LIVE-IN CARE · FALMOUTH, CORNWALL

Live-in care in Falmouth

Fully managed live-in care in Falmouth, Penryn and the villages around them, arranged by our care team after a free assessment, plus who to call at Cornwall Council, the minor injury unit at Falmouth Community Hospital and the emergency department at Treliske, and local help with carers, memory, transport and hospice care.

From £1,550 a week

Free initial assessment · A written quote before care begins



IN BRIEF

Day and Nightcare provides fully managed live-in care in Falmouth, from £1,550 a week. A dedicated live-in carer lives in your home, supporting you through the day and close by at night, and our CQC-registered care team plans, supervises and reviews the care. The initial assessment is free.

OUR CARE, WHERE YOU LIVE

Our live-in care in Falmouth

Live-in care means one-to-one support in your own home: personal care, medication support, meals, help around the house, getting out and about, and someone close by at night. Whether it suits the person, and whether one carer can support a couple, is worked out at the free assessment. Read more in live-in care explained and how it works day to day.

Dementia care | Care after hospital | End-of-life care | Care for couples | Respite care

Costs and funding

How we arrange live-in care in Falmouth

Day and Nightcare provides fully managed live-in care in Falmouth, Penryn and the villages around them, from £1,550 a week. One main carer lives in the home; a relief carer covers their holidays and time off, and a manager is on call. Care starts with a free assessment, a written quote and a written care plan.

Care can be paid for privately, by Cornwall Council (including direct payments) or by NHS Continuing Healthcare. We have provided Discharge to Assess (D2A) care since 2014. If someone is in hospital, tell us the expected discharge date (see care after hospital). Our care team is on 01865 715780.

Arranging care and funding in Falmouth

Cornwall Council, a unitary council, runs adult social care and collects council tax. To ask for a care needs assessment, call **0300 1234 131** (Monday, Tuesday, Thursday and Friday 9am to 5pm; Wednesday 10am to 5pm; emergencies out of hours on the same number) or use the online "Request help for an adult" form.

The needs assessment is free, and anyone can ask for one. The council sends a self-assessment form, then an assessor visits; a carer, family member or independent advocate can be there. A financial assessment follows: with assets over £23,250 your relative would usually pay for their own care, and the home is not counted for care at home. If the council arranges care for someone paying in full, the fee is £300, and £300 for any significant change. If savings are falling, contact the council at least 90 days before they reach £23,250.

After a crisis or hospital stay, the council's Short Term Enablement Planning Service (STEPS) gives temporary help with personal care, meals and getting about, after an assessment or a referral from you or your GP.

Carers can ask for their own carer's assessment on 01736 756655, Cornwall's carers' service (a new provider takes over in November 2026; see below).

For council tax (0300 1234 171), ask about the severe mental impairment discount (a medical certificate plus a qualifying benefit), the carer disregard for a relative or friend who lives with the person, is not their partner and gives at least 35 hours of care a week, and the disabled band reduction. See council tax discounts for care.

Urgent care and leaving hospital in Falmouth

- **Minor injuries:** Falmouth Community Hospital (01326 436 600). The walk-in minor injury unit is usually open every day, 8am to 8pm, entered through the day room during building work; X-ray Monday, Wednesday and Friday, 9am to 5pm. It is not an emergency department.
- **Emergency department:** the Royal Cornwall Hospital at Treliske, Truro (switchboard 01872 250000), open 24 hours.

At Treliske, the trust aims to have people ready to leave the ward by 10am, with a Discharge Lounge for later lifts; families arrange the journey home. NHS patient transport (01872 252211) is for people with a medical need.

Back home, Cornwall Partnership's Home First team gives short-term reablement, free for up to two weeks. For NHS Continuing Healthcare, contact NHS Cornwall and Isles of Scilly ICB at ciosicb.chc@nhs.net or on 01209 832400.

Local help in Falmouth

Carers' services, dementia support, transport, befriending and other local help, with phone numbers.

- **One number for local help.** The free Community Gateway (01872 266383, 8am to 8pm every day) helps anyone settle back home after hospital, with benefits, home safety and volunteer visits.
- **Memory worries.** Ask the GP, or refer yourself to the NHS memory assessment service. Falmouth Memory Cafe, Emmanuel Baptist Church, Western Terrace (second and fourth Tuesday, 2pm to 4pm), and Penryn Memory Cafe, Teetotal Hall, Lower Market Street (first and third Thursday, 2pm to 4pm), are both free. See live-in dementia care.
- **Benefits help.** Age UK Cornwall gives people over 50 free help to claim Attendance Allowance and Blue Badges on 01872 266888 (weekdays, 10am to noon).
- **Getting about.** Volunteer Cornwall (01872 265300) drives people to medical appointments for 50p a mile from the driver's home plus £3 a booking, with at least 10 days' notice, but not wheelchair users. Age UK Cornwall's TAP drivers (01872 223388, weekdays) charge a £3.60 booking fee plus mileage.
- **Hospice care.** Cornwall Hospice has end of life care beds at St Julia's in Hayle (01736 759070) for the west and Mount Edgcumbe in St Austell (01726 65711) for mid and east Cornwall, by GP or professional referral. Cornwall Hospice does not currently offer Hospice at Home. See live-in end-of-life care.

What may change soon

- **Carers' support (November 2026).** Cornwall Rural Community Charity's Cornwall Carers Service model ran until the end of October 2026. Cornwall Council expects a new carers' service, coordinated by Disability Cornwall and Isles of Scilly, in November; the number, 01736 756655, stays the same.
- **Boscawen Ward.** Falmouth Community Hospital's 16-bed rehabilitation ward is closed while a new heating system is installed; ask where a rehabilitation bed would be instead.

USEFUL LOCAL CONTACTS

Useful contacts in Falmouth

The council, NHS teams, hospitals and local services you are most likely to need in Falmouth, with links to their official pages. Open any heading for the details.

Council and care assessments

Adult social care in Falmouth is arranged by Cornwall Council. Anyone who appears to need care can ask for a free care needs assessment, whatever their savings. If the council funds care, you can usually take it as a direct payment and use it for live-in care from us.

- **Cornwall Council:** ask for a care needs assessment (telephone 0300 1234 131); carer's assessment.

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through NHS Continuing Healthcare, and it is not means-tested. For Falmouth it is arranged by NHS Cornwall and Isles of Scilly Integrated Care Board (NHS Cornwall and Isles of Scilly ICB) (Continuing Healthcare information). See our NHS Continuing Healthcare guide.

Hospitals near Falmouth

If someone is in hospital, tell us the expected discharge date as early as you can, and we will work with you and the discharge team on when live-in care can start.

- Royal Cornwall Hospital (Treliske): Treliske, Truro TR1 3LJ, switchboard 01872 250000. Cornwall's emergency department (A&E), open 24 hours. Discharge planning starts soon after admission; the trust aims to have people ready to leave the ward by 10am, with a Discharge Lounge for those waiting for transport. (leaving hospital information)
- Falmouth Community Hospital: Falmouth TR11 2JA, 01326 436 600. Walk-in minor injury unit usually every day 8am to 8pm (closed on 31 October 2026), walk in or call NHS 111, entered through the day room during heating works; X-ray Monday, Wednesday and Friday 9am to 5pm. Not an A&E. Boscawen Ward (16 rehabilitation beds) closed for the duration of the works. (leaving hospital information)
- St Julia's Hospice: Foundry Hill, Hayle TR27 4HW, 01736 759070. Cornwall Hospice: end of life care beds for west Cornwall; referral through the GP, consultant or another healthcare professional. No Hospice at Home service.
- Mount Edgcumbe Hospice: Porthpean Road, St Austell PL26 6AB, 01726 65711. Cornwall Hospice: end of life care beds for mid and east Cornwall; referral through the GP, consultant or another healthcare professional. No Hospice at Home service.

Local support and charities

- Cornwall Carers Service: Carers' support (01736 756655)
- Falmouth Memory Cafe: Dementia support
- NHS Memory Assessment Service and Dementia Together: Dementia support
- Community Gateway (Age UK Cornwall & The Isles of Scilly): Local services directory (01872 266383)
- Age UK Cornwall & The Isles of Scilly: Information and Advice: Age UK (01872 266888)
- Age UK Cornwall Community Transport (TAP): Community transport (01872 223388)
- Volunteer Cornwall Community Transport: Community transport (01872 265300)
- Healthwatch Cornwall: Healthwatch: your independent voice on health and care (0800 038 1281)

Council tax

Council tax in Falmouth, including discounts for people with a severe mental impairment, for disabled people and for some carers, is handled by Cornwall Council. See council tax discounts for care.

Villages around Falmouth

Penryn · Flushing · Mylor · Mawnan Smith · Budock Water · Constantine · Mabe · Perranarworthal · St Gluvias

YOUR QUESTIONS

Questions about live-in care in Falmouth

Who do I call in Falmouth to ask for a care assessment?

Call Cornwall Council's adult social care line on 0300 1234 131 (9am to 5pm on Monday, Tuesday, Thursday and Friday; 10am to 5pm on Wednesday), or use the online 'Request help for an adult' form. Cornwall Council arranges adult social care for Falmouth and Penryn. There is no charge for the needs assessment. If you are the main family carer, ask for your own carer's assessment on 01736 756655.

Where is the nearest A&E to Falmouth?

The Royal Cornwall Hospital at Treliske, Truro, has Cornwall's emergency department, open 24 hours, for serious and life-threatening problems. For minor injuries, Falmouth Community Hospital's walk-in minor injury unit is usually open every day from 8am to 8pm, but it can close at short notice. Check the trust's live waiting times page or call NHS 111 before setting off. In an emergency, call 999.

What is happening at Falmouth Community Hospital?

A new heating system is being installed. Boscawen Ward, the hospital's 16-bed rehabilitation ward, is closed for the duration of the works, so ask the ward team at Treliske where a rehabilitation bed would be instead. The minor injury unit stays open in a temporary space, entered through the day room; X-ray runs on Monday, Wednesday and Friday, 9am to 5pm. Day services and appointments carry on as usual.

How much does live-in care cost in Falmouth?

Live-in care with Day and Nightcare costs from £1,550 a week in Falmouth, the same as everywhere in England, for one person with a carer who rests at night. That includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food; break cover and the carer's travel are extra. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs. You receive a written quote after a free assessment.

Can the council help pay for live-in care in Falmouth?

Yes, if the person's care needs meet the national eligibility criteria and their savings are below £23,250 (2026/27). Adult social care in Falmouth is arranged by Cornwall Council. Ask for a care needs assessment; if you are eligible, council funding can usually be taken as a direct payment and used for live-in care from us.

Can live-in care start when someone leaves Royal Cornwall Hospital (Treliske)?

It can. Tell us the expected discharge date as early as you can, and we will work with you and the ward's discharge team on when live-in care can start. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once a carer is arranged. We have provided Discharge to Assess (D2A) care since 2014.

Sources and further information

- Royal Cornwall Hospitals NHS Trust: Urgent care waiting times and opening hours
- Cornwall Partnership NHS Foundation Trust: Falmouth Community Hospital
- Cornwall Memory Cafe Network: Falmouth Memory Cafe
- Cornwall Memory Cafe Network: Penryn Memory Cafe
- Cornwall Council: Request help for an adult
- Cornwall Council: Our telephone numbers
- Cornwall Council: Contacting Adult Social Care for the first time
- Cornwall Council: Adult social care needs assessment
- Cornwall Council: Paying for adult social care
- Cornwall Council: Adult social care fees and charges
- Cornwall Council: Help to stay living at home
- Cornwall Council: Assessments and financial support for carers
- Cornwall Carers Service

- Cornwall Council: Cornwall's unpaid carers will benefit from a more specialised support service
- Cornwall Carers Service: Update about support for carers in Cornwall
- Cornwall Council: Get money off your council tax
- Cornwall Council: Money off council tax for carers and care workers
- Cornwall Council: Money off council tax for severe mental disability
- Cornwall Council: Money off council tax for disabled people
- Royal Cornwall Hospitals NHS Trust: Emergency Department (ED)
- Royal Cornwall Hospitals NHS Trust: Going home
- Royal Cornwall Hospitals NHS Trust: Practical help and advice
- NHS Cornwall and Isles of Scilly ICB: Patient transport
- Cornwall Partnership NHS Foundation Trust: Home First
- NHS Cornwall and Isles of Scilly ICB: Continuing healthcare
- Cornwall Voluntary Sector Forum: Community Gateway
- Age UK Cornwall & The Isles of Scilly: Community Gateway
- Cornwall Partnership NHS Foundation Trust: Dementia and older people's mental health
- Cornwall Memory Cafe Network
- Cornwall Memory Cafe Network: FAQs
- Volunteer Cornwall: Transport
- Cornwall Council: Community transport
- Cornwall Hospice Care: Our hospices
- Cornwall Hospice Care: Our care FAQs
- Cornwall Hospice Care: Contact us
- Age UK Cornwall & The Isles of Scilly: Information and advice
- Age UK Cornwall & The Isles of Scilly: Community transport
- NHS website: Getting a care needs assessment

Price

From £1,550 a week

Covers

Falmouth and nearby villages

CQC rating

Good

Assessment

Free, with no obligation

Live-in care elsewhere in Cornwall

All of Cornwall · Truro · Penzance · St Austell · Newquay · Bodmin · Camborne · Redruth · St Ives · Helston · Launceston · Bude · Liskeard · Saltash · Wadebridge · Looe

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
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Information, not advice: please check anything important with the organisation named.