ACROSS OXFORDSHIRE

Home care visits

Friendly, trained carers who visit you at home at times that suit you, so you can carry on living your life your way.



IN BRIEF

Home care, also called domiciliary care, is when a carer visits you at home to help with personal care, medication support, meals and getting up or going to bed. Day and Nightcare provides home care visits across Oxfordshire, from one hour to several hours, for people who arrange their own care and for people funded by the council or the NHS. The initial assessment is free.

How home care can help

Every visit is planned around you: your routine, your preferences and the things you would like a little help with. Your care plan might include:

- ✓ **Personal care:** washing, bathing or showering, dressing and continence care, with dignity and privacy.
- ✓ **Medication support:** prompting or administering medicines, as agreed in your care plan.

- **Meals and drinks:** preparing meals you enjoy and making sure you are eating and drinking well.
- **Morning and evening calls:** help getting up and dressed, and settling comfortably for the night.
- **Mobility:** moving and handling, including two carers where it is needed for your safety.
- **Around the home:** light housework, laundry, shopping and collecting prescriptions.
- **Companionship and sitting:** longer visits for company, outings, or to give a family carer a break.

Every task, every medication, assessments, care plans, carer notes and alerts are held in our live care monitoring system. Carers record each visit in our care app as they give it, so the record is visible to our care team as it is entered. Our care team reviews records and alerts during office hours and follows up; outside office hours, the on-call manager deals with urgent alerts. With the agreement of the person receiving care, relatives can see care notes through our family app.

Visits that fit your day

Visits last from one hour to several hours, once a week or several times a day. Many people start with a little help and add more as their needs change, and some move on to night care or live-in care later. We talk it through with you first.

Where we visit

Our carers visit people across Oxfordshire, including:

Oxford · Abingdon · Banbury · Bicester · Didcot · Kidlington · Thame · Wallingford · Wantage · Witney · Woodstock · Carterton · Chipping Norton · Henley-on-Thames

and the villages around them. If you are not sure whether we cover your area, please call us on 01865 715780.

Paying for home care

You can arrange and pay for home care yourself, or it may be funded by Oxfordshire County Council, through a direct payment, or by NHS Continuing Healthcare. Our costs and funding guide explains the options. For our current home care prices, please call us and we will send you a written quote after a free assessment.

Questions people ask

What is home care?

Home care, also called domiciliary care, is when a carer visits you at home at times that suit you, to help with personal care, medication support, meals, and getting up or going to bed. You stay in your own home, with your own routines and the people and things you love around you.

How long are home care visits?

Visits last from one hour to several hours, depending on what you need. Longer visits suit people who would like more time, company, or a sitting service so that a family carer can have a break.

Where do you provide home care?

We visit people across Oxfordshire, including Oxford, Abingdon, Banbury, Bicester, Didcot, Kidlington, Thame, Wallingford, Wantage, Witney and the villages around them.

How much does home care cost?

The cost depends on how long your visits are and when they take place, with different rates for evenings, weekends and bank holidays. Please call us on 01865 715780 and we will give you our current prices and a written quote after a free assessment.

Do you work with Oxfordshire County Council?

Yes. We provide care funded by Oxfordshire County Council and the NHS, as well as care that people arrange and pay for themselves.

Can you help when someone comes home from hospital?

Yes. We have long experience of supporting people home from hospital, including more help in the first weeks while they settle and regain confidence. See care after a hospital stay.

Visits

From one hour to several hours

Where

Across Oxfordshire

Funding

Private, council-funded and NHS-funded care

Assessment

Free, with no obligation

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)

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Information, not advice: please check anything important with the organisation named.