Day and Nightcare

WHO CARES? WE CARE.

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BROCHURE

Live-in care: a guide for families

What live-in care is, how it works day to day, what it costs and how it can help with dementia, after a hospital stay, at the end of life and for couples.



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Talk to our care team

01865 715780

enquiries@dayandnightcare.co.uk

Out of hours: 07775 686272

www.dayandnightcare.co.uk

CQC overall rating: Good (report published 20 April 2018)

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FULLY MANAGED · ANYWHERE IN ENGLAND

Live-in care

A trained carer lives in your home and supports you through the day, with someone close by at night. Planned with you and managed by our care team, anywhere in England.

From £1,550 a week

For one person, with a carer who rests at night. Free initial assessment; a written quote before care begins.



IN BRIEF

Live-in care means a trained carer lives in the person's home, so they can stay there rather than move into a care home. Day and Nightcare provides fully managed live-in care anywhere in England from £1,550 a week for one person. The carer has a daily break and rests at night. The price includes our care team's management and the carer's food; break cover and the carer's travel are extra. The initial assessment is free, and we are registered with the CQC and rated Good.

DAY-TO-DAY SUPPORT

What a live-in carer does

Every care plan is written around the person and their routine. Most include:

Personal care

Washing, bathing, dressing, continence care, and getting up and going to bed when you choose, always with dignity and privacy.

Medication support

Prompting or administering medicines, as agreed in your care plan.

Meals

Shopping, cooking the food you enjoy, and support with eating and drinking.

Your home

Laundry, light housework and keeping things just as you like them, pets included.

Companionship

Conversation, hobbies, and the reassurance of someone in the house at night.

Mobility

Moving and handling, including hoists where needed, and pressure area care to keep skin healthy.

Getting out

Walks, appointments, visiting friends, church or the shops.

How care is recorded

Every task, every medication, assessments, care plans, carer notes and alerts are held in our live care monitoring system. Your carer records care in our care app as they give it, so the record is visible to our care team as it is entered. Our care team reviews records and alerts during office hours and follows up; outside office hours, the on-call manager deals with urgent alerts. With the agreement of the person receiving care, relatives can see care notes through our family app.

WHAT TO PLAN FOR

Breaks and nights

Your carer has a break each day and regular time off, and rests at night. They can help now and then during the night, for example with a trip to the toilet.

If you should not be on your own during the carer's break, or help is needed most nights, we plan extra support with you, such as 24-hour care with a day carer and a waking night carer working in shifts, which we can arrange anywhere in England.

How live-in care works day to day Night care

IS IT THE RIGHT CHOICE?

Who live-in care suits

Live-in care suits people who need support at different times through the day, or who feel safer with someone close by at night, and who would like to stay in their own home. People often choose it:

When visits are no longer enough, or nights have become a worry

When someone is living with dementia

And may be more settled at home with regular carers.

For couples who want to stay together

Where one carer can safely meet both partners' needs; we assess each couple.

When someone is coming home from hospital

At the end of life

So someone can stay at home, with the people who matter to them close by.

As respite

While a family carer takes a break.

OUR ROLE

A fully managed service

Some agencies only introduce a carer. With a fully managed service, we take responsibility for the care: the assessment, care plan and carer in how it starts, and then:

- ✓ **Support for your carer**
  Supervision and spot checks, and our care team to call.
- ✓ **Regular contact and reviews**
  We keep in regular touch and review the care plan as needs change.
- ✓ **Cover when your carer is away**
  You have one main live-in carer, with a relief carer covering holidays and time off, who takes over after a full handover.

If anything worries you, call our care team on 01865 715780 in office hours (Monday to Friday, 9am to 5pm); outside office hours, a manager is on call.

GETTING STARTED

How live-in care starts

01 **Call us**
Call us on 01865 715780 or ask for a call back. We talk through what is happening and give you an idea of cost.

02 **Free assessment**
We assess the care needed with the person and anyone they want involved, free of charge: health, routines, the home, and what matters most to them.

03 **Care plan and quote**

You receive a written care plan and a written quote before anything starts.

04 **Your carer**

We match a carer to the person and their interests, not just to the tasks. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we confirm the start date once the carer is arranged.

KNOWING WHERE YOU STAND

What live-in care costs

From £1,550 a week

One person, with a carer who has a daily break and rests at night. A written quote before care begins.

The price includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food. Break cover, if the person should not be left alone during the carer's break, and the carer's travel are extra and shown in the quote. For a couple, live-in care is from £1,800 a week, where one carer can safely meet both partners' needs (assessed for each couple). If help is needed most nights, we would suggest 24-hour care with carers in shifts, quoted after the assessment. Costs and funding explains what is included and how care can be paid for, including council funding, NHS Continuing Healthcare and Attendance Allowance.

COVERAGE

Where we provide live-in care

We arrange live-in care anywhere in England, from Oxfordshire and the Thames Valley to London, the South West, the Midlands, the East and the North. Live-in care anywhere in England lists every area and its towns.

Local guides by county

Oxfordshire · Buckinghamshire · Berkshire · Wiltshire and Swindon · Gloucestershire · Northamptonshire · Warwickshire · Hampshire · Bristol · Cornwall · Devon · London · Somerset · Surrey

> “Thank you so much for listening to our needs and swiftly putting measures in place. Please pass our gratitude on to his current carer and let her know what a fabulous job she is doing.”
>
> Family of a live-in care client

YOUR QUESTIONS

More questions about live-in care

Does a live-in carer need their own room?

Yes. Your carer will need a private bedroom with a comfortable bed and somewhere to keep their things, along with use of a bathroom and the kitchen. Wi-Fi or a good phone signal helps them keep in touch with our office and their own family.

How quickly can live-in care start?

We can often start within 24 to 48 hours of the assessment, depending on carer availability. We assess the care needed, arrange a carer and confirm the start date once the carer is arranged, so it is not a guarantee until then. If someone is in hospital, tell us the expected discharge date as early as you can. Please call us on 01865 715780 and we will tell you honestly what we can arrange, and when.

Can one live-in carer look after a couple?

It depends on both partners' needs. When one carer can safely meet them, a couple can stay at home together with a single live-in carer, from £1,800 a week (£250 a week more than for one person), which can cost less than two care home places. We assess you both first, and if one carer would not be enough, we will say so. See live-in care for couples.

What if the carer is not the right match?

Please let us know. Feeling comfortable with your carer matters a great deal, and we will talk it through with you and find a carer who suits you better.

Is live-in care cheaper than a care home?

It can be. Live-in care starts from £1,550 a week for one person, which is in the same range as many care homes. For a couple it is from £1,800 a week, where one carer can safely meet both partners' needs, which can cost much less than two care home places. It also means one-to-one support in your own home. See live-in care or a care home.

Price

From £1,550 a week for one person

Where

Anywhere in England

Managed by

Our care team, with a manager on call

Regulated by

Care Quality Commission, rated Good

This page online: **www.dayandnightcare.co.uk/live-in-care/**

DAY TO DAY

How live-in care works

The practical questions people ask: the carer's breaks and time off, nights, the room, holidays, and what happens when something needs to change.



IN BRIEF

A live-in carer lives in your home, has a break each day and regular time off, and rests at night unless night support has been planned. They need their own bedroom. You have one main live-in carer, with a relief carer covering holidays and time off after a full handover, and our care team supports you and your carer throughout.

The carer's day and their break

Your carer's day follows your routine, not a timetable: getting up, personal care, meals, outings, appointments, company and getting ready for bed. Every live-in carer also needs a daily break to rest and recharge. If you would not be safe or comfortable on your own during that time, we arrange cover with another carer or with your family, and agree it together in your care plan. Break cover from a carer is extra to our live-in price and is shown in your written quote.

Nights

A live-in carer rests at night and is there if you need them now and then, for example to help you to the toilet. If help is needed often through the night, a single carer cannot stay rested and alert both day and night, so we would suggest 24-

hour care, with a day carer and a waking night carer working in shifts so that a carer is awake through the night. We can arrange this anywhere in England. In Oxfordshire, waking nights and sleep-ins can also be booked on their own. We talk this through openly with you at the assessment, and your written quote shows the night arrangement agreed. See night care: who is awake.

The carer's room

The carer needs a private bedroom with a proper bed and somewhere to keep their things, and access to a bathroom and the kitchen. Wi-Fi or a good phone signal helps them stay in touch with our office and their own family.

Food

Your carer's food is included in our live-in price, so you do not need to budget for it separately. (The carer's travel is extra and is shown in your written quote; see costs.)

Time off and holidays

You have one main live-in carer, with a relief carer covering holidays and time off. Your main carer has regular time off, so one carer is not with you all year round. Before your carer goes on leave, the outgoing carer gives the relief carer a full handover of your routine, preferences and medication, so they know how you like things done.

If the match is not right

Feeling comfortable with your carer matters as much as the care itself. If it does not feel right, please let us know and we will look for a carer who suits you better.

Records, money and safety

Our live care monitoring system holds every task, every medication, assessments, care plans, carer notes and alerts. Your carer records each task and medication in our care app as they give it, so the record is visible to our care team as it is entered. Our care team reviews records and alerts during office hours and follows up; outside office hours, the on-call manager deals with urgent alerts. With the agreement of the person receiving care, relatives can see care notes through our

family app. Any help with shopping or money is agreed in your care plan and recorded, with receipts kept. Our carers do not accept gifts or money, so please never feel you need to offer them. Every carer has an enhanced DBS check, references and training before they start. Online courses are only part of that training: we check practical skills for the needs of the person each carer supports through shadowing, spot checks and supervision.

Who to call

Our care team supports every live-in placement. During office hours (Monday to Friday, 9am to 5pm), you, your family and your carer can all reach us on 01865 715780; outside office hours, a manager is on call on 07775 686272.

Questions

How quickly can live-in care start?

We can often start within 24 to 48 hours of the assessment, depending on carer availability. We assess the care needed, arrange a carer and confirm the start date once the carer is arranged, so it is not a guarantee until then. If someone is in hospital, tell us the expected discharge date as early as you can. Please call us on 01865 715780 and we will tell you honestly what we can arrange, and when.

Can one live-in carer look after a couple?

It depends on both partners' needs. When one carer can safely meet them, a couple can stay at home together with a single live-in carer, from £1,800 a week (£250 a week more than for one person), which can cost less than two care home places. We assess you both first, and if one carer would not be enough, we will say so. See live-in care for couples.

Carer needs

Own bedroom, a daily break, regular time off

Nights

Occasional help; if help is needed most nights, a day carer and a waking night carer in shifts

Cover

A relief carer for holidays and time off

Price

From £1,550 a week

This page online: **www.dayandnightcare.co.uk/live-in-care/how-it-works/**

PRICES UPDATED NOVEMBER 2026

Live-in care costs and how to pay for care

What live-in care costs with us, what the price includes, and the help available from the council, the NHS and benefits in England.



IN BRIEF

Live-in care with Day and Nightcare costs from £1,550 a week for one person, with a carer who has a daily break and rests at night, and a written quote after a free assessment. The price includes our care team's management and the carer's food; break cover and the carer's travel are extra. People with savings over £23,250 usually pay for their own care at home in England. The council may help below that, NHS Continuing Healthcare pays in full when the main need is a health need, and Attendance Allowance (£76.70 or £114.60 a week in 2026/27) can be spent on care.

Our prices

Care	Price	Notes
Live-in care, one person	**From £1,550 a week**	Anywhere in England. The carer rests at night and has a daily break. Includes our care team's management and the carer's food; break cover and the carer's travel are extra, in your written quote.

Care	Price	Notes
Live-in care, a couple	**From £1,800 a week**	£250 a week more than for one person, where one carer can safely meet both partners' needs (assessed for each couple).
Respite live-in care	From £1,550 a week	Short stays, for example while a family carer has a break.
24-hour care in shifts	Quoted after assessment	Anywhere in England. A day carer and a waking night carer, so a carer is awake at all times.
Home care visits (Oxfordshire)	Ask for our current prices	Visits from one hour to several hours. Evening, weekend and bank holiday rates differ.
Waking nights and sleep-ins (Oxfordshire)	Ask for our current prices	Priced per night.
Initial assessment	**Free**	With a written care plan and quote, and no obligation.

Prices updated November 2026. Call 01865 715780 for a quote.

What the live-in price includes

The price of £1,550 a week is for one person, with a carer who has a daily break and rests at night. For that, you have a trained carer living in your home, and the price includes:

- ✓ Our care team's management: the assessment, a written care plan, reviews, supervision of your carer, and the on-call manager outside office hours
- ✓ The carer's food

You have one main live-in carer, with a relief carer covering holidays and time off.

What is extra

Two things are extra, and your written quote shows them before care begins:

- **break cover**: a carer with you during the live-in carer's daily break, if you should not be left on your own;
- **the carer's travel**.

If help is needed most nights, a live-in carer who rests at night is not enough, and we would suggest 24-hour care with carers in shifts, quoted after the assessment. For a couple, live-in care is from £1,800 a week where one carer can safely meet both partners' needs. Your carer will also need their own bedroom. Our written terms come with your quote. We talk everything through with you before you agree the quote.

How our price compares

For context, Oxfordshire County Council sets 2026/27 ceiling rates for the live-in care it contracts in Oxfordshire: **£1,168.35 a week** for live-in care without break cover, and **£1,600.64 a week** where another carer covers the live-in carer's breaks (Oxfordshire County Council fees and reviews, fee uplift letter of 12 March 2026, checked 31 October 2026; see sources).

Our live-in care starts from £1,550 a week for one person, fully managed and CQC-registered, and includes our care team's management and the carer's food. The starting price does not include cover during the carer's daily break or the carer's travel: if someone cannot safely be left during the break, that cover is added to the written quote, as is the carer's travel. So the closest like-for-like figure for our starting price is the council's rate without break cover; with break cover added, our price is higher than £1,550. The council's figures are ceiling rates for care it contracts from providers, not prices for people who pay for their own care, and what each provider includes can differ, so it is worth comparing written quotes line by line.

Ways to pay for care

Paying for your own care

In England, if your savings and capital are over **£23,250**, you will usually pay for your own care. When you receive care in your own home, the value of your home is not counted. Many families pay from savings, pensions and income, topped up by Attendance Allowance.

Help from the council

Ask your council's adult social care team for a **care needs assessment**. If you are eligible, they will look at your finances. In 2026/27:

- over £23,250 in savings and capital: you usually pay for your own care;
- between £14,250 and £23,250: you contribute from your capital as well as your income;
- below £14,250: only your income is counted, and you keep a minimum amount to live on.

If the council funds your care, you can usually ask for a **direct payment** and use it to pay us. These limits come from the government's 2026/27 charging circular (see sources).

NHS Continuing Healthcare

When someone's main need is a health need, the NHS pays for all of their care through **NHS Continuing Healthcare**. It is not means-tested. Assessment starts with a checklist, completed by a nurse, doctor or social worker. People nearing the end of life can be **fast-tracked** so care starts quickly. We already provide live-in care funded by NHS Continuing Healthcare. Our NHS Continuing Healthcare guide explains each step.

Attendance Allowance

Attendance Allowance is for people over State Pension age who need help because of illness or disability. In 2026/27 it is **£76.70 a week** (lower rate) or **£114.60 a week** (higher rate, for help day and night or at the end of life). It is not means-tested and can be spent on care, but it depends on the person's needs, so it should not be counted on until it is awarded. You can claim online or with a printed claim form from GOV.UK (see useful contacts), or phone the Attendance Allowance helpline on 0800 731 0122 (Monday to Friday, 8am to 6pm) for a paper form. Our Attendance Allowance guide explains each way and how to answer the questions.

After a hospital stay

Some people are offered a short period of free care after hospital, called reablement or intermediate care, arranged by the hospital or the council. If more help is needed after that, we can carry on. See care after a hospital stay.

Independent advice

Age UK, Independent Age and MoneyHelper give free information about paying for care. For decisions about savings, property or investments, speak to a regulated independent financial adviser who specialises in later-life care. We can explain our prices and how funding works, but we do not give financial advice.

Questions about cost

How much does live-in care cost?

Live-in care with Day and Nightcare starts from £1,550 a week for one person, with a carer who rests at night. For a couple it is from £1,800 a week (£250 a week more), where one carer can safely meet both partners' needs, assessed for each couple. If help is needed most nights, we would suggest 24-hour care with carers in shifts, which is quoted after the assessment. You receive a written quote after a free assessment.

What is included in the price?

The £1,550 a week, for one person with a carer who rests at night, includes our care team's management (the assessment, care plan, reviews, supervision and the on-call manager) and the carer's food. The initial assessment is free. Break cover and the carer's travel are extra, and are shown in your written quote.

Are there any extra costs?

Yes: break cover and the carer's travel are extra, and your written quote shows them before care begins. Break cover is a carer with you during the live-in carer's daily break, if you should not be left on your own. The carer's food is included in the price. Our starting price is for a carer who rests at night; if help is needed most nights, 24-hour care with carers in shifts is quoted after the assessment.

Will the council help pay for care at home?

The council may help if your care needs meet the national eligibility criteria and your savings are below the limit. In England in 2026/27, people with savings and capital over £23,250 usually pay for their own care; between £14,250 and £23,250 you contribute towards it; below £14,250 only your income is taken into account. The value of your home is not counted when you receive care at home.

You can ask your council's adult social care team for a care needs assessment. If you are eligible, you can usually take the funding as a direct payment and use it towards care from us.

Will the NHS pay for care at home?

The NHS pays for all of your care through NHS Continuing Healthcare (CHC) when your main need is a health need. It is not means-tested. A nurse, doctor or social worker starts with a checklist, followed by a full assessment if needed. People nearing the end of life can be assessed through the CHC Fast Track, so care can start quickly. Day and Nightcare already provides live-in care funded by NHS Continuing Healthcare.

Can Attendance Allowance help pay for care?

It can, if the person qualifies. Attendance Allowance is for people over State Pension age who need help because of an illness or disability. In 2026/27 it is £76.70 a week at the lower rate, or £114.60 a week at the higher rate for people who need help day and night or are nearing the end of life. It is not means-tested, and you can spend it on your care.

Can I use a direct payment or personal budget to pay for your care?

Yes. If the council funds your care, you can usually ask for a direct payment from your personal budget and use it to pay Day and Nightcare. We are happy to talk this through with you and your social worker.

Where can I get independent advice about paying for care?

Age UK, Independent Age and MoneyHelper offer free, impartial information, and your council's adult social care team can explain local funding. For decisions about savings, property or investments, please speak to a regulated independent financial adviser who specialises in later-life care. We are always glad to explain our prices and how funding works, but we do not give financial advice.

Useful contacts and next steps

- GOV.UK: Attendance Allowance: who can get it, the current rates, and how to claim online or with a printed claim form.
- GOV.UK: Find your local council: enter a postcode to find the council to ask for a care needs assessment.

Sources and further information

- Oxfordshire County Council: fees and reviews (2026/27 ceiling rates for live-in care, fee uplift letter of 12 March 2026; checked 31 October 2026)
- GOV.UK: Social care charging for care and support, 2026 to 2027 (local authority circular) (the £23,250 and £14,250 capital limits)
- NHS website: NHS Continuing Healthcare

Live-in care
From £1,550 a week for one person

A couple
From £1,800 a week, where one carer can safely meet both partners' needs

Initial assessment
Free, with no obligation

Council capital limits 2026/27
£23,250 upper, £14,250 lower (England)

Attendance Allowance 2026/27
£76.70 or £114.60 a week

This page online: **www.dayandnightcare.co.uk/live-in-care/cost/**

MAKING THE RIGHT CHOICE

Live-in care or a care home?

A fair comparison to help you decide what is right, whether you are choosing for yourself or with someone else.



IN BRIEF

Live-in care gives one-to-one support in your own home; a care home offers company around the clock and on-site staff. Live-in care with Day and Nightcare starts from £1,550 a week for one person, in the same range as many care homes, and for a couple it is from £1,800 a week where one carer can safely support both partners, which can cost less than two care home places. The right choice depends on the person.

Side by side

	Live-in care	Care home
Where	Your own home	A new home, shared with other residents
Attention	One-to-one, from a carer who gets to know you	Staff caring for several residents

	Live-in care	Care home
Routine	Your own: meals, visitors, bedtime	Fits around the home's routine
Couples and pets	Pets stay at home; a couple can stay together where one carer can safely support both (assessed for each couple)	Depends on the home
Company	Your carer, family, friends and neighbours	Other residents and activities on site
At night	Your carer sleeps nearby and can help now and then; if help is needed most nights, a waking night carer works in shifts with the day carer	Night staff on duty
Cost	From £1,550 a week with us for one person, including our care team's management and the carer's food; break cover and the carer's travel are extra. For a couple, from £1,800 a week where one carer can safely support both. If help is needed most nights, 24-hour care in shifts is quoted separately	Varies by home and the care needed

When live-in care may suit best

- Home means a great deal to the person, and a move would be distressing.
- A couple would like to stay together, and one carer can safely meet both partners' needs.
- The person is living with dementia and is calmer in familiar surroundings.
- One-to-one attention matters more than having lots of people around.

When a care home may suit best

- The person would enjoy having others around them all day.
- Their home cannot be adapted, or there is no spare bedroom for a carer.
- They need nursing care or equipment that cannot be provided at home.

We will give you an honest view. If we think a care home would serve someone better, we will tell you. Please call 01865 715780 to talk it through.

Questions people ask

Is live-in care better than a care home?

It depends on the person. Live-in care offers one-to-one support in your own home, can keep pets at home and, where one carer can safely meet both partners' needs, a couple together, and avoids the upheaval of a move. A care home can suit people who would enjoy having company around them all day, or who need equipment and staffing that a home cannot accommodate.

Is live-in care more expensive than a care home?

Not always. Live-in care with Day and Nightcare starts from £1,550 a week, similar to the fees many care homes charge people who pay for themselves, and the support is one-to-one. For a couple, live-in care is from £1,800 a week where one carer can safely support both partners, which can cost less than two care home places. Care home fees vary widely, so it is worth comparing written quotes.

Live-in care

From £1,550 a week, one-to-one at home

Assessment

Free, with no obligation

This page online: **www.dayandnightcare.co.uk/live-in-care/vs-care-home/**

Dementia care at home

Familiar surroundings, steady routines and regular carers who get to know the person behind the diagnosis.



IN BRIEF

Day and Nightcare supports people living with dementia at home through live-in care anywhere in England, and home care visits and night care across Oxfordshire. Regular carers who get to know the person, steady routines and support planned for the day and the night can help someone stay settled and safe at home. Live-in care starts from £1,550 a week, after a free assessment.

Why home can be the right place

For many people living with dementia, a move can be unsettling. At home, the rooms, the garden, the photographs and the neighbours are all familiar. With the right support, that familiarity can be a comfort.

How we support someone living with dementia

- **Getting to know the person:** their life story, what they enjoy, what upsets them and what brings comfort.
- **Steady routines:** meals, personal care and rest at the usual times, with patience and reassurance.

- **Eating and drinking:** patient encouragement, so the person stays nourished and hydrated.
- **Medication support:** prompting or administering medicines as set out in the care plan.
- **Safety at home and at night:** a live-in carer is close by at night and can help now and then; if the person is often awake and needs help, we can add a waking night carer working in shifts with the day carer.
- **Staying connected:** walks, hobbies, music, visits and the everyday things that matter.

Support for family and friends too

Caring for someone with dementia can be lonely and tiring. With the person's agreement, or the right legal authority, we keep you informed and involve you in the care plan, and we can arrange respite care or night care so that you can rest.

When needs change

We review the care plan as dementia progresses and can add night support or a second carer. If a time comes when care at home is no longer the right choice, we will talk with you openly and help you plan.

To talk about dementia care, please call 01865 715780.

Questions people ask

Is live-in care good for someone living with dementia?
For many people living with dementia, staying in familiar surroundings with carers they know feels calmer and safer than a move. A live-in carer keeps routines steady, supports eating, drinking and medication, and is close by at night, when confusion or restlessness can be harder. If the person needs help most nights, we would suggest adding a waking night carer, working in shifts with the day carer.

Can you support someone whose dementia is progressing?
Yes. We review the care plan as needs change and can add night support or a second carer when it is needed. If a time comes when care at home is no longer the right choice, we will talk with you openly and help you plan the next step.

Who should we talk to about care for a relative with dementia?

The person who holds Lasting Power of Attorney, or the family member who helps with their affairs, is welcome to call us on 01865 715780. We involve the person themselves as fully as they are able, because it is their care.

Care options

Live-in care, home care visits, night care

Where

Live-in anywhere in England; visits in Oxfordshire

Assessment

Free, with no obligation

This page online: **www.dayandnightcare.co.uk/live-in-care/dementia/**

HOME FROM HOSPITAL

Care after a hospital stay

Coming home is a big step. Tell us the expected discharge date as early as you can, and we will plan the support with you and the hospital team.



IN BRIEF

Day and Nightcare arranges care for people leaving hospital: live-in care anywhere in England, and home care visits or night care across Oxfordshire. We can often start within 24 to 48 hours of the assessment, depending on carer availability. We assess the care needed, arrange a carer and confirm the start date once the carer is arranged, so please tell us the expected discharge date as early as you can. Care can be short term during recovery, or ongoing.

Our experience

Since 2014 we have provided Discharge to Assess (D2A) care, and for several years we ran Oxfordshire's Urgent Response service. We know how hospital discharge works and how to work with ward staff and discharge teams.

How it works

1. **Tell us** the expected discharge date, as early as you can, on 01865 715780.
2. **Free assessment:** we talk with the person, anyone they want involved and the hospital team about what support is needed at home.

3. **We arrange a carer and confirm the start date:** live-in care anywhere in England, or in Oxfordshire home care visits, night care or a mix. We can often start within 24 to 48 hours of the assessment, depending on carer availability, and we will tell you honestly what we can arrange.
4. **Reviews during recovery:** often more help in the first weeks, then less as strength and confidence return.

Funding after hospital

Some people are offered a short period of free reablement or Discharge to Assess (D2A) support, arranged by the hospital or the council. If more help is needed after that, we can carry on, either privately or with council or NHS funding. See costs and funding.

Questions people ask

How soon can care start after a hospital stay?
We can often start within 24 to 48 hours of the assessment, depending on carer availability. Tell us the expected discharge date as early as you can. We assess the care needed, working with the hospital team, arrange a carer, and confirm the start date once the carer is arranged, and we will tell you honestly what we can arrange. Live-in care is available anywhere in England; home care visits and night care are provided across Oxfordshire.

Who pays for care after a hospital stay?
It depends on your situation. Some people receive a short period of free reablement or Discharge to Assess (D2A) support arranged by the hospital or the council. Others arrange and pay for care themselves while they recover. NHS Continuing Healthcare pays in full when the main need is a health need.

Can care be short term?
Yes. Many people need more help for a few weeks after hospital and then less as they regain strength and confidence. We review the care with you along the way.

Start date

Often within 24 to 48 hours of the assessment, depending on carer availability; confirmed once a carer is arranged

Care options

Live-in care, home care visits, night care

Experience

Discharge to Assess (D2A) care since 2014; Oxfordshire's Urgent Response service for several years

This page online: **www.dayandnightcare.co.uk/live-in-care/after-hospital/**

PALLIATIVE CARE AT HOME

End-of-life care at home

Comfort, dignity and calm, at home, with the people who matter most close by.



IN BRIEF

Day and Nightcare provides end-of-life and palliative care at home through live-in care anywhere in England, and home care visits and waking nights across Oxfordshire. Our carers work alongside the GP, district nurses and hospice teams. When someone is nearing the end of life, NHS Continuing Healthcare Fast Track funding can mean care starts quickly.

Being at home

Many people would like to spend their final weeks at home. With the right support, that wish can often be met, and the people close to them can spend time together rather than managing care alone.

How our carers help

- Personal care, with dignity, at the person's own pace.
- Comfort: repositioning, mouth care and help to keep skin healthy.
- Support with eating and drinking, as wished.
- Company and reassurance, day and night.
- Support for family and friends: someone to share the load, so you can spend time together.

Our carers work alongside the GP, district nurses and hospice teams, who manage symptoms and clinical care. A live-in carer means someone is in the home day and night, resting at night. When someone needs a carer awake through the night, we can arrange 24-hour care with carers in shifts anywhere in England, or waking nights in Oxfordshire.

Funding

When someone is nearing the end of life, the NHS can fund care through the NHS Continuing Healthcare Fast Track, so that support can start quickly. The GP, hospital or community nursing team makes the referral. We are glad to help you through the process. Please call 01865 715780.

Questions people ask

Can someone be cared for at home at the end of their life?
Yes. With the right support, many people can spend their final weeks at home, with family close by. Our carers work alongside the GP, district nurses and hospice teams. A live-in carer means someone is in the home day and night, resting at night; if a carer needs to be awake through the night, we can arrange carers working in shifts.

Does the NHS pay for end-of-life care at home?
When someone is nearing the end of life, the NHS can arrange funding through the NHS Continuing Healthcare Fast Track, so care can begin quickly. The GP, hospital or community nursing team makes the referral.

Care options
Live-in care and 24-hour care in shifts (England); waking nights and home care visits (Oxfordshire)

Works with
GPs, district nurses and hospice teams

Funding
Private, or NHS Continuing Healthcare Fast Track

This page online: **www.dayandnightcare.co.uk/live-in-care/end-of-life/**

A BREAK FOR FAMILY CARERS

Respite care at home

Time to rest, recover or get away, while the person you care for stays at home with their own routine.



IN BRIEF

Respite live-in care gives a family carer a break: a trained carer moves in for a week or longer, so the person you care for stays at home with their own routine. Day and Nightcare provides respite live-in care anywhere in England from £1,550 a week, and shorter sitting visits and night care across Oxfordshire.

Looking after yourself too

Caring for a partner, relative or friend can be rewarding, and it can also be tiring. Taking a break is not letting anyone down; it helps you keep going. Respite care means you can rest, see friends, go on holiday or have a planned operation while a trained carer supports the person at home.

How respite live-in care works

- A free assessment, so the carer knows the person's routine, needs and preferences.
- A written care plan, so the carer knows the routine and what matters to the person.
- A carer who lives in for the period you need, from about a week.

- The option to make it regular, for example a week every few months.

Shorter breaks

In Oxfordshire we also offer sitting visits of a few hours and night care, so you can have time to yourself or a full night's sleep. Please call 01865 715780 to plan a break.

Questions people ask

What is respite care at home?
Respite care is short-term care that gives a family carer a break. A live-in carer can move in while you rest, travel, or recover from illness yourself, so the person you care for stays at home with their routine.

How long can respite live-in care last?
From about a week to as long as you need. Respite live-in care starts from £1,550 a week, just like ongoing live-in care.

Length
From about a week

Price
From £1,550 a week

Also available
Sitting visits and night care in Oxfordshire

This page online: **www.dayandnightcare.co.uk/live-in-care/respite/**

STAYING TOGETHER AT HOME

Live-in care for couples

Staying together in the home you have shared, with care planned for you both.



IN BRIEF

Live-in care for couples means one live-in carer supports two people at home together, when one carer can safely meet both partners' needs. Whether that is possible is decided for each couple at a free assessment of you both; if one carer would not be enough, we say so. It costs from £1,800 a week, £250 a week more than for one person, and can keep a couple together at home for less than two care home places.

Why couples choose live-in care

When one or both partners need care, the thought of being apart can be the hardest part. Live-in care can mean a couple stays together in their own home, with their routines and often their pets around them.

Is one carer enough?

It depends on both partners' needs. One carer can support a couple when their needs fit comfortably within one person's day and night. If both partners need a lot of help, two carers are needed for moving and handling, or nights are often

disturbed, one carer may not be enough, and we will talk with you about the options, such as a second carer or extra night support. We will not suggest one carer for two people unless it is safe for both of you.

What it costs

Live-in care for a couple costs from £1,800 a week: £250 a week more than care for one person, where one carer can safely meet both partners' needs. Whether that is possible is assessed for each couple. It can cost less than two care home places. We give you a written quote after a free assessment of you both. Please call 01865 715780.

Questions people ask

Can a couple share one live-in carer?

Sometimes. It depends on whether both partners' needs fit comfortably within one carer's day and night. If both need a lot of help, if moving and handling needs two people, or if nights are often disturbed, one carer may not be enough, and we will talk with you about options such as a second carer or extra night support. We assess you both first, so the care is right for each of you.

How much does live-in care cost for a couple?

From £1,800 a week: £250 a week more than care for one person, where one carer can safely meet both partners' needs. Whether one carer is enough is decided for each couple at a free assessment of you both, and we give you a written quote. It can cost less than two care home places.

Carers
One live-in carer for both, where one carer can safely meet both partners' needs (assessed for each couple)

Price
From £1,800 a week (£250 more than for one person), where one carer can safely meet both partners' needs

Where
Anywhere in England

This page online: **www.dayandnightcare.co.uk/live-in-care/couples/**

WHO CARES? WE CARE.

About Day and Nightcare

We started in Oxford, caring for people across Oxfordshire, and now provide live-in care anywhere in England. Our belief is simple: care should be shaped around the person, their needs, their wishes and their home.



IN BRIEF

Day and Nightcare Live In Limited is a home care provider based at 9 Hollow Way, Cowley, Oxford OX4 2NA. We provide live-in care and 24-hour care with carers in shifts anywhere in England, and home care visits, waking nights and sleep-ins across Oxfordshire. We are registered with the Care Quality Commission and rated Good.

The person comes first

Everyone we support is an individual, with their own history, routines and wishes. It is their home, their care and their choice. We take time to listen, write a care plan around the person, and help them keep as much independence as they would like, always with dignity, privacy and respect.

The words around our sun-and-moon logo, *Who cares? We care*, sum up how we work. So does a line from our live-in brochure: *if you are happy, we are happy.*

What we stand for

- ✓ **Dignity and privacy** in every part of personal care.
- ✓ **Choice:** the right to make decisions about your own life and care.

- ✓ **Independence:** helping people reach, regain or keep the independence that matters to them.
- ✓ **Openness:** clear prices, honest advice and a written quote before care begins.
- ✓ **Care for everyone:** our care is open to all adults, whatever their background, beliefs or circumstances.

Experience across Oxfordshire

We have been caring for people in Oxfordshire since 2008. Since 2014 we have provided Discharge to Assess (D2A) care, and for several years we ran Oxfordshire's Urgent Response service. That experience of supporting people home from hospital, often at very short notice, shapes how we work today.

We are members of the Oxfordshire Association of Care Providers (OACP), and our Registered Manager has served as a director of the association.

Registered and accountable

We are registered with the Care Quality Commission (CQC), the independent regulator of health and social care in England. Our overall rating is **Good**, with Good in all five areas the CQC looks at: safe, effective, caring, responsive and well-led. The CQC published its report on 20 April 2018; you can read it on the CQC website (see sources).

Every carer has an enhanced DBS check, references and a thorough induction before they start, and keeps learning with us through one-to-one training, regular supervision and our online training portal, which offers a library of nearly 100 online care courses, almost all CPD-certified. Read how we train and support our carers.

Our live care monitoring system holds every task, every medication, assessments, care plans, carer notes and alerts. Carers record care in our care app as they give it, so the record is visible to our care team as it is entered. Our care team reviews records and alerts during office hours and follows up, and outside office hours the on-call manager deals with urgent alerts, whether the concern is about the person we support or about the carer. With the agreement of the person receiving care, relatives can see care notes through our family app.

In families' words

> “It was such a relief to finally have a care team that I felt I had confidence to look after our much deserving nan.”
>
> Family of a live-in care client

> “A big thank you to the team that cared for my mother. Since taking over her care you were all fantastic, finally we had found a team that were reliable and caring.”
>
> Family of a live-in care client

> “Thank you so much for listening to our needs and swiftly putting measures in place. Please pass our gratitude on to his current carer and let her know what a fabulous job she is doing.”
>
> Family of a live-in care client

Company details

Day and Nightcare Live In Limited, registered in England and Wales, company number 06765179. Registered office: The Old Dairy, 12 Stephen Road, Headington, Oxford OX3 9AY. Care office: 9 Hollow Way, Cowley, Oxford OX4 2NA. Telephone 01865 715780.

Sources and further information

- Care Quality Commission: our inspection report and rating (inspected 7 March 2018, report published 20 April 2018)

Care office

9 Hollow Way, Cowley, Oxford OX4 2NA

CQC rating

Good

Member of

Oxfordshire Association of Care Providers (OACP)

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