthcare, contact NHS Cornwall and Isles of Scilly ICB at ciosicb.chc@nhs.net or on 01209 832400.

Local help in Saltash

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **Memory worries.** Ask the GP, or refer yourself to the NHS memory assessment service. Decaf meets at Burraton Methodist Church on the second and fourth Wednesday, 2pm to 4pm (£2); the Memory Box Cafe meets every Thursday at 9.30am at 8 Fore Street. See live-in dementia care.
- **End of life at home.** St Luke's Hospice Plymouth is piloting its Urgent Care Service in East Cornwall, including Saltash and Torpoint, 8am to 10pm daily, on referral by the GP or district nurse. See live-in end-of-life care.
- **One number for local help.** The free Community Gateway (01872 266383, 8am to 8pm every day) helps anyone settle back home after hospital, with benefits, home safety and volunteer visits.
- **Benefits help.** Age UK Cornwall gives people over 50 free help to claim Attendance Allowance and Blue Badges on 01872 266888 (weekdays, 10am to noon).

- **Getting about.** Volunteer Cornwall (01872 265300) drives people to medical appointments for 50p a mile from the driver's home plus £3 a booking, with at least 10 days' notice, but not wheelchair users.

What may change soon

Cornwall Rural Community Charity's Cornwall Carers Service model ran until the end of October 2026. Cornwall Council expects a new carers' service, coordinated by Disability Cornwall and Isles of Scilly, in November; the number, 01736 756655, stays the same.

USEFUL LOCAL CONTACTS

Useful contacts in Saltash

The council, NHS teams, hospitals and local services you are most likely to need in Saltash, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Saltash is arranged by Cornwall Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Cornwall Council:** ask for a care needs assessment (telephone 0300 1234 131); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Saltash it is arranged by NHS Cornwall and Isles of Scilly Integrated Care Board (NHS Cornwall and Isles of Scilly ICB) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Saltash

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Derriford Hospital: Derriford Road, Plymouth PL6 8DH; University Hospitals Plymouth NHS Trust, the region's major trauma centre. Cornwall Partnership lists Plymouth's emergency department (A&E) as open 24 hours. Discharge Lounge every day 7.30am to 8pm. (leaving hospital information)
- Urgent Treatment Centre, Dartmoor Building (Derriford): Derriford Hospital, Plymouth PL6 8BQ, 01752 438320. Every day 8am to 8pm, all ages, X-ray 8am to 8pm; drop in, no appointment. Not an A&E.
- Urgent Treatment Centre, Cumberland Centre: Damerel Close, Devonport, Plymouth PL1 4JZ, 01752 434390. Every day 8am to 8pm; X-ray 8am to 8pm; drop in, no appointment; patients over 1 year old. Not an A&E.
- St Barnabas Community Hospital: Higher Port View, Saltash PL12 4BU, 01752 857 400. No inpatient beds (moved to Liskeard in February 2017) and no minor injury unit (closed 2016). Base for the East Home First Team, the Acute Care at Home Team and the Integrated Transfer of Care Team.
- Liskeard Community Hospital: Clemo Road, Liskeard PL14 3XD, 01579 373 500. Walk-in minor injury unit every day 8am to 8pm. Not an A&E. Inpatient beds for older people and rehabilitation, including the Woodfield Stroke Unit for now. (leaving hospital information)

Local support and charities

- Cornwall Carers Service: Carers' support (01736 756655)
- Saltash Decaf Memory Cafe: Dementia support
- NHS Memory Assessment Service and Dementia Together: Dementia support
- St Luke's Hospice Plymouth: Urgent Care Service: Hospice (01752 401172)
- Community Gateway (Age UK Cornwall & The Isles of Scilly): Local services directory (01872 266383)
- Age UK Cornwall & The Isles of Scilly: Information and Advice: Age UK (01872 266888)
- Saltash Red Bus and other community transport: Community transport
- Healthwatch Cornwall: Healthwatch: your independent voice on health and care (0800 038 1281)

Council tax

Council tax in Saltash, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Cornwall Council. See council tax discounts for care.

Villages around Saltash

Burraton · Latchbrook · Carkeel · Botusfleming · Landulph · Hatt · Landrake · St Germans · Antony · Torpoint

YOUR QUESTIONS

Questions about live-in care in Saltash

Who do I call in Saltash to ask for a care assessment?

Call Cornwall Council's adult social care line on 0300 1234 131 (9am to 5pm on Monday, Tuesday, Thursday and Friday; 10am to 5pm on Wednesday), or use the online 'Request help for an adult' form. Saltash is in Cornwall, so Cornwall Council arranges adult social care, not Plymouth City Council, even when your relative has been in Derriford. There is no charge for the needs assessment. A family carer can ask for their own carer's assessment on 01736 756655.

Is there a minor injury unit in Saltash?

No. The minor injury unit at St Barnabas Community Hospital closed in 2016, and its inpatient beds moved to Liskeard in 2017. Cornwall Partnership points people to the minor injury unit at Liskeard Community Hospital (every day, 8am to 8pm) or the Urgent Treatment Centre at the Cumberland Centre in Devonport, Plymouth (every day, 8am to 8pm, 01752 434390). Derriford Hospital also has an Urgent Treatment Centre in its Dartmoor Building, open every day 8am to 8pm. In an emergency, call 999.

Is there a memory café in Saltash?

Yes, two. The Decaf Memory Cafe meets at Burraton Methodist Church on Liskeard Road on the second and fourth Wednesday, 2pm to 4pm; it costs £2, with an optional £1 raffle. The Memory Box Cafe meets at the community kitchen, 8 Fore Street, every Thursday at 9.30am. Both are listed by the Cornwall Memory Cafe Network, which says whether a diagnosis is needed varies from café to café, so check before a first visit.

How much does live-in care cost in Saltash?

Live-in care with Day and Nightcare costs from £1,550 a week in Saltash, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Saltash?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Saltash is arranged by Cornwall Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Derriford Hospital?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- University Hospitals Plymouth NHS Trust: Urgent Treatment Centre (UTC), Cumberland Centre
- University Hospitals Plymouth NHS Trust: Urgent Treatment Centre (UTC), Dartmoor Building (Derriford)
- Cornwall Partnership NHS Foundation Trust: St Barnabas Community Hospital
- Royal Cornwall Hospitals NHS Trust: Urgent care waiting times and opening hours
- Cornwall Partnership NHS Foundation Trust: Liskeard Community Hospital
- University Hospitals Plymouth NHS Trust: About us
- Cornwall Partnership NHS Foundation Trust: Emergency and urgent care waiting times
- Cornwall Memory Cafe Network: Saltash (Decaf) Memory Cafe
- Cornwall Memory Cafe Network: Saltash (Memory Box) Cafe
- Cornwall Memory Cafe Network: FAQs
- Cornwall Council: Request help for an adult
- Cornwall Council: Our telephone numbers
- Cornwall Council: Contacting Adult Social Care for the first time

- Cornwall Council: Adult social care needs assessment
- Cornwall Council: Paying for adult social care
- Cornwall Council: Adult social care fees and charges
- Cornwall Council: Help to stay living at home
- Cornwall Council: Assessments and financial support for carers
- Cornwall Carers Service
- Cornwall Council: Cornwall's unpaid carers will benefit from a more specialised support service
- Cornwall Carers Service: Update about support for carers in Cornwall
- Cornwall Council: Get money off your council tax
- Cornwall Council: Money off council tax for carers and care workers
- Cornwall Council: Money off council tax for severe mental disability
- Cornwall Council: Money off council tax for disabled people
- Royal Cornwall Hospitals NHS Trust: Emergency Department (ED)
- Royal Cornwall Hospitals NHS Trust: Going home
- Royal Cornwall Hospitals NHS Trust: Practical help and advice
- NHS Cornwall and Isles of Scilly ICB: Patient transport
- Cornwall Partnership NHS Foundation Trust: Home First
- NHS Cornwall and Isles of Scilly ICB: Continuing healthcare
- Cornwall Voluntary Sector Forum: Community Gateway
- Age UK Cornwall & The Isles of Scilly: Community Gateway
- Cornwall Partnership NHS Foundation Trust: Dementia and older people's mental health
- Cornwall Memory Cafe Network
- Volunteer Cornwall: Transport
- Cornwall Council: Community transport
- Cornwall Hospice Care: Our hospices
- Cornwall Hospice Care: Our care FAQs
- Cornwall Hospice Care: Contact us
- Age UK Cornwall & The Isles of Scilly: Information and advice
- University Hospitals Plymouth NHS Trust: Discharge Lounge
- St Luke's Hospice Plymouth: Urgent Care Service
- NHS website: Getting a care needs assessment

Price

From £1,550 a week

Covers

Saltash and nearby villages

CQC rating

Good

Assessment

Free, with no obligation

Live-in care elsewhere in Cornwall

All of Cornwall · Truro · Falmouth · Penzance · St Austell · Newquay · Bodmin · Camborne · Redruth · St Ives · Helston · Launceston · Bude · Liskeard · Wadebridge · Looe

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

The latest version of this page: **www.dayandnightcare.co.uk/live-in-care/cornwall/saltash/**
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Information, not advice: please check anything important with the organisation named.