INFORMATION CENTRE

Leaflets and brochures to download

Every page on our website can be downloaded as a PDF leaflet to print, keep or share with your family. Our brochures bring related pages together.

IN BRIEF

Each download below says what the PDF is for and how many pages it has. For a quick read, choose a short guide or a leaflet; the reference handbooks hold every guide on a topic in full. At the end of any page, "Print this leaflet" prints the page and "Download as a PDF" saves the same leaflet. The leaflets are made from the pages themselves, and each one links back to its page.

Our brochures

Our own pages about our care, and about working with us, joined into one PDF to read, print or share.

Live-in care: a guide for families

What live-in care is, how it works day to day, what it costs and how it can help with dementia, after a hospital stay, at the end of life and for couples.

Brochure: these pages of our website together in one PDF.

Download the brochure

Care at home in Oxfordshire

Home care visits, night care and 24-hour care across Oxfordshire, and who we are.

Brochure: these pages of our website together in one PDF.

Download the brochure

Working with Day and Nightcare

Our induction, training, support and live care monitoring, and how to apply.

Brochure: these pages of our website together in one PDF.

Download the brochure

Guides by topic

Each topic comes two ways: a short guide with the key points, and a reference handbook with every guide on the topic in full, to keep and look things up in.

Paying for care

Council funding, NHS Continuing Healthcare, benefits, council tax discounts and every legitimate way to reduce the cost of care.

Short guide: the key points, with the short answer from each guide and the address of the full guide.

Download the short guide

Full reference handbook: every guide on this topic in full.

Download the handbook

Choosing care at home

The types of care at home, choosing a provider, assessments, care plans, contracts and getting your home ready.

Short guide: the key points, with the short answer from each guide and the address of the full guide.

Download the short guide

Full reference handbook: every guide on this topic in full.

Download the handbook

Health conditions and care at home

Dementia, Parkinson's, stroke, falls, frailty, heart and lung conditions, continence, nutrition, wellbeing, sight and hearing.

Short guide: the key points, with the short answer from each guide and the address of the full guide.

Download the short guide

Full reference handbook: every guide on this topic in full.

Download the handbook

Leaving hospital

What to expect, Discharge to Assess, reablement and the questions to ask before someone comes home.

Short guide: the key points, with the short answer from each guide and the address of the full guide.

Download the short guide

Full reference handbook: every guide on this topic in full.

Download the handbook

Planning ahead

Lasting Power of Attorney, advance care planning, mental capacity, end-of-life planning and staying safe from scams.

Short guide: the key points, with the short answer from each guide and the address of the full guide.

Download the short guide

Full reference handbook: every guide on this topic in full.

Download the handbook

Help for family carers

Carer's assessments, looking after yourself, working while caring, respite and caring from a distance.

Short guide: the key points, with the short answer from each guide and the address of the full guide.

Download the short guide

Full reference handbook: every guide on this topic in full.

Download the handbook

Living safely at home

Home safety, equipment and adaptations, technology and telecare, and managing medication.

Short guide: the key points, with the short answer from each guide and the address of the full guide.

Download the short guide

Full reference handbook: every guide on this topic in full.

Download the handbook

Popular leaflets

A leaflet is one page of our website as a PDF, with a link back to the page.

Live-in care | How live-in care works | Costs and funding | Dementia care at home | Care after a hospital stay | End-of-life care at home | Home care visits in Oxfordshire | Night and 24-hour care | First steps when someone needs care | Working with us | About us

Local leaflets

Each county, town and London borough page has its own leaflet, with the local council, hospitals and support services. Here are the county leaflets:

Oxfordshire | Buckinghamshire | Berkshire | Wiltshire and Swindon | Gloucestershire | Northamptonshire | Warwickshire | Hampshire | Bristol

Cornwall | Devon | London | Somerset | Surrey

Our interactive tools

On the funding and cost checker, the NHS Continuing Healthcare self-check and the care charge calculator, "Print your answers" prints your own answers with the result. Their PDF leaflets explain each tool and give a blank paper worksheet; they do not record anyone's answers.

Talk to our care team: 01865 715780
enquiries@dayandnightcare.co.uk · Out of hours: 07775 686272
Day and Nightcare Live In Limited, 9 Hollow Way, Cowley, Oxford OX4 2NA
CQC overall rating: Good (report published 20 April 2018)
The latest version of this page: **www.dayandnightcare.co.uk/guides/leaflets/**
This PDF was made on 1 November 2026.
Information, not advice: please check anything important with the organisation named.